



Welcome Griffons!

It is officially hockey season; the best time of the year! Some of you are veterans and know the “ins and outs” of what hockey life entails. Some of you are brand new and may feel a little overwhelmed with LOTS of questions! Fear not; we have all been in your shoes! Either way, this packet will be the “go-to” place for all you need to know during this hockey season. We hope you find it helpful!

We put together a list of people, places, ideas and helpful hints that will help guide you this hockey season. Among many other things included in this packet, you will find a list of places that you can go if you are in need of a new piece of equipment that maybe you can't find in the Bode hockey closet or the swap shop in the closed Facebook group for registered players. We also included the names and links to connect with us on social media or via email. There will be an electronic version of this orientation packet uploaded to the “file” section of the closed Facebook group as well. It will have clickable links which will prove helpful for directions to ice rinks, websites, social media platforms, Safe Sport and communication/information outlets and websites.

As you know by now, hockey comes with a significant price tag with much of the cost going to ice time! The SJYHA will have several fundraisers throughout the season as well as off-season. Please be mindful of these and participate as much as possible. We are working hard to try to offset these costs as much as possible. We are a very small association comparatively speaking to KC teams. Don't let that worry you, though, as we hope you will find that we are a big family and all have the same goal in mind...to see our players having fun, learning life lessons along the way, building confidence as well as friendships while developing skilled players on the ice!!

Parents, you will find an Acknowledgment letter as well as the Parent & Player Contract in this packet. Both of these items will need to be signed, as noted on each form, and returned to your Team Rep, Coach, or Member of the Board. We are extremely excited to have you and your player(s) as a part of this Griffons hockey family!

SJYHA Ice Extras 2020-2021

Wednesday Stick & Puck Sessions:

August 19th thru September 9th , @ 7:10-8:10p
\$12/skater, paid to Bode Ice Arena
Full Equipment Required

SJYHA Ice Practices 2020-2021

(Practice's may start earlier to allow for coach's chalk talk or classroom instructions)

U8:

Tuesday 5:40-6:40p

Thursday 6:30-7:15p*

*(Optional but included in dues regardless of intent to attend, this is hockey development thru Bode)

Squirt:

Monday 7:40p-8:10p

Wednesday 7:10-8:10p

Peewee:

Monday 8:10-9:10p

Wednesday 7:40-8:40p

Bantam:

Tuesday 8:40-9:40p

Thursday 7:40-8:40p

High School:

Tuesday 9:10-10:10p

Thursday 8:10-9:10p

2020-2021 Important Dates

August 2020: Fundraiser Planned for August: Squadlocker (YEAR ROUND)

Aug 1st House League Registration Opens

Aug 1st Griffons Mixer 5:30-8:00pm @ Bode

Aug 1st-2nd TK Checking Clinic

Aug 15th - 16th Girls Storm Evaluations at KCIC

Aug 19th Stick & Puck 7:10-8:10 (\$12/skater, FULL EQUIPMENT)

Aug 21st - 23rd Jets Tryouts at KCIC

Aug 26th Stick & Puck 7:10-8:10 (\$12/skater, FULL EQUIPMENT)

Aug 28th - 30th KC Mavs Travel Tryouts (SQ/PW/BT) at Independence

Aug 31st Travel player Registration Closes

Aug 31st House League Registration Closes

September 2020: Fundraiser Planned: \$1-25 & Golf Tournament

Sept 2nd Stick & Puck 7:10-8:10 (\$12/skater, FULL EQUIPMENT)

Sept 9th Stick & Puck 7:10-8:10 (\$12/skater, FULL EQUIPMENT)

Sept 13th High School Registration Closes

Sept 21st House League Practices Start

Sept 26th Golf Tournament @ Fairview 1pm Shotgun

Sept 25th- 27th House league Gold/Silver declaration games for SQT/PW/BT-- MANDATORY

October 2020: Fundraiser Planned: Squadlocker (YEAR ROUND)

Oct 1st \$1-25 Fundraiser Money Due

Oct 17th-18th House League games start U8/Squirt/Peewee/Bantam

Oct 23rd - 25th MAHSHL High School Pre-Season Jamboree

Oct 31st- Halloween NO YOUTH HOUSE LEAGUE GAMES PAST 4PM

Oct 31st-Nov 1st MAHSHL First weekend of regular season games

November 2020: Fundraiser Planned: Texas Roadhouse Rolls

Nov 7th TRY HOCKEY FOR FREE

Nov 22nd - 29th NO HOUSE LEAGUE PRACTICES (U8-BT)

Nov 28th - 29th NO HOUSE LEAGUE GAMES

December 2020: Fundraiser Planned: Chocolate Hockey Pucks?

Dec 11th - 13th House Select weekend

Dec 20th - 27th NO HOUSE LEAGUE PRACTICES (U8-BT)

Dec 26th - 27th NO HOUSE LEAGUE GAMES

Dec 29th ALL TEAMS PRACTICE

January 2021: Fundraiser Planned: Squadlocker (YEAR ROUND)

Jan 2nd - 3rd House league games will be played

Jan 8th - 10th House Select weekend

Jan 29th - 31st House Select Finals weekend

Jan 31st U8 Blue Jamboree at Carriage Club

February 2021: Fundraiser Planned: Subway?

Feb 12th - 15th MAHSHL High School League Finals at Independence

Feb 20th - 21st U8 White Jamboree at KCIC

Feb 20th TRY HOCKEY FOR FREE

Feb 21st - 28th Final week of practices

Feb 26th - 28th House League Finals for Sq/PW/BT

March 2021: Fundraiser Planned: Squadlocker (YEAR ROUND)

Mar 5th - 7th Omaha Stampede Tournament (tentative date)

Mar 12th - 14th Midwest Hockey League Travel Finals in Des Moines

Unscheduled Tentative Fundraisers:

Kansas City Mavericks Night (TBD)

3 v. 3 Hockey Tournament (TBD)

Price Chopper (TBD)

Important Websites

KCYHA Website

<https://www.kcyouthhockey.com/>

St. Joseph Griffons Member Club link via KCYHA website

<https://www.kcyouthhockey.com/page/show/1924109-st-joe-griffons>

USA Hockey & SafeSport Registration

PLEASE NOTE that you will need your own USA Hockey Confirmation Number or Referee Number and your own email address to access the training. You can locate your number or obtain a number here: www.usahockeyregistration.com

If you will not be participating as a player, coach or referee, you can register at no cost under the ice manager/volunteer category to obtain your USA Hockey confirmation number. This is mandatory if you will be in the locker room or have access to any player on or off the ice. Additionally you will need to access the training from the link provided under "Register for SafeSport training." <https://www.usahockey.com/safesporttraining>

Important Locations

Home Rink:

Bode Ice Arena

Saint Joseph Griffons
2500 Southwest Parkway
St Joseph, MO 64503
[Google Maps Link](#)

Centerpoint Ice Arena/ Silverstein Eye Centers Arena

KC Jr. Mavs
19100 E Valley View Parkway
Independence, MO 64055
[Google Map Link](#)

KC Ice Center

KC Stars
19900 Johnson Drive
Shawnee, KS 66218
[Google Map Link](#)

Line Creek Ice Arena

KC Saints
5940 NW Waukomis Drive
Kansas City, MO 64151
[Google Map Link](#)

Carriage Club

Carriage Club
5301 State Line Rd
Kansas City, Mo 64112
[Google Maps Link](#)

Equipment Guide

We don't need to tell you that hockey is the greatest game on earth. You probably also know it requires the right equipment for comfort, performance, safety, and for fun. But new-to-hockey parents might be a little intimidated by the gear their child needs to wear. What is all this stuff and in what order does it go on? To shorten the learning curve, we've laid out the best way to gear up because, as with most things, there's the efficient way to do something and then there are all the other ways.

To start, your child needs the following equipment:

Before applying gear, have your player put on long socks and a base layer (typically moisture wicking long sleeve shirt and pants). Some base layer pants contain cup holders and have Velcro for sock attachment.

- Shorts/baselayer pants (containing a protective cup)
- Shin guards
- Socks
- Pants
- Skates
- Shoulder pads
- Elbow pads
- Jersey
- Helmet
- Gloves
- Neck guard
- Stick

HOCKEY SHIN GUARDS

Once your child is in his or her jock or jill and skate socks, the next piece of equipment to put on is the shin guards. Simply place the shin guard over the shin and knee. Your child's knee should fit as close to the center of the knee cup as possible. Then fasten the velcro straps.

HOCKEY SOCKS

Pull the hockey socks on over the shin guards. With the tight end at the bottom of the shin guard, pull the socks all the way up. Open the velcro tabs on the mesh shorts/base layer pants and attach the sock to the velcro tab on the back and front.

HOCKEY PANTS

Next come the hockey pants. Step in and pull them all the way up, using the lacing and belt to secure them at the waist.

HOCKEY SKATES

Then come the skates. Have your child sit down and slide his or her foot all the way into the skate. Make sure they kick their heels back slightly, settling their feet into the back of the skate boots. Tight laces are key to a young player's skating ability. Most young beginning players are not strong enough to tie their laces tight enough. Often it is the parent of the young player who will tie the skates tight enough, until the player is of an age which he or she has enough strength to do it independently. Be sure to double-knot the laces so they don't come loose during the game. Now your child is ready for the shoulder pads.

HOCKEY SHOULDER PADS

Slide the shoulder pads over the head, securing both chest straps firmly. Then secure both bicep straps.

HOCKEY ELBOW PADS

Elbow pads are the last piece of gear to put on before the jersey. First, slide the arms into the pads. The elbow should rest comfortably in the elbow cap. Finally, secure the pads down with the velcro straps. This should allow the padding to extend from your child's lower bicep to the top of the glove.

HOCKEY JERSEY/SWEATERS

Before moving on to the helmet, put on the jersey. After the jersey is in place, it's time to put the helmet and neck guard on.

HOCKEY HELMET & NECK GUARD

Place the neck guard on, not too tight but not too loose. Slide the helmet onto your child's head. Once the helmet is in place, secure the side straps from the facemask to the helmet, followed by the chin strap. Once the straps are fastened, the chin cup should fit snugly against the chin.

HOCKEY GLOVES & WRIST GUARDS (OPTIONAL)

Lastly, your child should put on gloves, grab his or her stick, and hit the ice! Wrist guards are optional, but provide another layer of protection to the wrists from slashing and skate blades.

For more information on sizing and fitting hockey equipment, you can visit any Pure Hockey store or read our full series of fitting guides. Here is a link to a short YouTube video on putting gear on:

<https://www.youtube.com/watch?v=5whqiqAxyd4#action=share>

NEWTOHOCKEY.COM

FULL EQUIPMENT CHECKLIST FOR KIDS



HELMET

MOUTH GUARD

NECKGUARD

**PRACTICE
JERSEY**

SHOULDER PADS

ELBOW PADS

JOCK

GLOVES

**HOCKEY
STICKS**

HOCKEY PANTS

SHIN PADS

HOCKEY SOCKS

SKATES

**HOCKEY
BAG**

READ THE DESCRIPTION FOR MORE DETAILS ABOUT EACH PIECE OF EQUIPMENT

Time to Play

Skates need to be sharpened regularly. The length of time between sharpening is a personal preference, but a parent can tell if a skate is dull by scraping the top of their fingernail over an edge. If the blade does not scrape the nail it is definitely time for sharpening. Our arenas both have skate sharpening services for a nominal fee.

There are some items that are not necessary equipment but are handy to have in the hockey bag. A rag to dry your skates with will help prevent rust and skate guards will protect the blades and your other equipment. A helmet fix-it kit is a good emergency precaution, as helmet screws and straps do go missing and your child will not be able to take to the ice without the repairs.

Tips & FYI

A great way for your child to get used to dressing and moving in the bulky equipment is to practice dressing at home.

Have your child learn to dress themselves. Having dad or mom help is important to ensure that the equipment gets put on properly when they start playing, but the day will come when it is their turn to do it alone.

Pack a pair of socks and a t-shirt for after the game so your child does not have to wear sweaty, stinky clothes all the way home.

Lay out the equipment or put it on a 'hockey tree' for drying after each use. This is an excellent habit for your player to get into when they are young and will prolong the life of their equipment.

Buy stick tape in bulk rolls. If you want to save money, this is the way to do it.

The players love after game snacks! The best way to end a game is by sharing a snack!

Saint Joseph Youth Hockey Association

Board of Directors

President/KCYHA Advisory Board Member

Jeff Sullivan 816-248-2717 jefsul@msn.com

Coaching Director

Matt Tabor 816-244-9812 mtabor@hillyard.com

Secretary

Amy Mueller 636-699-6875 mueller.amylynn10@gmail.com

Treasurer

Sara Mark 913-449-1900 supa80dupa@gmail.com

Scheduler

Nikki Rudisill 816-752-0255 nrudisill911@yahoo.com

Fundraising Chairperson

Dacia Boston 816-344-2954 daciaboston816@hotmail.com

Public Relations Chairperson

Crystal Stuck 816-344-7507 crystalynn73@hotmail.com

High School Coordinator

Poppy Sullivan 816-244-6507 poppysullivan624@msn.com

Team Representatives: (TBD)

U8:

Squirt:

Peewee:

Bantam:

High School:

Board of Directors Duties (Synopsis)

President/KCYHA Advisory Board Member: • Primary Contact/Liaison between organizations & KCOA and facilitate communications between them • File reports/manage SafeSport Violations • Run Board Meetings • Assist Board Members as needed • USA Hockey Patches

Coaching Director: • Coaches, Coach Certifications & Coach Reimbursements • Teams, Players, Rosters & Jersey Numbers • Practice Ice Times • Run THFF on Ice events

Secretary: • Board Minutes • Emails: (player registration) • Manage Group Me accounts • Events: (Ice-Breaker, Try Hockey for Free, Pictures & End of Season Party)

Treasurer: • Season Budget • Approval of Charged Ice Times • KCYHA & SJYHA Funds • Jerseys and Socks Orders

Scheduler: • U8-Bantam Game Schedule • Game Officials

Fundraising Chairman: • Backer boards • Chair SJYHA Fundraising Group • Lead and organize fundraising events

Public Relations Chairman: • Webpage • Facebook • Instagram • Twitter • GroupMe

High School Coordinator: • High School Budget • High School Jerseys & Socks Orders • High School Events • Team Representative Duties

Team Representatives: • Schedule Game Clock • Schedule Score Sheet • Liaison between team and the board • Facilitate communication with the team re: schedule, fundraisers, games & practices, board meetings, etc. • Participate in SJYHA Fundraising Group/Social Media as needed

Social Media & Contact Information

Facebook Business Page:

<https://www.facebook.com/stjosephyouthhockey/>

Facebook Closed Team Group:

<https://www.facebook.com/groups/269361567301513/>

Instagram:

<https://www.instagram.com/stjosephgriffonshockey/>

Email Address:

sjyha.griffonshockey@gmail.com

GroupMe

Group Me is the main communication tool used. If you are unable to access this resource you are responsible for letting your team representative and coach know this as well as providing them with a means to relay team/association communications to you. Here are the links to join your appropriate team if you have not already done so.

U8: https://groupme.com/join_group/17250594/QMXVOkGb

Squirt: https://groupme.com/join_group/22575907/dJBHtC

PeeWee: https://groupme.com/join_group/54770533/0HlmBPDS

Bantam: https://groupme.com/join_group/49306537/vWzodKIH

High School: https://groupme.com/join_group/26758546/YvmIWcDy

Player Code of Conduct

Player Promises

Arriving To Practice and Games

I promise to be on the ice at the time for which the practice or game is scheduled. I understand that if I am late for a game or practice it makes it hard for my coaches and teammates. If I contact my coach before the practice starts, and am late to or miss practice because of illness, religion, school related activities, or special family activities, my lateness or absence will be excused. If I miss a practice or game without being excused, I understand the coach may enforce a penalty such as reduced play-time. I will communicate with my coaches and/or team managers so that there is no confusion about my availability.

Be Prepared To Play

I promise to come to every practice, game and scrimmage prepared to play hard and to do my best. I will take care of my equipment, my uniform and my body by eating right and getting enough sleep before games. I will be responsible for making sure I am ready to play hockey both mentally and physically.

Be Ready to Learn

I will come to every practice and game ready to learn more about hockey and how to play the game. I will accept and forgive my mistakes and the mistakes of my teammates, coaches, referees and officials because I understand that we can all learn from our mistakes.

Winning Attitude

I like to win and my team likes to win. I know that a big part of a winning season is a winning attitude. That means that I will try hard, never give up and always encourage my teammates to do the same. I understand that even if we do not win, we can be proud of ourselves for having done our best. I know that I can control my attitude and effort but not the outcome of the game.

Respect for My Teammates

I will treat my teammates respectfully and will encourage them so they can do their best. I will help my teammates by exercising self-control both on and off the ice. I will have fun without making it hard for anyone else to have fun. I will never "make fun of" or "put-down" a teammate because those remarks reflect poorly upon me, my family, and my team. I will not use offensive language and swearing around my teammates. I will abide by the Griffons anti-bullying policy.

Respect for St. Joseph Griffons Philosophy of Inclusion.

I understand that St. Joseph Youth Hockey has an inclusive philosophy and that all players on a team will share playing time during games. I know that regardless of a player's skill or ability at a particular point in time that it is important for him or her to gain game experience. That is how I improve, and that is how they

will improve. I understand that those who may not be as skilled at one point in time have the potential and opportunity to grow as players. I will not complain about a lack of playing time because I know that the goal is to make all players better. I will encourage and root for the success of all players on my team, and I will never put blame on an individual or a line that is doing their best to help the team succeed.

Respect for My Coaches

I will listen to my coaches and try to understand what they are trying to teach me. I understand that my coaches are adults and deserve my respect. I will ask questions if I do not understand. I will not swear, use foul language or talk back to my coaches. I will suggest other ways to do things if I have an idea, but I agree that my coaches may prefer that I do things their way because it may be better for the team.

Respect for Referees.

Even though I may disagree with the officials or referees, I will exercise self-control and direct my energy to play harder so that I will earn the respect of my teammates, coaches and the other team. I will not swear to or talk back to the referees. If I receive a penalty, I will skate directly to the penalty box and will not complain while serving my time in the penalty box. I will not intentionally slam my stick or the penalty box door in anger.

Respect for St. Joseph Youth Hockey.

I will demonstrate pride in St. Joseph Youth Hockey by respecting the rules posted at our hockey rink regarding spectator behavior, and also abiding by the rules of any other hockey rink the team may be visiting. I understand that the organization has been built on the hard work of the players and coaches that were here before me and that the organization will be here after I have finished playing. I will not put myself above my team or the organization.

SJYHA Player Code of Conduct

The best performance the individual is capable of producing comes only after the body and mind have been conditioned through a regular program. This code is to be followed by all hockey players. The following shall be considered violations of the Code of Conduct:

- Alcoholic Beverages – The possession and/or use of alcoholic beverages.
- Controlled Substance and Paraphernalia – The possession and/or use of controlled substances or paraphernalia in situations other than specifically prescribed by a physician.
- Tobacco – The possession and/or use of tobacco products. (Any use – smoking, chewing, etc.)
- Illegal Acts– Getting involved in illegal activities such as (but not limited to) theft, assault, vandalism, disorderly conduct, etc.

The Code also specifically addresses the following:

- I will not use vulgar or profane language, racial, ethnic, gender-related or any other verbal slurs toward teammates, coaches, officials, opponents or spectators.

- I will behave and hold myself accountable at all times when representing my team in all public places, especially when traveling during away games.
- I will refrain from banging my stick, trash-talking and hot-dogging during the course of a game.
- I will have fun, but not waste valuable practice and instruction time before and after games.
- I will respect others property and belongings and the facility in which I play. I will leave the rink and locker room in an orderly condition, both at home and away.
- I agree not to endanger or create any safety hazards by throwing any objects haphazardly on or outside the playing surface or bench area.
- I will let my coaches know at least 7 days in advance if I am unable to attend a game due to another obligation. (Illness and emergencies do not fall under this portion of the code.)
- I agree that fighting, violent or overly aggressive play in hockey, where the obvious intent is to injure or harm another player, will not be tolerated. This includes during games, practices or any other team functions as well as in the locker room. Locker room boxing is not permitted.
- I will not use social media to post information, photos or any representations of inappropriate behavior or items that could be interpreted as demeaning, inflammatory or bullying nor will I post social media correspondence that is critical of teammates, coaches, Board of Directors or officials. I will not use my phone to photograph, take video of or record audio of any activities in the locker room.

Anti-Bullying.

All St. Joseph Youth Hockey players have the right to feel physically and emotionally safe while participating in SJYHA events. I will do everything I can personally, to create and preserve a physically and emotionally safe environment. As a member of the SJYHA, I will strive to treat everyone with respect regardless of any differences. Bullying is defined as intentionally aggressive behavior that can take many forms (verbal, physical, social, emotional, or cyber – or any combination of these); it involves an imbalance of power, and is often repeated over time. The bullying can consist of one child bullying another, or a group of children bullying another child/group of children.

Locker Room Policy

Parents in Locker Rooms

Except for players at the younger age groups, we discourage parents from entering locker rooms unless it is truly necessary. If a player needs assistance with his or her uniform or gear, if the player is or may be injured, or a player's disability warrants assistance, then we ask that parents let the coach know beforehand that he or she will be helping the player. Naturally, with our youngest age groups it is necessary for parents to assist the players getting dressed. We encourage parents to teach their players as young as possible how to get dressed so that players will learn as early as possible how to get dressed independently. In circumstances where parents are permitted in the locker room, coaches are permitted to ask that the parents leave for a short time before the game and for a short time after the game so that the coaches may address the players. As players get older, the coach may in their discretion prohibit parents from a locker room.

Cell Phones and Other Mobile Recording Devices

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras, are not permitted to be used in the locker rooms. If phones or other mobile devices must be used, they should be taken outside of the locker room.

Prohibited Conduct and Reporting

The SJYHA prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the USA Hockey SafeSport Handbook. Participants in the SJYHA may be subject to disciplinary action for violation of these locker room policies or for engaging in any misconduct or abuse or that violates the USA Hockey SafeSport Policies. Reports of any actual or suspected violations, you may email USA Hockey at SafeSport@usahockey.org or may call 1-800-888-4656.

SafeSport Certification

All SJYHA parents will submit to SafeSport training guidelines BEFORE YOUR CHILD, REGARDLESS OF AGE, will be permitted to enter the locker rooms or participate in SJYHA ice privileges. If you do not do your SafeSport training your child must get dressed at home and will have zero locker room or SJYHA ice privileges. SJYHA requires at least one parent/guardian to complete SafeSport training to gain locker room and SJYHA ice privileges for their child.

Penalties for Breach of Player Contract

If I break any of my Player Promises or violate the Code of Conduct in this Player Contract, I agree that the coaches and the SJYHA Board of Directors will institute corrective action. Depending on the severity of the violation, corrective action will consist of a verbal warning, suspension from practices/games, and for those who continue to be disrespectful of these promises and continue to violate the code of conduct, dismissal from the SJYHA.

Once again, I acknowledge that the penalty for my breaking my promise will be determined by the coaches and Board of Directors based on how often I have broken my promises and the nature of my conduct and the circumstances at the time of the incident. The SJYHA Board of Directors will make the determination on lengthy suspensions and dismissal from the program.

I understand that the SJYHA Board of Directors shall, wherever there is a rule for which no penalty is specifically fixed for violation thereof, have the authority to fix such penalty as in the SJYHA Board of Directors judgment shall be in the best interests of the St. Joseph Youth Hockey Association. Where a situation arises which is not covered in the Players' Contract (Promises / Code of Conduct), the SJYHA Board of Directors shall have the authority to make such decision, including the imposition of a penalty, as in its judgment shall be in the best interests of the organization. The penalty that may be assessed under the preceding two sentences may include, without limitation, a suspension or dismissal.

I realize that I will not be allowed in the locker room or on have SJYHA ice privileges until this portion of the Player Promises and Code of Conduct is returned the SJYHA Board of Directors.

FOR PLAYERS:

I have read all of the above Promises and Code of Conduct pages and agree to uphold each portion of this contract.

(Player Printed Name)

(Player Signature)

(Date)

(SafeSport Completion Date, if 17 & up)

FOR PARENTS/GUARDIANS:

I commit to encouraging my child to always respect others and the SJYHA. I will also respect other adults (parents and volunteers) who are members of the SJYHA. I have reviewed these Promises and Code of Conduct and will help my child to uphold these to the best of my ability. I realize that if my child breaks any of the Promises or Code of Conduct rules there will be appropriate punishments that will be agreed upon by coaches and SJYHA Board of Directors.

(Parent/Guardian Printed Name)

(Parent/Guardian Signature)

(Date)

(USA Hockey Member Number)

(SafeSport Completion Date)

Appendix

The 24-Hour Rule

Coaches are the vehicle that provide organized youth athletics an existence. As parents we will not always agree with a coach's decision. However, it is important to recognize that the coach's role is to make decisions for the team first and a player second. Often, we tend to recognize the coaching staffs' decisions through our player first and the team second. Also, we need to understand that most players are not aware of any problem until we, as parents, bring it to their attention.

Many sports throughout the United States have adopted the 24-Hour rule in an effort to address significant concerns, while attempting to remove the emotional concerns, particularly in the presence of the youth athlete.

The 24 hour rule states:

Parents/guardians are not allowed to confront a coach, team or league official to discuss any "negative" game or practice situation with the coaching and management staff until at least 24 hours has passed from the completion of the game or practice. A confrontation shall consist of any conversation, which is elevated from a normal speaking tone and demeanor to one which involves yelling, profanity or derogatory comments toward said coach, team or league official.

In other words, if you are angry or frustrated by something, we ask that you wait 24 hours then contact coaches to discuss the issue. During that time, ask your player about the event to gain perspective.

The Saint Joseph Griffons Hockey Program subscribes to the 24-Hour Rule.

This means that parents are not to discuss any "negative" game situation with the coaching and management staff until at least 24 hours have passed from the completion of the game. At this point, if the issue remains a concern, the following procedure must be followed:

1. The parent will contact the team representative addressing the area of concern. This will be documented.
2. The area of concern will be discussed with the coaching staff.
3. The coach will respond to the issue of concern to the parent via a meeting with the team representative and/or coach.
4. If the parent feels that the issue of concern remains and has not been appropriately addressed, the parent may schedule a meeting with Coaching Director or President as appropriate.

Violation of the 24-Hour Rule will be addressed as Zero Tolerance by the SJYHA.

Please respect the significance of the 24-Hour Rule Policy. If we honor this concept, concerns will be moved away from an audience with our children, a possible ill-timed discussion, and issues will be viewed in the proper perspective.