

River Lakes Hockey Players Code of Conduct & Responsibilities

The River Lakes Stars Youth Hockey Program believes strongly in the values of teamwork, sportsmanship and leadership through example. As a player in the RLH organization, my actions reflect not only on me, but also on my teammates, my coaches, my parents, my community, and the River Lakes Hockey program. I agree to abide by and follow the rules and guidelines below.

A. ALL PLAYERS WILL:

- a. Follow Minnesota Hockey rules and guidelines.
- b. Follow River Lakes Hockey Handbook.
- c. Learn the rules/regulations of the game.
- d. Respect other players, coaches, and officials.
 - i. Will not complain about penalties or calls made by the officials, and understand that they oversee enforcing the rules of ice hockey, and will respect their decisions at all times. When called for a penalty, I will skate directly to the penalty box.
- e. Be on my best behavior at games, practices, hotels, and other team events.
- f. Be committed to developing as a hockey player and always give their best effort. Be a team player by working as hard for the team as you work for yourself; your team will benefit and so will you.
- g. Show good sportsmanship both when winning and losing, and congratulate the other team and wish them good luck.
- h. Recognize that coaches are the primary source of instruction.
- i. Be prompt and prepared for all practices and games. It is the players responsibility to be fully equipped. If a player is habitually late, the coach may discipline the player as appropriate.

B. The following actions by players will not be tolerated:

- a. Hazing: committing an act against a player or coercing a player into committing an act that creates a substantial risk of harm to a person in order for the player to be initiated into or affiliated with any River Lakes team.
- b. Disorderly Conduct: engaging in offensive, obscene, or abusive language or in boisterous, noisy or offensive conduct tending to arouse alarm, anger, or resentment in others.
- c. Bullying: participating in or conspiring with others to engage in bullying acts of a teammate or opponent, either verbally or physically. I understand that bullying includes taunting and excessive teasing, threats, cruel, demeaning, and derogatory remarks, physical violence, vandalism of property, intimidation, and starting rumors, either verbally or electronically.
- d. Harassment: participating in or conspiring with others to engage in harassing acts that injure, degrade, or disgrace other individuals. Harassment whether willful or otherwise, includes offensive behavior relating to gender, ability, religion, culture, disability, race, and/or age.
- e. Absolutely NO pictures taking technology is allowed in the locker rooms! Phones, iPods, etc. This is a Minnesota Hockey/USA Hockey rule and pertains to both practices and games.
- f. Physical Harm: Fighting of any kind or aggressive behavior with intent to injure another.
- g. Illicit items: be in possession of drugs, alcohol, or weapons of any kind to RLH games, practices, trips, or other events.

Any concerns regarding the conduct of players relating to the above must be reported directly to the coach and Hockey Directors by the player or by the parent witnessing the behavior.

Any unlawful behavior by a player may result in a suspension of the player. Chronic discipline problems will be brought before the River Lakes Board for consideration of suspension for the remainder of the season.

I understand by signing this agreement I promise to uphold the RLH Players Code of Conduct. I understand if I do not abide by the above, consequences may include but are not limited to: parent meetings, loss of ice time, partial or full game suspension and/or dismissal from the team and the RLH program.

Signed Player Name: _____ Date: _____

River Lakes Hockey Locker Room Code of Conduct

All players of River Lakes Hockey agree to abide by and follow the rules and guidelines below:

I will not:

- Be in a locker room alone with an adult (except my own parent(s)) EVER.
- Enter the locker/dressing room of an opposing team or the officials or obstruct their access.
- Deface or destroy property belonging to any individual, team, association, or arena.
- Wrestle, box, shove, push or engage in physical contact of any manner.
- Throw items around the locker room.
- Yell, scream or shout. Conversation is to be kept at a comfortable level
- Bring any camera, cell phone or other photographic device into a locker room.
- Touch any equipment or clothing that is not mine.
- Be disrespectful to anyone.
- Bring a puck into or play with a puck in a locker room.

I will:

- Listen to and follow the instructions of designated locker room supervisors.
- Avoid situations where I am the only player in the locker room. If I am one of the last two players in the locker room, I will stay and depart with the other player so that no player is left alone in the locker room.
- Always leave the locker room clean and in good condition, both at my home rink and away.

I understand by signing this agreement I promise to uphold the RLH Players Code of Conduct. I understand if I do not abide by the above, consequences may include but are not limited to: parent meetings, loss of ice time, partial or full game suspension and/or dismissal from the team and the RLH program..

Player Signature: _____ Date: _____

Parent/Legal Guardian: _____ Date: _____

River Lakes Hockey Parents Code of Conduct & Responsibilities

Parents are the heart and soul of our program and parental involvement is vital to the players, coaches, arenas and the community. We offer the following in the spirit of good community.

A. Parents Will:

- a. Ensure players are on time to practice/games – ice time is valuable.
- b. Remember and appreciate that our program depends on volunteers, at all levels. Parents will fulfill all volunteer and fundraising requirements outlined in the handbook.
- c. Promptly report any behavior that violates any River Lakes Code of Conduct.
- d. Remember that youth are involved in organized sports for their enjoyment.
- e. Encourage players to abide by the rules of the game.
- f. Teach children that honest effort is as important as winning.
- g. Try to turn defeat into victory by helping your child work towards skill development and sportsmanship.
- h. Recognize the value and importance of our volunteer coaches by finding constructive ways to support them.
- i. Lead by example and hold fellow parents/spectators to this code of conduct.

B. Parents Will NOT:

- a. Conduct or question a coach during a game, publicly or for 24 hours following a game.
- b. Publicly question a game official's judgment or honesty.
- c. Use alcohol in excess prior to attending your child's sporting events.
- d. Ridicule or criticize a player – on either team.
- e. Condone physical or verbal abuse of players.
- f. Conduct themselves in a manner that embarrasses the River Lakes Hockey Association.
- g. Be in the locker room during or after a game (unless specifically invited by the coach).

C. If any parent/guardian is verbally or physically abusive to a coach, game official, or player, the parent can receive up to but not limited to a 2-week suspension, the parent or the child may be suspended from the program, or future discipline may be taken. Parents must respect all officials and their decisions, demonstrate respect, encourage sportsmanship, and maintain self-control at all times. Final decisions will be made by the River Lakes Disciplinary and Grievance committee.

Let the players play, let the coaches coach, let the officials officiate, and let the fans cheer enthusiastically.

Parent Signature _____ Date _____

Print Parent Name _____

Player(s) Name(s) _____