

# Alumni Newsletter

## Prior Lake Wrestling Club

### Give Wrestling a Try

Our annual FREE Give Wrestling a Try Camp brought wrestlers PK-12 onto the mat to learn more about wrestling before the season started. It was a huge turn out as always with 86 youth and 20 middle/high schoolers.



November 2021

### New Coaches on the Mat

We are excited to add two new coaches to the full-time high school staff. Check out their Q&A below to get to know them.

#### Jarred Oftedahl

- Hometown: Chaska MN
- Wrestling Background: MN State Champion in 2013, Runner up in 2011. Junior National champion in folk style in 2010 and Greco Roman in 2012. Wrestled for St. Cloud State and was a part of three Division 2 National championship teams. And was an All-American at 141 lbs.
- Favorite thing about wrestling: The grind and the long-term friendships along the way.
- Favorite wrestling memory: Becoming an All-American my senior year in college and my team winning our 3rd National title.

- Coaching Goals: Re-establish Prior Lake as a state contending team. Build team relationships and a culture that fosters success in and outside of the wrestling room.
- Hobbies/Work: Hobbies include fishing, being outside, hanging out with friends. Former Special Ed teacher at Above All Hardwood Floors.



#### Alex Head

- Hometown: Dodge Center, MN
- Wrestling background: First started wrestling in 7th grade and continued throughout high school at Triton High school. Then wrestled at the University of MN Duluth and have coached in Prior Lake for 3 years.
- Favorite thing about wrestling: The lessons learned about work ethic, mental toughness, and discipline.
- Favorite wrestling memory: Not sure I can narrow it down to just one. All the time spent with teammates when I was in school and the time spent with the kids here at Prior Lake have been awesome.
- Coaching goals for this year: A trip to the state tournament would be pretty great, huh?
- Hobbies/Work: Playing golf would be my main hobby. I teach Elementary Adapted Physical Education teacher at Redtail, Westwood, and Five Hawks in Prior Lake. Also, coach 9th grade football.



## Laker Alumni On the Collegiate Mat

We are excited to watch our Laker Alumni hit the mat this season for their college teams! #PL4L



Kenny O'Neil  
Class of 2018  
South Dakota State University



Logan Edwards  
Class of 2019  
St. John's University



Calvin Sund  
Class of 2019  
Air Force Academy



Chase Bloomquist  
Class of 2020  
Northern State University



Teagan Block  
Class of 2021  
Northern State University



Colton Sund  
Class of 2021  
University of Wisconsin -  
Eau Claire

## Alumni Sponsorship Opportunities

2020 was unique in a multitude of ways including for our wrestling program. Not only did we have an abbreviated season in many ways but we did not solicitate corporate or family sponsorships and we did not conduct our annual checkbook fundraiser. We decided to let businesses and families focus on what they needed.

Now that 2021 is here and we are returning to the mat and are ready

to continue to provide opportunities for the kids of Prior Lake Wrestling Club. Not only are we hitting the streets with a revamped coupon check book and looking for corporate sponsors but we have added a level of sponsors to include alumni.

Please see the attached pamphlet for more information.

