



2022 First Tee – Minnesota Programs and Registration

Highland National Golf Course
St. Paul, Minnesota



Dear Parents/Guardians,

At First Tee – Minnesota, we believe the game of golf is a lifetime sport that helps kids build inner strength, resilience and self-confidence while developing life skills that go far beyond the golf course.

The following guide is an overview on the 2022 season at First Tee – Minnesota's Sanford Family Learning Center at Highland National Golf Course. The Learning Center is located at Highland National's driving range at **1403 Montreal Avenue, St. Paul, MN 55116.**

To receive updates on First Tee programs and events, please register for our free e-newsletter, *The Release*. To subscribe, use the QR code below or visit www.firstteeminnesota.org/blog and click the subscribe button.

There are three parts to this guide: Program Descriptions, Registration Instructions, and the Camp/Class/League Schedules.



If you have questions about our programs, please contact:

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Program Director
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First Tee – Minnesota



Ages 6-8, 9-11, 12 and up

Summer Junior Camps



First Tee's Summer Junior Camps are for children of all golf skills between the ages of 6 and 14. We cover a wide range of golf skills including putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods and irons full swing, rules and etiquette.

Through the Life skills we teach, your child will learn proper golf etiquette, how to introduce oneself when meeting other golfers, and other values such as resilience, self-confidence and goal-setting.

For children ages 9 and older, we offer 2-hour and 3-hour camps. For children 8 and under, the camps are limited to 90 and 60 minutes. Pricing for each camp varies, so please see the schedule on pages 7.

Ages 4-5 Little Chippers

A wonderful class for young children to learn about the very basics of golf including grip, stance & aim. We will be spending time on the putting green, chipping green and driving range—but most importantly we will be having lots of fun and learning some introductory life skills such as respect for the game of golf. Prizes are given for good behavior and for participating in contests. **One parent/guardian in attendance is mandatory for the first lesson.** Clubs available if needed.



Ages 5-6 & 7-8 Bogey Level

Introductory golf classes that emphasize fun! In these progressive classes, golf training focuses on the basics of grip, stance, posture, aim, putting, chipping, pitching, full swing (with woods and irons) and the basic rules and etiquette of golf. Life Skills focuses on honesty, respect and sports-manship. We will play fun games and drills to learn and enhance a desired golf motion and an emphasis on fundamentals and fun. Range balls, prizes, and clubs included.



Par Level: Ages 8-11 and 10-14

Golf training covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & irons full swing and basic rules/etiquette. Par Core Values taught are honesty, respect and sportsmanship. Life Skills include how to introduce oneself, the importance of rules, staying cool on and off the golf course and how to maximize fun while learning something new. Juniors ages 8-9 will be put into Par Level 1, ages 10 plus will be put Par Level 2. Price includes golf prizes, bag tag, golf balls, range balls, tees, and use of golf clubs if needed.



Ages 6-10 and 11-14 LPGA Girls Golf

A nationally recognized program for girls interested in golf. The lessons include LPGA instruction, green fees, snacks, special events, prizes and range balls. Each player also receives a hat, bag tag & LPGA tee's & golf balls. Use of golf clubs if need.

Instruction covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, and full swing with woods and irons. Also, the basics on rules and etiquette.

For the Girls!



Ages 9 and Up Junior PLAYer Leagues

Junior will play rounds on the course and **receive instruction at the range.**

The class includes instruction and course access at Highland 9-hole course. Golf balls will be provided for use on the golf course. Instruction includes putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & iron full swing, golf course management and further details on rules and etiquette. Juniors will be grouped based on age and playing ability.



Monday Junior Leagues



The Junior League is played on an individual stroke play format. We emphasize having fun on the golf course while improving your golf skills, respecting the golf course and other golfers, and learning to play a timely round of golf.

Juniors will receive a tee-time for the summer. They can request a tee-time to play with other Friends.

In August will have a free lunch provided for the juniors (For the past seven years, Fat Lorenzo's has provided the pizza.)

If your child is participating in the Monday Junior League, there is a mandatory open house orientation on Sunday, June 10, between 4 PM and 6 PM. Please stop by the Learning Center at the driving range at 1403 Montreal Ave for tee times, golf clubs buy/trade, range practice, and free golf balls/tees/wrist bands. You will also need to sign the league agreement form.

Attention Parents!

Birdie-Eagle-Ace Programs



Opportunities to lead and First Tee's National Programs.

Thanks to First Tee – Minnesota's affiliation with the PGA Tour First Tee Foundation, our chapter offers a variety of opportunities for teens to volunteer, coach, participate in leadership pro-grams, apply for college scholarships, and compete in national First Tee golf tournaments.

Please talk to Program Director, Franco Zerna, for more information on these programs.

2022 First Tee – Minnesota Highland National Schedule

A. Junior Camps ages 8 and up

All camps meet at the driving range at 1403 Montreal Avenue, St Paul, MN 55116

Days	Dates	Times	Cost	Code
Tues/Thurs	4/26-5/5	4:30pm-6:30pm	\$99	Camp 1
Tues/Thurs	5/10-5/19	4:30pm-6:30pm	\$99	Camp 2
T/W/Th/F	6/14-6/17	8:30am-10:30am	\$99	Camp 3
T/W/Th/F	6/14-6/17	11:00am-12:30pm	\$99	Camp 4
T/W/Th/F	6/21-6/24	9:00am-10:30am	\$99	Camp 5
T/W/Th/F	6/21-6/24	1:00pm-2:30pm	\$99	Camp 6
T/W/Th/F	7/5-7/8	9:00am-11:00am	\$112	Camp 7
T/W/Th/F	7/5-7/8	12:00pm-1:30pm	\$99	Camp 8
T/W/Th/F	7/12-7/15	9:00am-10:30am	\$99	Camp 9
T/W/Th/F	7/12-7/15	11:00am-1:00pm	\$112	Camp 10
T/W/Th/F	7/19-7/22	8:00am-12:00pm	\$154	Camp 11
T/W/Th/F	7/19-7/22	1:00pm-3:00pm	\$109	Camp 12
T/W/Th/F	7/26-7/29	9:00am-12:00pm	\$134	Camp 13
T/W/Th/F	7/26-7/29	1:00pm-3:00pm	\$109	Camp 14
T/W/Th/F	8/2-8/5	9:00am-12:00pm	\$134	Camp 15
T/W/Th/F	8/2-8/5	1:00pm-3:00pm	\$112	Camp 16
T/W/Th/F	8/9-8/12	9:00am-12:00pm	\$134	Camp 17
T/W/Th/F	8/9-8/12	1:00pm-3:00pm	\$112	Camp 18
T/W/Th/F	8/16-8/19	8:00am-12:00pm	\$154	Camp 19
T/W/Th/F	8/16-8/19	1:00pm-3:00pm	\$112	Camp 20

B. Little Chippers: Ages 4-5

Days	Dates	Times	Cost	Code
Saturdays	6/4-6/25	12:00-12:30 pm	\$60	TT-1
T/W/Th/F	6/14-6/17	5:00-5:30 pm	\$60	TT-2
T/W/Th/F	6/21-6/24	11:15-11:45 am	\$60	TT-3
Saturdays	7/9-7/30	12:00-12:30 pm	\$60	TT-4
Tues/Thurs	7/12-7/21	6:30-7:00 pm	\$60	TT-5
Saturdays	8/6-8/27	12:00-12:30pm	\$60	TT-6

C. Bogey Level: Ages 5-8

Days	Dates	Times	Cost	Code
Saturdays	4/30-5/21	10:00-10:55 am	\$75	B-01
Tue/Thurs	5/24-6/2	5:00-5:55pm	\$75	B-02
Saturdays	6/4-6/25	11:00-11:55am	\$75	B-03
T/W/Thu/F	6/14-6/17	4:00-4:55pm	\$75	B-04
T/W/Thu/F	7/5-7/8	12:00-12:55pm	\$75	B-05
T/W/Thu/F	7/5-7/8	6:00-6:55pm	\$75	B-06
Saturdays	7/9-7/30	11:00-11:55am	\$75	B-07
Tues/Thurs	7/12-7/21	5:30-6:25pm	\$75	B-08
Saturdays	8/6-8/27	11:00-11:55am	\$75	B-09

D. Par Level: Ages 8-14

Days	Dates	Times	Cost	Code
Saturdays	4/30-5/21	11:00-12:00 pm	\$80	P-01
Saturdays	6/4-6/25	10:00-11:00am	\$80	P-02
T/W/Thu/F	6/14-6/17	3:00-4:00pm	\$80	P-03
T/W/Thu/F	6/21-6/24	3:00-4:00pm	\$80	P-04
Saturdays	7/9-7/30	10:00-11:00am	\$80	P-05
Tue/Thurs	7/12-7/21	4:00-5:00pm	\$80	P-06
Saturdays	8/6-8/27	10:00-11:00am	\$80	P-07
Saturdays	9/10-10/1	12:00-1:00pm	\$80	P-08

E. LPGA Girls Golf: Ages 6 and up

Days	Dates	Times	Cost	Code
Wednesdays	7/13-8/28*	10-11 AM	\$99	LPGA-A
Sundays	7/10-8/28*	5:30-6:30 PM	\$99	LPGA-B (Ages 6-10)
Sundays	7/10-8/28*	6:45-7:45 PM	\$99	LPGA-C (Ages 9-14)

- Aug 28 Parent/Child play date (9 holes). Pizza/ice cream social after golf.

F. Player League: Ages 8 and Up

Days	Dates	Times	Cost	Code
Sundays	4/24-6/5 (no 5/29)	1:00 to 4:00 PM	\$154	Player-A
Sundays	7/10-8/14	1:00-4:00 PM	\$154	Player-B
Sundays	8/21-10/2 (no 9/4)	1:00-4:00 PM	\$154	Player-C

G. Monday Junior League

Dates: June 20,27 July 11,18,25 Aug 1,8,15 (No league July 4)	Cost: \$124	Code
Cub 5-hole league (Ages 6-8) Tee Time approx. 10:45am-11:30am		Session-L21
Shark 9-hole league (Ages 8 and up) Tee Time approx. 9:00am-10:40am		Session-L22
Annika (Girls) 9-hole league (Ages 8 & up) Tee Time approx. 10:15am-11:15am		Session-L23

First Name _____

Last Name _____

Birth Date _____ Age _____ Male/Female _____

Level	Session #	Date of First Class	Cost
Level	Session #	Date of First Class	Cost
Level	Session #	Date of First Class	Cost

First Name _____ Last Name _____

Birth Date _____ Age _____ Male/Female _____

Level	Session #	Date of First Class	Cost
Level	Session #	Date of First Class	Cost
Level	Session #	Date of First Class	Cost

League 1st Choice Tee-Time: _____ 2nd Choice Tee-Time: _____

1) _____ 2) _____ 3) _____

If League-Above please print above Junior's Friends Names you'd like to play with and preferred tee-time.

Phone: H: _____ Work/Cell: _____

Parent E-mail: _____

Parent 2nd E-mail or rewrite above email: _____

Emergency Contact & Phone: _____

Does your junior need clubs? No _____ Yes _____ If yes, clubs will be provided for free

Is there anything we should know about the student's health, such as allergies, asthma, food intolerance, medications that he or she takes? NO _____ If YES _____, please describe: _____

Participant Permission Form (Please sign below)

In the event that I cannot be reached in an emergency, I agree to accept any and all determinations of need for medical assistance and/or administration of medical attention deemed necessary by First Tee – Minnesota (FTM) representatives. I hereby give permission to the medical personnel selected by FTM representatives to secure any and all medical, hospitalization, dental, and/or surgical treatment. In event that such medical attention is needed from a healthcare provider, all costs shall be the responsibility of the parent or guardian.
Media Release: I hereby give FTM, PGA Tour First Tee Foundation (Headquarters) and participating agencies permission to use film, video tape and/or photographs of the above mentioned minor for lawful promotional or informational purposes. I, the parent/legal guardian of the above named youth, give approval for participation in First Tee sponsored activities. I assume all risks of injury whatsoever and agree to hold harmless FTM and Headquarters from claim(s) of any nature arising from any activity, including transportation, connected with FTM facilities or programs. This agreement includes, but is not limited to, any claim due to injury proximately resulting from negligence of FTM or Headquarters, its employees, agents, LPGA and PGA Professionals, participating agencies, and volunteers. I consent to FTM and Headquarters communicating information regarding my child's participation via the internet.

Parent/Guardian Signature: _____

Print Name: _____ Date _____

Ways to register: (You also can register & pay online <https://firstteeminnesota.org>)

_____ I already signed up online and now I'm sending in Check payment

(Please include Juniors name & Class Numbers on check)

_____ I'm mailing this Registration Form with Check

Please Send Registration to:

First Tee – Minnesota

1403 Montreal Ave, St. Paul, MN 55116

_____ Total (From above)
 _____ *Discounts
 = _____ Total **Thank you!**
 Check # _____

Make Checks to: The First Tee MN

*Discounts: multiple children discounts or multiple class discounts. You can receive \$5 Off per person or per class for any two or more classes or camps. No discount for one class, some examples: Sign up for 2 camps at \$99, then \$94 per camp = \$10 savings

Questions? Visit www.firstteeminnesota.org

Franco 651- 315-5266 Franco.Zerna@firstteemn.org **Range 651-695-3776** **Clubhouse 651-695-3774**