

SYHA Mite/8U Program

SYHA incorporates the USA Hockey ADM guidelines, while emphasizing individual coaching concepts for the Mite program. Please visit www.admkids.com or www.usahockey.com for more information. Skaters will be assigned to house league teams and games are cross ice.

- During the first month of the season, players will be assessed by Mite coaches and placed onto teams. The coaches will announce a timeline that provides adequate player assessment. **Player classifications will include: A, B and C (House League).**
- Games are played cross-ice or half ice

PRACTICES

- Practices are stationed based, allowing for more puck touches as a player's focus increases.
- 2-3 on-ice sessions per week includes practices and small area games.
- There is no dressing in the lobby area, all skaters must dress in their assigned locker room.

HOUSE LEAGUE

- Players will be drafted on HL teams by HL coaches
- House League games will follow ADM guidelines, these games will be played on Saturdays @ IBP Ice Center.

TRAVEL HOCKEY.

- You DO NOT have to travel. Travel hockey is for A & B teams. Travel hockey will involve tournaments/jamborees hosted by other associations to participate in half-ice or cross-ice tournaments.
- Travel begins after January 1
- Mites are allowed up to 4 friendship games per season that DO NOT interfere with HL games.
- 3 travel tournaments will be allowed per Board approval each hockey season. SYHA allows teams to travel to 3 overnight tournaments.
- Travel tournament fees will be separate from SYHA sign-up fees and billed to those participating in each tournament.

HOME TOURNAMENT

- Sioux City hosts a Mite Tournament after January.
- All players, A, B & C (HL) are allowed to play in the Sioux City home tournament.