THE Minnesota PREP COACH

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PARENTS, LIES AND OTHER THINGS YOU SHOULD KNOW©

By Donald Chance Mark, Jr.

BACKGROUND

It all started with an apparent promotion for the Plaintiff-Coach, who had been a successful girls' varsity basketball coach at a Class AAA high school. He was offered and accepted the same position at a Class AAAA high school. Little did he know that when he accepted the position, his coaching career would soon be interrupted, his teaching career would be in jeopardy, and he would become involved in an 8-year legal odyssey before the truth was finally told.

While coaching at the Class AAA high school, the Plaintiff-Coach had a seventh-grade player who was better than most of the upper classmen. Given the opportunity, she ultimately earned a starting position on the team.

The Plaintiff-Coach subsequently became the girls' varsity coach at the Class AAAA school and immediately, the Defendant-Parent of the seventh grader, now a ninth grader, began trying to convince her daughter to enroll at the larger school where her former coach was now coaching. Her daughter did not want to transfer to the larger school and did not want to leave her friends at the smaller school. Thus began a months' long campaign by the Defendant-Parent to pressure her daughter to leave her friends and transfer to the larger school to be coached by her former coach. The Defendant-Parent repeatedly solicited the help of the coach to "sell" the minor player on the larger school with numerous text messages. Over the course of several months, the Defendant-Parent wrote to the coach on multiple occasions as follows:

"APRIL 24: Just to let you know (minor player) knows about (transferring) and she is okay with it. She was resistant before but she isn't now! PLS. respond things are going our way … see my way is working, now we just need to get the district to move faster"

APRIL 28: "I think you will have to talk to (minor player). I had her on board but now idk … we will talk to her again this week and hope u can to?"

APRIL 29: "Some time today when u get a chance can u respond to my email re (minor player)? U warned me to tell you if it is panic mode and it is that time. I am going to need your attentiveness now!"

APRIL 30: "I don't know when u are able to talk or meet with (minor player) but I am losing the battle! Sleepless night for me cuz of ppl fighting against me if u can talk to (minor player) and convince her we are all yours! Let me know when u can do this."

MAY 3: "(Minor player) is IN…just rec email from assistant superintendent like minutes ago!!!! Coach I was persistent this morning and got what I wanted!!!! (Minor player) is yours …yeah."

MAY 25: "Ok (minor player) knows! It's official a lot of tears and questions but things are good!!!!"

Throughout the summer, the Defendant-Parent continued to text the Plain-

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2021-2022 MSHSCA DELEGATES

SECTION	GIRLS SPORTS DELEGATE	BOYS SPORTS DELEGATE	AT LARGE DELEGATE	AT LARGE DELEGATE
1A	Adam Wilder (Mabel-Canton)	Gordy Klomps (retired)	Jessica Just (Lakeville South)	Doug Davis (Northfield)
2A	Rick Bruns (LeSueur-Hend)	Alan Woitos (New Ulm Cathedral)	Craig Morgan (MN Valley Luth)	Marc Bachman (Saint Peter)
3A	Jess Smith (Windom)	Dave Blank (Wabasso)	John Seipp (Trinity School)	
4A	Chris Laird (Heritage)	Robert Economy(Eagle Ridge Aca)	Tim Herman (Heritage)	Jim Baker (Retired)
5A	Dawn Engebretson (Rockford)	Tom Lawrence (Foley)	Al Amdahl /Bill Baumann (Royalton)	Chris Kircher /Tim Triplett
6A	Tavia Bachmann (Frazee)	Kyle Haberman (Lake Park-Audubon)	Mike Peterson (Perham)	Gregg Martig (Pequot Lakes)
7A	Matt Carlstrom (Deer River)		Jon Wagner (Eveleth-Gilbert)	Nathan Johnson (Proctor)
8A	Dave Varriano (Mahnomen-Waubun)	Lon Boike (Crookston)	Terry Sadler (Warroad)	Lisa Hanson (East Grand Forks)
1AA	Jeremy Biermaier (New Prague)	John Cassellius (Winona)	Rod Schwarz (Winona) (Retired)	Bill Goodman (Apple Valley)
2AA	Mike Lhotka (Dassel Cokato)	Mike McGraw (Hutchinson)	Tink Larson (Waseca)	Gary Prantner (Eden Prairie)
3AA	Keith Randa (Apple Valley)	Jeff Groves (Apple Valley)	Tom Sharp (Eastview)	
4AA	Tracy Hrouda (Harding)	Tom Paulson (White Bear Lk)	Tim Ryan (Hill Murray)	Jerry Utech (Harding)
5AA	Mark O'Neill (Champlin Park)	William Totimeh (Fridley)	Mark Loahr (Totino Grace)	Larry McKenzie (Minneapolis North)
6AA	Juno Nayagam (Benilde-St. Marg)	David Boone (Edina)	Kerry Sutherland (Hopkins)	Tarek Morey (Osseo)
7AA	Mark Solberg (Cambridge)	Brett Carlson (North Branch)	Mike Hennen (Forest Lake)	Greg Apahn (Grand Rapids)
8AA	Kent Hamre (STMA)	Jeremy Digiovanni (Elk River)	Rob Nielsen (Det. Lakes)	Stephen Schreiber (Bemidji)
SPORTS MEDICINE		Tom Sharp (Eastview)		

2021-2022 MSHSCA SPORT ASSOCIATION OFFICERS

SPORT ASSOC	PRESIDENT	PRESIDENT ELECT/VICE PRES.	EXECUTIVE/SECRETARY	TREASURER/OTHER ASSOC POSITIONS
AD	Matt Mattson (Champlin Park))	Jeff Boran (WEM)	Mike Beck (Stillwater) (Exec Direc)	Dan Johnson (Hopkins)
Adapted Athletics	Brett Kosidowski (Eastview)	Luke Wisniewski (Mpls)		Kelli Waalk (Osseo) (Treas)
Baseball	Ryan Holmgren (Elk River)	Dean Schwirtz (Glencoe-Silver Lake)	Craig Anderson (Pine Island)	Rick Zollner (Pipstpne) (Sec/Treas)
Boys Basketball	Neil Steffes (Fertile-Beltrami)	Omar McMillan (Richfield)(Past Pres)	Tom Critchley Sr. (Exec Direc) (retired)	
Girls Basketball		Carl Pierson (Waconia) (Exec Direc)	Scott Bergman (Sauk Centre) (Clinic)	
Cross Country	Brandon Heebink (Wayzata)	Jeff Morris (Perham)	Mary Schifsky (Sec) (Roseville)	Dave Chatelaine (Owatonna) (Treas)
Dance	Marissa Haakonson (St Cloud Cathedral)	Brittany Rehling (Roseville)	Kelsey Schnackenberg (Membership)	Katie Harmeyer-(Treas)
Football	Jeff Williams (Owatonna)	Matt Mahoney (Fairmont))	Ron Stolski (Brainerd) (Exec Direc)	Jim Dotseth (Secretary/Treas)
Golf	Ben Jurgens (Fergus Falls)	Heather Hoeck (Milaca)		Steve Heslop (Academics)
Gymnastics	Joni Reitmeier (Worthington).	Toni Kleber (Moorhead)(Past Pres)	Shelly Eklund (Eagan)-Sec	LeeAnn Steen-Gymnastics Delegate
Boys Hockey	Michael Taylor (Apple Valley)	Dustin Vogelsang (East Ridge)	Mike MacMillan (Ramsey) (Exec Direc)	
Girls Hockey	Claire Goldsmith (Mound-Westonka)		Tim Morris (Lakeville South)	Robert Sherry (Two Rivers)
Boys Lacrosse	Jon Junker (Chanhassen)	Rob Horn (Benilde)	Darin Nelson (Sec)	Lance Kuehn (Rosemount) (Treas)
Girls Lacrosse	Ana Bowlsby (Benilde-St. Margarets)	Theresa Boyd (Hill-Murray)	Kelsey Long (Rosemount) (Secretary)	Patrick Crandall (Lakeville South) (Treas)
Alpine Skiing	Nate Springer (Eden Prairie)	Jason Nickleson (Visitation)	Bob Boldus (Lakeville North)	
Nordic Skiing	Michael Meehlhause (Trek North)	Rob Lageson(St. Paul Central)	Jason Mork (Winona/Cotter)	Richard Heilman (Lakeville North)
Robotics	Curtis Robertson (Upsala)	Justin Scheider (Esko)		
Soccer	Ben LeVahn (Maple Grove)	Aaron Percy (Mpls Washburn)	Keith Randa (Apple Valley)	Art Seplak (Treas) Greg Juba (Clinic)
Softball	Jason Baune (Becker)			Brenda Carlson(Treasurer)
Strength	Mike Breyen (Elk River High School)	Jessica Gust (St. Louis Park)	Alex Greenway (Tracy-Milroy-Balaton)	
Boys Swimming	Ryan Kelly (Austin)	Jason Tangen(Sauk Rapids-Rice)	Todd Walsh (Bloomington-Kennedy)	Katie Haycraft (Prior Lake) (Treas)
Girls Swimming	Megan Magnuson(Century)	Mikayla Beuch(Red Wing)	Todd Walsh (Bloomington-Kennedy	Katie Haycraft (Prior Lake) (Treas)
Synch. Swimming	Kathy Henderson(Stillwater)		Lauren Kranig (Richfield) (Secretary)	Katy Bohnsack (Prior Lake) (Treas)
Tennis	Robb DeCorsey (Glencoe-Silver Lake)	Les Zellmann (St. James) (Past Pres)	Dave Wareham (Totino-Grace) (Exec. Sec)	
Track	Meghan Orgeman(Alexandria)	Erik Klein (St. Charles)	Scott Christensen (Stillwater)	Aaron Berndt (Wayzata)
Volleyball	Darin Swenson (Litchfield)	John Yunker (Champlin Park)	Janet Golden-Landquist (Nevis)	Kim Duis (Concordia) (Treasure)
Wrestling	Mike Schauer (Grand Rapids)	Shawn Fredreixon (Shafer)	Kip Lynk (Dassel) (Exec Direc)	Kurt Habeck(Wrestling Delegate)

Note: Sport Association officers, please email delegate and sports association officer changes for next year, or as they change to Rick Ringeisen at: ringer@mshsca.org.

President's Message

By: Jennifer Rosium

Welcome to the 2022-23 school year. And just like that, the days of off-season summer training and fun are behind us, and all fall activities are well underway. Hopefully, you are enjoying the start of the fall activities as much as I am. I love the excitement of a new season and a new team. While I always miss the outgoing seniors, I enjoy the challenges of putting a team together with the fresh excitement of new players.

My goal this year as President is not to reinvent the wheel but rather to make sure what our board has been doing these past few years continues. It's important to add or enhance what I can, but not change a good thing. The MSHSCA has weathered Covid and continues to evolve with our changing times. Throughout these past few years, one thing remains constant, our mutual passion for the student-athletes and the sports we coach. After all, that is the real reason we do this. It is not for the glory of winning a championship, although that is a nice bonus when accomplished. We coach because we care for our players, their development, and the community that sports build.

A few final reminders, we have our Executive Board meeting on September 9th, and our Fall Delegate meeting on September 10th. Please make sure your sport has a representative present. We are having our Hall of Fame Banquet on October 8th, where we will honor this past year's inductees and champion coaches. Finally, your annual membership runs from August through July. SIGN UP TODAY! Do not delay joining until your winter or spring activity begins; you'll miss out on a considerable amount of your membership benefit.

MSHSL BOARD OF DIRECTORS REPORT:

By: Dawn Engebretson, Girls' Sports Rep

The MSHSL held the annual fall workshop & board meeting on July 31-August 2 in Spicer. It was great to meet the five new members joining the board.

This year's Strategic Directions are:

Supporting schools and students in mental health, safety, and wellness initiatives.

Promoting diversity, equity, inclusion, and belonging in all aspects of the MSHSL programs and processes.

Enhancing communication systems and structures.

One change discussed at our meeting was the dates for the Prep Bowl. The Minnesota Vikings host a game on Thanksgiving night. With a larger-than-normal production crew from a major television network, more time is needed for taking down, which does not allow our local production crew to come in and set up for the Prep Bowl. After discussion with the Minnesota Football Coaches Association, it was decided to move to Dec. 2-3.

The board approved the creation of the Adoption of Programs Task Force. This group will look at the constitution, policies, bylaws and provide detailed guidelines for new and emerging programs.

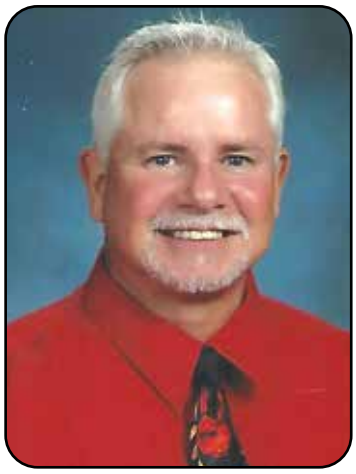
Spring activity proposals for Baseball, Clay Target, Music, Softball & Speech were introduced and discussed. These proposals will be presented at Region meetings this fall and brought to the Representative Assembly meeting in May.

I am most excited about two new opportunities for our students to collaborate with the high school league. One group is **Together We Can Make a Difference**. The purpose of this group is to have statewide student conversations and provide the opportunity for all students to learn, participate, and create safe and respectful educational environments free from racial, gender, and religious harm. Trained student leaders will host conversations at regional meetings. These "student champions" attended three training sessions. Regional meetings will take place in September and early October.

The second group will be a **Student Leadership Advisory Group**. The purpose of this group is to provide student input to league staff and the board, develop leadership skills, and inspire thoughtful student-led action. It will be similar to our coaches' advisory group for each sport. Plans and organization are still being worked out by league staff, but students will be chosen from different areas of the state as well as different size schools. The hope is to have students selected and begin meeting this winter or spring. I am excited for our students' opportunity to share their voices.

If you ever need anything, please do not hesitate to contact John Vraa or me. We are honored to represent you on the board.

Reflections by Ringer



By: Rick Ringeisen, MSHSCA Executive Director

- Years from now, athletes will remember the life lessons they learned, how you treated them, and most of all, how you cared for them.

The time between seasons is when coaches recharge, study, read about coaching, and make plans for the upcoming season. This past summer, I took a retro approach and revisited Coach John Wooden's writings. I was first introduced to John Wooden and his "Pyramid of Success" in college. His "Pyramid of Success" was on the syllabus, and my Professor/Coach lived the philosophy. As a student, I focused on the academic outcome, so I studied to do well on the exam and moved on. Little did I know at the time that Coach Martin's interpretation of John Wooden's "Pyramid of Success" would become an up-close personal journey.

As I consumed online readings and videos about John Wooden, my thoughts kept flashing back to how it felt to be coached by Coach Martin. I now confidently believe John Wooden and Coach Martin were men far ahead of their time. They were transformational coaches long before the term became in vogue related to coaching. At the time, I believed that Coach Martin was focused on performance. I now understand that he taught and coached us using the 'Pyramid of Success" as a foundation to achieve high performance and lived his life with the same expectations and mindset. Coach Martin was a tough and demanding coach that expected his athletes to give a 100% when training and in competition. As a team and individuals, we were often told that we could work harder and that we had not yet given him the 100% he expected. As he coached, he consistently snapped off his tougher versions of John Wooden's famous quotes to motivate us.

I suspect that many of you remember a coach or two that was relentless and pushed you well past what you thought were your limits/abilities. Coach Martin integrated into his teaching and coaching on an intensely personal level. He constantly set higher expectations. We understood that Coach Martin was pushing us to succeed as athletes and quality individuals. The success of our team and as individuals were important to Coach Martin. In that regard, he and John Wooden's philosophy aligned. We all knew that Coach Martin worked his tail off for us, leaving nothing to chance in our preparation to ensure our success.

As the years passed, I got to know Coach Martin more personally and figured out that his gruff voice and manners shielded his tender heart. I realized how deeply he cared about our team and all the individuals he coached. For many of us, he became a father figure and genuinely embraced that role in our lives. As a freshman, I was cautious when Coach Martin and I conversed. As the years passed, our relationship evolved, and our meetings became longer. I tremendously enjoyed our time together and learned more about coaching from him than anyone else. We had many heart-to-heart conversations about more than sports. He talked about priorities and the importance of family. All topics were up for discussion, except for professional football. Coach Martin was a Green Bay Packer fan, and I am a Minnesota Vikings fan. In the 70s, it was much easier to be a Vikings fan than today. Back then, the Vikings were a dominant team in the NFL. By the time I became a coach, Coach Martin had become my mentor, supporter, and friend. His beloved Green Bay Packers returned to become a dominant NFL team winning Super Bowls. He always told me the Pack would be back!

After spending the summer getting reacquainted with John Wooden and my memories of Coach Martin, I realized that both coaches were tough, complex individuals who became transformational coaches in the best interest of their players. Coach Martin added gruff to his demeanor, teaching us to be tough self-reliant individuals. I'm sure John Wooden had his tough way of getting the most out of his players and making his points. After all, John Wooden coached many of the greatest players in professional basketball.

I have two favorite memories of Coach Martin. The first was when he showed up at my High School team's practice on a Saturday morning. He talked to my team before we faced our conference rival for the conference Championship. On paper, we were outmatched. That night our team performed lights out and ran away with the conference championship! Coach Martin had my team so emotionally peaked they could have run through a brick wall. I felt like I was back in college listening to him pump up our team.

My second favorite memory is from a brunch my teammates and other alums held in Coach Martin's honor when he was inducted into the Minnesota Swimming & Diving Hall of Fame. We planned to roast Coach Martin; we all had a story to tell about Coach. The roast never happened. Coach grabbed the microphone at the podium and told stories about every one of us. He peppered his coaching philosophy and his versions of John Wooden's quotes in his stories. He had us all laughing and crying. Every story he told about the guys made them feel good about themselves, and we all felt fortunate that they were our teammates. We were all grateful for the impact that Coach had on our lives. At the time, Coach was fighting cancer, and for many of the guys, it was the last time they would see and talk to Coach.

In honor of Coach Martin, I will leave you with a few of his favorite John Wooden quotes to start your school year.

- "Nothing will work unless you do."
- "Never cease trying to be the best you can be."
- "Success is never final, failure is never fatal. It's courage that Counts."
- "If you don't have time to do it right, when will you have time to do it again."
- "The worst thing about new books is that they keep us from reading the old ones."

Reflections... continued on page 17

Delegates Corner

Jen Marshall

We're back! The 2022-23 school year is upon us; after the past few years, we're finally experiencing some normalcy. I'm optimistic and excited about this year, and I hope you are too! Fall sports are well underway, and there have already been many competitions as you're reading this.

For the most part, we are on the other side of the pandemic that has upheaved our lives for the past few years. As adults, we're breathing a sigh of relief and are looking forward to getting back to coaching without having to deal with protocols and constant changes. That being said, our athletes need more guidance and direction from us than ever before, as many of them never competed in high school athletics before the pandemic. Couple that with all the mental health challenges our youth are facing now and coaches are more essential than ever.

Below are some ways you can help your athletes struggling with mental health.

1. Build and maintain extraordinary relationships with your athletes. Ensure they know they are cared for on and off the field.
2. Help reduce mental health stigma by talking about it and emphasizing the need to take care of our minds. Make sure your athletes know that the team is a safe place to talk about things.
3. Utilize the mental health resources that are available at your high school. This includes School Counselors and any support groups that exist.

The great thing about high school athletics is it provides an opportunity to build and strengthen skills they'll carry throughout life. Thank you for your commitment to coaching and dedication to developing the person and the athlete. Have a great year!

MnIAAA CORNER

Jeff Boran

Welcome back! It's exciting getting off to what seems like a "normal" year! The start of fall activities is an exciting and renewing experience for all coaches, student participants, parents, officials, and fans! This past March, the MN State Activities Administrators met in person for the first time in 3 years! The theme for the Conference was "Reflect, Refresh & Renew in 2022". The theme seems appropriate as we get back to school and play this fall. The student-athletes and coaches seem refreshed and renewed as we begin the Fall 2022 campaign. As we move forward, I reflect on the past couple of years. I can't help but feel thankful for the guidance and direction that the MSHSL, MNIAAA and Coaches Associations, etc. have provided to keep students, coaches, and team members safe. I also feel blessed to live in a country and state that allows us to participate and gives all of us a voice to agree or disagree with leaders' decisions.

This past month, August 10 & 11, over fifty (50) new MN Activity Administrators met in St. Cloud for the annual MNIAAA New AD Workshop. These men and women spent a day and a half learning some of the ins and outs and getting important information regarding the leadership responsibilities within their schools and the tools needed to get started and lead successful programs. Perhaps the best opportunity was the chance to connect with others in their shoes and begin to build a network of colleagues to lean on when needed! Good luck to these people and the over 40 + other new ADs or changing locations as we enter the 2022-2023 school year. A big thank you to the outstanding MNIAAA Executive Team and staff of the MSHSL for outstanding learning and growing opportunity!

Strive to be your best YOU every day... and if you fall short ... get up the next day and do it again!

SPECIAL MEETINGS OF IMPORTANCE

September 9, 2022	**HOF Meeting**	**Minneapolis Marriott West**
September 10, 2022	**MSHSCA Fall President/Delegate Meeting**	**Minneapolis Marriott West**
October 7, 2022	**HOF Coordinator/Exec Direc Meeting**	**Sheraton Minneapolis West, Minnetonka**
Hall of Fame Oct. 8, 2022	**MSHSCA Hall of Fame Banquet**	**Sheraton Minneapolis West, Minnetonka**
January 12-15, 2023	**NOCAD National Convention**	**Savannah, GA**
March 23, 2023	**MSHSCA Finance Meeting**	**Hilton Garden Inn, Eagan**
March 24, 2023	**MSHSCA Spring Delegate/President Meeting**	**Mancini's in St. Paul**
March TBD, 2023	**MNIAA-ADs Conference**	**Doublewood St. Cloud**

Together We Make a Difference

Call-to-Action

OUR WHY

Recently students, schools and communities have experienced racist events that tell us we as school leaders have work to do to raise the level of respect and honor for diversity and inclusion of all students in Minnesota activities and athletics. Mistreatment of anyone on any basis is not only intolerable, it is something we, as educational leaders, unequivocally condemn. Racial, gender and religious harassment is simply unacceptable in our schools.

The goal of safe, supportive school environments is of paramount importance. It is essential that every effort be made, and action is taken to ensure that all students have a safe environment in which to learn and participate in activities and athletics. In addition, victims of racism or other forms of harassment need support.

Together, we commit to making every effort to ensure that students have a safe environment in which to learn and participate in activities and athletics. In response to these incidents an initiative has been launched to improve student-participant, coach, spectator, student, staff and community behavior in all activities.

CALL-TO-ACTION

Starting in August 2022, we are committing to work with Minnesota high school students who participate in activities or athletics to facilitate student-generated, student-led conversations on creating respectful environments free from racial, gender, and religious harm. This initiative will engage hundreds of students from across Minnesota as we host seven World Café conversations. The information from the World Café events will be brought to a statewide student conference in November 2022 in the Twin Cities. Students who participated in the regional conversations will be invited to be part of this statewide conference.

WORLD CAFÉ CONVERSATION MODEL

The World Café refers to both a vision and a method of dialogue. World Café Conversations are an intentional way to create a living network of conversation around questions that matter. A Café Conversation is a creative process for leading collaborative dialogue, sharing knowledge and creating possibilities for action in groups of all sizes. At times, the challenges of life require us to find new ways to access the wisdom and intelligence inherent in groups both small and large. We use this process to invite people to dialogue with us. Right now, the need for collaboration, insight and coordinated action has never been greater. Café Conversations gather collective insight that evolves from honoring unique contributions, connecting ideas; listening into the middle; noticing deeper themes and questions.

OUR STUDENT CHAMPIONS WILL HOST THIS PROCESS

Any student who participates in activities, athletics, and fine arts and wants to host a conversation to address student conduct, bullying, gender, race and other issues that impacts the full participation of any student. We are looking for student leaders who honor other students for who they are and the gifts they bring to the world. They are champions of respect, diversity and leaders that see the need to work to make a positive impact in in their school community.

THE COMMITMENT

This work requires everyone to lean in and participate. We will look to seven school districts to host World Café conversations. We will rely on school administrators, coaches and our association partners to recruit our student champions and help communicate and support the work. We invite and encourage all leaders, principals, school board members, superintendents and community members to spread the word about this important work.

Visit **www.mshsl.org** for more information.

A Statewide Student Conversation and Collective Call-to-Action to provide the opportunity for all students to learn, participate, and create safe and respectful educational environments free from racial, gender, and religious harm.

Registration Information

Educational leadership organizations from across the state have committed their support to an action plan that is designed to provide the opportunity for all students to attend school, learn and participate, in safe and respectful environments free from racial, gender and religious harm. Broad student participation is important and elevating their voices in this work is paramount to its success.

You can ensure students in your high school participate in "Together We Make a Difference" by attending one of seven regional meetings. The regional meetings will utilize the World Café process and are designed to engage students and elevate their voice with the goal of creating safe, supportive school environments in which to learn and participate in activities.

To register students from your school, complete the registration below or share this information with the appropriate administrator or staff member in your high school and have them complete the registration process.

Registrations are due one week prior to the event or when the event is filled.

Together We Make a Difference World Café Regional Meeting Information

Regional Meeting Schedule Registration Deadline

- Sept. 14: Detroit Lakes High School Sept. 8, 2022
- Sept. 15: Grand Rapids High School Sept. 8, 2022
- Sept. 20: Century High School, Rochester Sept. 13, 2022
- Sept. 21: St. Louis Park High School Sept. 14, 2022
- Sept. 27: St. Cloud Tech High School Sept. 20, 2022
- Sept. 28: North High School, North St. Paul Sept. 21, 2022
- Oct. 3: Redwood Area Community Center, Redwood Falls Sept. 26, 2022

Whom Should I Send: High school students who are leaders or emerging leaders in your school. Students should represent their student body, participate in activities and/or athletics and be a catalyst for positive change in your school community.

What to Expect: Students will be placed in a table group with 6-7 of their peers and will be expected to listen, share their thoughts, and engage in discussion with respect and an open mind.

Time: Approximately 8:30 a.m.-11:30 a.m. Specific times will be communicated to participating schools once registrations have closed.

Maximum Number of Participants:

- Each school may bring up to 10 student participants. You will be contacted directly if there is an opportunity to bring more than 10 students from your high school.
- Each school must bring at least one adult chaperone. Schools may bring additional chaperones.

Food: Light snacks and refreshments will be provided to all participants. Lunch will not be provided.

Registration Link: TOGETHER WE MAKE A DIFFERENCE WORLD CAFE REGISTRATION or https://bit.ly/MNTogether

Diversity, Equity, & Inclusion

Larry McKenzie, MSHSCA Diversity, Equity, and Inclusion Liaison

IF NOT NOW, WHEN? ..... IF NOT US, WHO?

If the last prep season is any indicator, we still have a lot of work to do. As I have previously written, I get that it isn't in the coaches' job description to save the world and be superheroes. Still, on the other hand, I also recognize that we as Coaches must understand the influence and responsibility of helping our young student-athlete become the best they can be.

We cannot sit on our hands and be silent during these outrageous behaviors. We must become more vocal and involved with the school administrators and our athletes to create a space where all student-athletes can compete in an atmosphere that is safe and free of abuse. We must have the willingness to help our student-athletes understand, appreciate, and embrace people that may come from different backgrounds, beliefs, and behaviors than you.

I want to encourage our coaches to become the lights that shine through the darkness in the buildings we coach, the gyms in which we play, and the fields on which we compete.

If we are genuinely committed to this work of Diversity, Equity, and Inclusion, it will require all of us to be a part of the solutions. We cannot leave it up to an individual or committee to make it happen.

As we enter this new school year, here is a Call to Action:

FOUR THINGS WE CAN DO!

- **Provide Opportunities**
- **Recognize the power of representation.**
- **Watch Your Language**
- **Think about me before you think about you**

MEMBERSHIP CORNER

Joyce Ringeisen
Assistant to the Director

The 2022-23 MSHSCA Membership Year is off to a great start! We registered over 9800 members last year. Digital Membership cards have been a great success which has made the registration process more efficient!

As of July 1, 2021, the MSHSCA changed to a digital membership card system. Members no longer receive their annual membership cards in the mail. Instead, MSHSCA members will receive emails with links to download and print their MSHSCA membership cards.

This change makes it very important that the email you sign in to your account is active because that is the email address that your insurance and membership links will be sent to.

This is exciting news because the change brings many advantages for the MSHSCA and its members. The advantages are as follows:

- MSHSCA members will be able to carry an MSHSCA card digitally on their phones.
- MSHSCA members will also be able to print a copy of their MSHSCA membership card at home if they prefer to carry a hard copy with them.
- MSHSCA members will have the option to add their picture to their MSHSCA membership card. This will add an additional level of security to the MSHSCA membership system.
- The MSHSCA will save thousands of dollars in card printing costs, envelopes, and postage.

When you join for the 2022-2023 membership year, you will receive two emails.

The first email will arrive shortly after registering and will provide you with a link to print your receipt. The email will look like the sample below.

Hello Your Name,

Thank you for registering with the Minnesota State High School Coaches Association.

For a copy of your receipt, you can click here.

Registration Info:

Username: your email

Registration Site: mshsca22.cordonco.com

The second email will arrive after your membership has been processed. You will be provided several links to download to print the general liability insurance information and your membership card. The email will look like the sample below.

Hello Your Name,

Thank you for registering with the Minnesota State High School Coaches Association.

To print or save your information, click one of the following links:

General Liability Insurance Program

Insurance information.

Download the PDF: (Click here)

Navigate to the PDF: (Click here)

Download the image: (Click here)

Navigate to the image: (Click here)

Wallet Size Membership Card

Keep this card with you. The Membership card is good for admission at many high schools and colleges in Minnesota. You can choose the link to save the image and save it to your camera roll. You can then use your smartphone to show the Membership card. As an alternative, you can choose to view the pdf and print a copy of your membership card.

Download the PDF: (Click here)

Navigate to the PDF: (Click here)

Download the image: (Click here)

Navigate to the image: (Click here)

Registration Info:

Username: your email address

Registration Site: mshsca22.cordonco.com

- In the past, your email was only used as a login ID. From now on, the email address you sign in with must be an active email account that you can access to open the MSHSCA membership emails sent to you. You must log in with the last email and password that you used to sign up for your membership in past years. Once you are into the MSHSCA membership system, you can update your member profile. There is an EDIT button on the left side of your profile. Please note that your membership card will print the information you have entered.

As in the past, if you are having difficulty, you can write to the Executive Director, Rick Ringeisen, at ringer@mshsca.org and request assistance.

We have only had a few members experiencing problems!

MEMBERSHIP CORNER... continued on page 9

MEMBERSHIP CORNER ... continued from page 8

MSHSCA Digital Membership Troubleshooting Tips:

"I did not receive an email after I registered, but I see my credit card was processed."

This is likely due to one of the following reasons:

- The email was blocked, or it is in your Spam mail.

1. You received the email but did not recognize it. The email will come from Registration@ cordonco.com, and the subject is Minnesota State High School Coaches Association.
2. The email is sent automatically to the email address in your MSHSCA profile, so if you are using a different email, you may need to edit your profile.

Solution:

You can log into your MSHSCA member profile at any time to open membership links.

Log in to https://mshsca22.cordonco.com (this is the same link you use to join MSHSCA every year)

Look for the menu on the left side of the page. Click on "Documents Card Print" to open your links.

This is also the same place to EDIT your Profile with any address/email changes.

"I cannot access the membership links after registering. It says: Awaiting Access Approval."

You are likely in the "Check/Money" Payment Method. You will not have access until the payment has been received. Once payment is received, you will receive an email with the links.

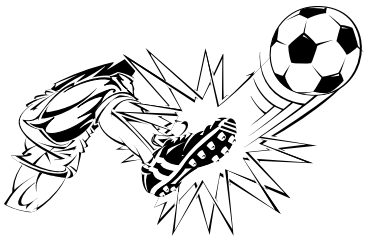
"I cannot edit my MSHSCA Membership Profile."

Solution:

The MSHSCA online membership system will not allow you to edit your membership profile until after you have joined for the membership year. After you have joined, log out and log back in. Once you have logged in, you will be able to edit your membership profile. Make sure you advance to the last page and scroll down to the bottom and press the **"Finish"** button to complete the editing process.

"Here's how I'm going to beat you. I'm going to outwork you. That's it. That's all there is to it."

- Pat Summitt



Corner Kicks

By: Ron Kruschwitz
North St. Paul Boys (retired)
Soccer Communications Officer

Another season has started, and hopefully, you are enjoying it. The 32nd Annual Clinic was held at the Blaine Sports Complex. Once again, Greg Juba (Park Girls retired) did an outstanding job of organizing the clinic. Thanks to Chrissy Makela (Mankato West Girls) for overseeing the high school students who came to be the demonstrators for the sessions. In addition, we need to thank Art Seplak (Blooming Kennedy girls retired) for all his help with registration and meals. Thanks to those who served as site managers, registration helpers, and other clinic tasks.

We want to thank all of our clinicians and sponsors; Planet Soccer and John Melius, SCSU Men's soccer team and staff, MNUFC Development Academy and team, National Sports Center, Moti, Alan Merrick, and Coerver and Lb. A special thanks to Jon Lowery, the St. Thomas Head Coach, for our session on Thursday.

We were privileged to meet Phil Archer at our Representative meeting. He is the new member of the MSHSL and is our liaison for soccer. He will meet with us when the Soccer Advisory Committee meets in September. Previously Archer was the AD at Cretin-Durham Hall. We look forward to working with him.

Aaron Percy's (Minneapolis Washburn boys) tenure as President of the organization has started, and we look forward to his leadership. The new President-elect is Tracey Griess (Andover Girls), and we welcome her.

Chrissy Makela has been elected to be our new MSHSSCA secretary. Crissy has been involved in the Association for many years, and we appreciate her taking on a new role.

Dominic Isaac (Mahtomedi boys) has been selected as Co-Clinic Director to assist Greg Juba. We are excited to have him working with the Clinic.

A quick reminder about membership. Your membership must be completed online at www.mshsca.org by Saturday, October 1st, to be eligible for MSHSSCA awards. Please, suggest to your whole staff that becoming a member is a real benefit. It is a small fee. Insurance coverage is one of the greatest values of membership. Especially with the virus, the insurance will cover coaches during the pandemic if they follow state and school district directions for health.

To clarify, something that might not be understood is that you must belong to the association to have your players considered for All-State Teams and Academic Team Awards. Would you further consider becoming a member of the United Soccer Coaches Association? You can check with the registration staff about joining this National Association. It is also an excellent value, and the more coaches that belong to the National Association, the more players and coaches can be honored by that organization. The deadline for joining is midnight, Saturday, October 1.

Two big items of importance to our organization. The two are the Overtime Rule and the Mercy Rule. These two items are being polled in a post-clinic letter to coaches. The following information is being polled.

1. Should there be a Mercy rule in soccer? During Covid, there was a Mercy rule, and it may be an item our association would like to work with the MSHSL to continue. We are exploring whether the clock should continue to run after a certain time and score in a game.
2. With the polling, the board is also exploring whether the regular overtime procedure should be changed. This would include options such as no overtime, leaving it as is, or going to a shootout after regulation. One additional suggestion was to match the overtime used in Section and State tournament play.

Stay tuned for the results.

The MSHSSCA has taken on the responsibility for the All-State and State Tournament Banquet. Andrea Winnicki and Max Lipset are working on getting the banquet up and running. A new format this year will be implemented. The banquet will be by gender, not by Class. The banquet will be held Sunday, October 23rd, at Roy Wilkins Auditorium in St. Paul. The Boy's banquet will be at 10:30 am and the Girl's at 3:00 pm. All 24-section championship teams and All-State Nominees will be invited. More information will be coming as we get closer to the date. Be aware that it is MEA weekend.

If you have any questions about the banquet, please contact MNHSSoccerBanquet@gmail.com.

Tournament dates for this year are as follows:

Quarter Finals:	Oct 25th, 26th, and 27th at sites to TBD
Semi-Finals:	November 1st and 2nd at US Bank Stadium
Finals:	November 4th at US Bank Stadium
3rd Place Games:	November 2nd and 4th at West St Paul AC

Continue to monitor our website for additional information and updates. If you get an email from your Section Representative, make sure you respond if requested. All members of our organization have the right to vote on items requested. Time to end. You will be well into your season by the time you get this. Hope you have the success you want, and remember you have the best job in the world, working with high school athletes.

find us on facebook follow us twitter @MSHSCA

Clearing Hurdles

By: Meghan Orgeman, Alexandria Area High School, President, MN Track & Field Coaches Association

On behalf of the Minnesota Track & Field Coaches Association, I welcome everyone back for another school year. As our students fill our classrooms and jump back into school and activities, I hope you are rejuvenated from the summer and connected to the purpose behind why you coach and lead. I have found that taking time to revisit my purpose ignites passion and sustains my efforts throughout all the twists and turns, highs and lows, inevitable within each school year and track and field season.

To reflect, 2022 was an exciting year for Minnesota Track and Field! Our seasons returned to a more "normal" schedule; for the first time since 2019, we returned to Stillwater High School for a better-than-ever True Team State Meet, and we had our first season competing in three classes.

Last season, the excitement surrounding our Minnesota True Team tradition could not have been more palpable. True Team had an all-time high number of schools participating and our True Team State meet created memories our athletes, coaches, and families will never forget. Please join me in extending a special thank you to the members of the True Team Committee and to all of the people who make our True Team State meet possible. I have seen first-hand how designing a program around the True Team philosophy can transform a team's culture and elevate performances. If you are not currently participating in True Team and would like to know more about how to join, please do not hesitate to reach out.

In 2022 we also experienced our first year under the new MSHSL three-class model. We enjoyed impressive performances, large crowds, and even new state records set (Class AA) throughout our three-day state championship meet at St. Michael-Albertville High School. At our state meet, we also honored our 2022 Mr. and Ms. Track and Field Recipients and celebrated the 50th Anniversary of having a Girls Minnesota Track and Field State Meet. Congratulations to our Mr. and Ms. Track and Field athletes, William Skelly from Mounds View High School and Maddie Dahlien from Edina High School!

For our 50th Anniversary event, we celebrated by honoring trailblazing athletes, coaches, and officials from the 1970s who paved a path for our girls to have "A Meet of Their Own." Our 50+ group of honorees were given a standing ovation by over 4,000 MN High School Track and Field fans, coaches, athletes, and officials. Among these honorees were Susan Alstrom (the first gold medal recipient), Connie Sugden (the White Bear Lake girls' head coach of the first co-team champions), and Dorothy McIntyre (a true pioneer for girls sports within the Minnesota State High School League). The standing ovation, and hospitality tent social, where I got to see current athletes exchanging stories with our trailblazers from the past, was an unforgettable moment that brought tears to my eyes and left many of us with goosebumps.

Looking ahead to this year, please take note of the following membership items:

Membership: If you have not joined the association for this school year yet, please do. Your association membership includes many benefits and generous coaching insurance. Furthermore, being a member allows your athletes to be eligible for Academic All-State, Mr. / Ms. Track & Field nominations, and your coaching staff's ability to be recognized for Coach of the Year honors. Even though the start of the next track & field season seems far away, it is not too soon to utilize some of our association mentorship and education programs.

2023 MN Track & Field Clinic: This will be the first year for our clinic's new location. **Please save the date for January 26 - 28 at the InterContinental - St. Paul Riverfront Hotel.** The clinic kicks off on Thursday night with our True Team and Association meetings, and new this year will be our 1st Annual Women4Women conference! The Women4Women conference will be a free event for all coaches (male and female) and will include breakout sessions and a social. Friday and Saturday will be full of exciting clinic speakers. Friday night will involve our annual banquet with our Hall of Fame induction, Coaches of the Year celebrations, and keynote speaker. Look for more information to come.

Women4Women: We continue to build on our Minnesota Track & Field Women4Women membership and organization! Women4women began in Wisconsin to strengthen female coaches and their connections and has expanded to Minnesota and North Dakota! Women4Women is a group devoted to (1) encouraging more women to respond to the call to coach Track & Field, (2) supporting women coaches to continue coaching by providing networking and mentorship opportunities, and (3) providing professional development for coaching excellence. If you are interested in learning more about Women4Women, please email w4wtrackandfield@gmail.com.

Advisory Board: If you have suggestions for the Track & Field Advisory Board, please fill out the form on our coach's association website: https://www.mshsca.org/page/show/2374486-advisory-board. You can email your suggestions to me at morgeman@alexschools.org. We continue to work with the MSHSL for ways to make the MSHSL state meet better for all. Our association is the strongest link with the MSHSL and is the first step in making changes.

Finally, this will be my first year in this association's president role. I also welcome our new Vice-President, Eric Klein, from St. Charles High School. We are both very excited to serve all of you in these roles!

Throughout my experiences, I have been incredibly impressed by all the passionate, knowledgeable, committed, and transformative people I have met within the Minnesota Track and Field Community. I also want to give a heartfelt thank you (and an association round of applause) to Aaron Berndt from Wayzata High School for serving as our association president since 2018. Aaron not only agreed to extend his presidency to lead us through a pandemic, but he also was instrumental in expanding our wildcard participation at our True Team State Meet, supporting the creation of three classes, creating the Mr. and Ms. Track & Field awards, and in countless other ways. Aaron will now join an active group of past presidents who have made and continue to make incalculable differences in our sport in our state.

Finally, thank you for all you do for your athletes and support of Track & Field. Don't forget to join the association for the 2022-2023 season, connect with your purpose for coaching, teaching, and leading, and let us know if you have any questions or concerns.

UNDER THE BAR

By: Jessica Gust

We hope you had a great summer of training with your athletes and had time to recharge the batteries for the start of the 2022-23 year. This time around, we've got something for our sport's coaches. We wanted to share 11 things you can do to support your S&C coach. Many of these ideas arose from working with awesome sports coaches (and a few from the opposite). If you're active on Twitter, you can find this thread posted @msca and join the conversation or share with coaches you know!

1. Make participating a priority (for you and your athletes). Send a message by prioritizing your in-season time and your athletes' attendance.
2. Take the time to learn about how S&C can (actually) help your athletes. Is what you 'know' actually true? Is what you say to your athletes helping or hurting their beliefs about S&C?
3. Take the time to understand the 'why' behind your S&C program. Ask questions and get curious. You might find hidden gems in how your S&C coach thinks and plans. We operate with different parameters than sports coaches… which may change your thinking!
4. Understand that your S&C coach is thinking 'bigger' than your season. Your S&C program is designed to manage athletes' demands all year, not just your season. If you prioritize training in-season, you are also supporting athletic development for your athletes' other sports! And if you're not…you are contributing to training gaps impacting sports and teams other than your own.
5. Speak up about how in-season training has helped your teams. Sometimes other coaches need to hear that to do #1.
6. Invite them to your preseason parent meeting. Give them 1-2 minutes of face time with parents to discuss their program.
7. Invite them to your banquet or celebration. A simple mention during the program and a thank you make us warm and fuzzy inside.
8. Put them 'on the list to attend games. We want to watch our athletes perform, but sections and state games get expensive!
9. If you make a season program, put 'em in! Not only is this a nice gesture to recognize them as a part of your staff, but it helps publicize their program to parents and community members.
10. Throw an extra t-shirt or hat on your apparel order for them. They want to support your team, but $20 x 26 teams is a lot of money for them to spend to support every team. Gold star? Order the same coaches' gear you order the rest of your staff!
11. If equipment money is left in your budget (I know, it's unlikely), ask your S&C coach if there's anything they need. Even $50 goes a long way to replacing things we lose to wear and tear, like bands and cones.

Let's make it a great year, and don't hesitate to let us know what you'd like to hear from us in the future. As always, if you have any questions or are interested in having S&C represented as a speaker at any of your events, please contact us at any time.

Dig This

By: Darin Swenson
Litchfield High School

It is finally here! The 2022 volleyball season is officially underway, and I couldn't be more excited. The beginning of the season is always a time that I look forward to with enthusiasm. The start of practice is filled with a level of energy that is hard to describe but would make us all millionaires if we could figure out a way to bottle it up and sell it.

Over the summer, I looked for new tips and tricks to help improve all areas of my coaching. I have continued to read, watch, and listen to various resources to learn more about techniques, drills, and philosophies in the game of volleyball. One of my favorite resources that I have learned from this past summer was "The Volley Pod: Coaching Kids' Volleyball with Tod Mattox and Davis Ransom." Every episode gave me something to think about and reflect on. I am sharing this information with you because I think we all serve our players better when we are better. If you have a resource that you find beneficial, I encourage you to share it with the coaches you know.

The MNVBCA Coaches Clinic this past July was amazing. We had over 300 attendees and amazing speakers and presenters. It was great listening to Russ Rose talk about his experience as a successful coach, and I know we were all able to take away a few nuggets of wisdom that we can use within our situations. I don't want to let the cat out of the bag yet, but we already have next year's Keynote Speaker, and it is another top-level headliner! I am already looking forward to the next clinic! The volleyball game is strong in the country, and Minnesota is one of the hotbeds for the game's growth.

I have also read a lot about coaching the complete player, not just the athlete. I believe that sometimes we can get so caught up in teaching the Xs and Os that we forget that we are teaching players to be better people. I read "3D Coach: Capturing the Heart Behind the Jersey" by Jeff Duke and will soon start a book study with many of the coaches at my school on "You Win in the Locker Room First" by Jon Gordon and Mike Smith. I not only want to win more games, but I want to help develop better citizens through the experience of coaching volleyball. I don't always succeed, but it is the pursuit of excellence that we should all be striving for.

Good luck to everyone as they continue the journey this season. We will see you on the court!

FLIP NOTES

By: Joni Reitmeier

I hope everyone had an amazing summer with lots of fun in the sun! It's hard to believe that another school year is here and fall activities are starting! This also means that we're only a few months away from another gymnastics season!

The MGGCA will be having our coach's clinic this year in Big Lake on October 13th and 14th. Our key clinician will be Tony Retrosi from Atlantic Gymnastics and our speaker will be Rick Rassier "Take it to the next level." For more details and to sign up for the clinic go to the MGGCA website. This would also be a great time to become a member of the coach's association!

The gymnastics season will start on November 14th, 2022. The online rules meeting will open on your coach's dashboard on November 7th, 2022, and the general online coaches meeting opened on July 27th, 2022. Please keep in mind there is a new rule book this year for gymnastics with some changes on the floor and beam, so please make sure to pay close attention to those changes and make sure your athletes are aware of the changes.

I wish everyone a happy, healthy fall, and a big thank you to all of the coach's for everything they do in and out of the gym!

"I'm a Coach because of the kids and the passion I have for the game and sport itself. There is no better feeling than teaching a child the importance of discipline, hard work, team effort, dedication, determination and the heart it takes to win not only in sports but in life."

-Bill Pingitor

Enjoy Your Fall!

Happy Handstand,
Joni Reitmeier
MGGCA President

MEMBERSHIP REPORT 2021-2022

September 1, 2022

Types of Membership	2018-19	2019-20	2020-21	2021-22
Active Class A & AA	6559	6103	6215	6699
College Associates	1178	1287	697	1218
Other Associates	58	62	29	87
Active Life	343	340	332	370
Retired Life	1293	1351	1401	1480
Honorary	4	5	5	5
TOTAL	**9435**	**9148**	**8666**	**9859**

Breakdown of membership by sports association
(2018-2019/2019-2020/2020-2021 totals in parenthesis)

Adapted Athletics (21/18/31) 42
Alpine Skiing (62/64/ 48) 58
Athletic Directors (119/113/109) 95
Baseball (515/515/486) 487
Boys Basketball (764/702/582) 635
Girls Basketball (737/682/602) 630
Cross Country (449/426/425) 444
Dance (280/290/276) 292
Gymnastics (225/229/196) 198
Nordic Skiing (103/116/97) 110
Girls Swimming (240/254/228) 249
Boys Swimming (197/200/180) 194
Girls Hockey (90/93/148) 175
Boys Hockey (192/209/194) 179
Hockey Retired (2/2/4) 2
Boys Lacrosse (104/48/66) 80
Girls Lacrosse (90/47/92) 94
Football (1133/1113/1044) 1082
Football Retired (1/4/6) 5
Robotics (58/51/58) 72
Golf (boys & girls) (360/288/321) 403
Soccer (boys & girls) (445/436/443) 455
Softball (489/424/423) 449
Synchronized Swimming (18/10/15) 16
Girls Tennis (222/226/210) 205
Boys Tennis (185/172/168) 148
Track & Field (881/735/740) 797
Volleyball (661/636/546) 559
Wrestling (143/153/165) 178

Sports associations that collect their own dues but join the MSHSCA are Cheer (13/13/10), Clay Target (12/9/6), and Badminton (5/6/6).

COACHES CARING PROGRAM

Do you know of a Minnesota high school coach who is facing a catastrophe and could use some financial assistance? You can nominate a coach for a $100.00 Coaches Caring assistance donation by emailing your nomination to Rick Ringeisen at ringer@mshsca.org

When you nominate a coach for a Coaches Caring assistance donation, remember to provide background information for the committee to review. Please note: A limited number of Coaches Caring Program assistance payments will be issued each year depending upon the amount of donations made by coaches association members.

Trophies Plus is now helping to sponsor the Coaches Caring Program to help keep it sustainable.

Minnesota Basketball Coaches Association

The 2022 Minnesota Basketball Coaches Association Fall Clinic will be held on Friday, October 28th and Saturday, October 29th at the Minneapolis Hyatt Regency Hotel. Sessions will include large group and on the court presentations.

As of 9-06-2022 the clinic will feature the following speakers:

- **Ben Johnson - University of Minnesota and the Gophers Coaching Staff**
- **Bruce Weber – Kansas State; Illinois**
- **James Ware- Park Center**
- **Don "Skip" Dolan – Annandale**
- **Micha Nori – Minnesota Timberwolves**

As additional speakers are confirmed, updated information, including agenda schedule and topics, will be posted on the MBCA website, http://www.mshsca.org/boysbasketball, and via twitter- @MN_BCA.

The annual Awards Luncheon will include the presentation of coaching awards, including: 2021-22 Section Coaches of the Year, 2021-22 Assistant Coaches of the Year, 2021-22 State Coaches of the Year, coaching milestone awards, and achievement awards. 2021 MBCA Hall of Fame inductees **(Dave Cresap, Dick Ghizoni, Grant Guzy, Pete Petrich, Vern Simmons, and Jeff Wall)** and 2021 Hall of Honor recipients will be introduced and recognized.

Friday's luncheon and the Friday evening Coaches social will be complimentary for all clinic registrants.

Exhibitors will display their wares and provide door prizes for clinic participants during the sessions. Opportunities to visit the exhibitors will be scheduled and are highly encouraged. The clinic will also include the Dr. Dish drawing for a Rebel + Shooting Machine and distribution of Spalding, Exhibitor, and MBCA door prizes to those in attendance.

The cost of the Fall Clinic is $125 for the first 3 Coaches and $110 for each additional Coach beyond three if registered prior to October 18th. **Cost after October 18th and at the door will be $135.** Registration forms, including online registration, are available online at https://mnstatehscoachesassoc.sportngin.com/register/form/322514425

The Hyatt Regency is providing a clinic special for coaches' rooms. **These rooms should be booked prior to October 10th. Early bookings are encouraged. Register online by using the following link:**

https://www.hyatt.com/en-US/group-booking/MSPRM/G-BC22

This will qualify you for the special group rate and assist the MBCA in meeting a pre-determined quota for rooms.

For any further needed information please contact Ron Larson, MBCA Clinic Director, at ron.larson@anokaramsey.edu or Tom Critchley at hctirc@earthlink.net.

NHSACA

DISCOUNTS AND BENEFITS

Access exclusive discounts/ benefits for member coaches of the Minnesota Coaches Association.

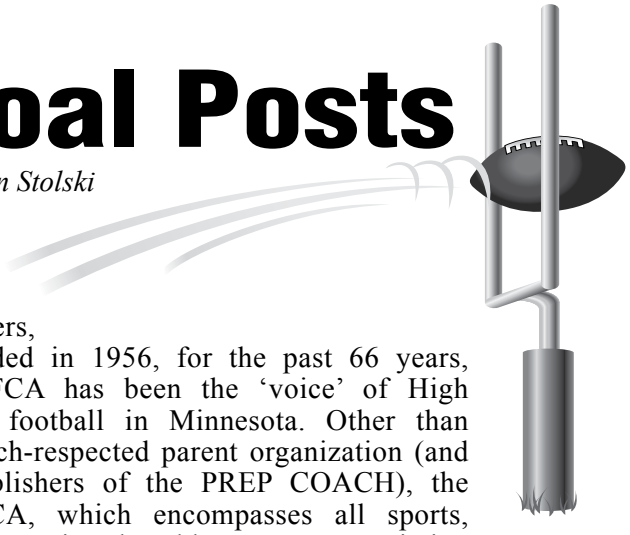
There are thousands of products and services available to you exclusively through the National High School Athletic Coaches Association. Annual membership paid by MSHSCA.

Discounts on travel, insurance, office depot/office max and others.

www.hscoachesbenefits.org/

Goal Posts

By: Ron Stolski



Keepers,

Founded in 1956, for the past 66 years, the MFCA has been the 'voice' of High School football in Minnesota. Other than our much-respected parent organization (and the publishers of the PREP COACH), the MSHSCA, which encompasses all sports, MFCA remains the oldest sports association serving student-athletes in our great state. Our Keepers Of The Game mission statement states a declaration of service.

"The professional organization of high school football coaches serving and representing Minnesota High School football for over 65 years by preserving its past; providing educational opportunities for students and coaches, supporting and promoting diversity; recognizing and honoring achievement; valuing good sportsmanship; enhancing and improving the game of football, and engaging in partnership with the MSHSL and MHSCA to develop healthy participation in all activities for the student-athletes of our schools and communities."

It has been said that busy people get things done. This phrase is certainly appropriate to those of us that along with our coaching duties, teach a full day of classes, perhaps serve as a counselor or athletic director, supervise the strength program, coach other sports, support other school activities, monitor fundraising, attend the booster meetings volunteer within the school and community, and perhaps, and most importantly, raise a family. For your team, as a coach, you are a leader, mentor, role model, and servant. You are a giver.

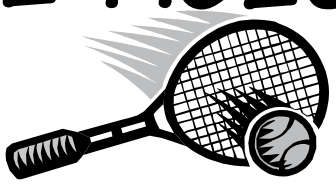
You give to the MFCA as well. You may be an officer, a sub-region rep, a committee member, a chair, a tackle cancer rep, a contributor to publications or the annual clinic, a manager of an event, a volunteer at or manager of play-offs, etc. The list is endless; the need is as well. Keeper, you are the mission statement! Still, as we do with our players and teams, you are asked to give just a little more. To take **"One More Step."**

In the summer, Keepers magazine President Mat Mahoney invites you to participate in the MFCA. Involvement can be accomplished by simply supporting the effort(s) of the MFCA Visit our website to view dates and opportunities. A few examples, nominate someone for the Hall of Fame, schedule a tackle cancer game, or **encourage staff to join the association**. Many teams are doing great service work in the community. Send your Community Service effort to Beau Labore at Stillwater HS et al. There are more opportunities. These are but a few. Should you desire to serve on a committee, contact Mat Mahoney, Jim Dotseth, Dave Nelson, Ron Stolski, or any committee chair, for example, Claud Allaire, Clinic program or Dave Fritze, All-Star game manager.

For now, your kids are ready… the field awaits Go get 'em, Keepers. Remember you will not always be measured by the wins and losses, but by what life lessons your team learn and experience. In the end, that is your and their eternal memory. Have a great season.

SERVICE ACES

By: Robert DeCorsey
MTCA PRESIDENT



Hello Coaches and tennis fans—

It is September, which means it is the beginning, actually the middle of the girls' tennis season. Here's to you and your teams enjoying successful starts to your seasons. Success comes to us all in different forms. However, you define success for yourself and your program, I hope you enjoy the peace in knowing that giving yourself to your players makes you successful, no matter the outcome of the matches. We cannot control outcomes, and you don't know what your time may mean to one of your players. We preach to our players about controlling your controllable all of the time. In that "preaching," I know we often forget about our controllable. So savor every victory you get. It could be a big match win. It could be your #3 singles won 4 points at the net in her/his match today, or maybe, it is your #1 singles player, who lost a tough match, understands they won because they gave a valiant effort in defeat, and they look forward to the next challenge because that is what they can truly control.

With that said, here are some news items: The State Tournament Banquet will be back this fall!! Information will be coming around tourney time. The Advisory and Ad Hoc committee continues to work hard on our 3-class tennis proposal to the MSHSL. Many hours of work have been put into this proposal, and it will be ready to submit to the board on October 15. We believe this will be a great benefit and opportunity for our teams and players throughout high school tennis in Minnesota. Please help promote this to your ADs and Superintendents.

Les Zellman, St. James, took home the National High School Tennis Coach of the Year honor by the National High School Athletic Coaches Association. This is a tremendous honor and well deserved. He has over over 40 years of coaching! Congratulations Les!

JOIN THE ASSOCIATION! Membership: Make sure your coaching membership is up to date. The coaching year runs from August 1st –July 31st. Boys coaches, you should renew your membership now too, not just the girl's coaches. You need to be a member of the Coaches Association to be considered for post-season awards, as well as your assistants and players. This is the list we use to get information out to our members. Go to https://www.mshsca.org/joinnow, to join.

I wish you all the best-

Robb DeCorsey, MTCA President

GIRLS HOCKEY "SNAP SHOTS"

By: Tim Morris,
Executive Director, MGHCA
www.MGHCA.com Execdirector.MGHCA@outlook.com

The MGHCA is sponsoring a FREE fall coaching clinic again this October. The clinic dates are October 7 & 8 at the National Sports Center's Grand Ballroom. Coaches can register by going to www.MGHCA.com and looking for the link. The clinic includes continental breakfasts and lunch on Friday. There will be door prizes, as always. Reps from the MSHSCA will be there to register coaches for membership for the 2022-23 season. All coaches, head or assistant, are strongly encouraged to attend.

The Premier Prep League has started this fall. A kickoff tourney happened at Dakotah Sport and Fitness in Prior Lake. Each team played a minimum of four games. Currently, there are 14 teams with 280 girls participating. The season ends on October 30.

As of the writing of this article, there have been THIRTY head coaching changes among girls' high school programs. This is the most number of changes in our history. There will be a coach's round table during the fall clinic to discuss what we can do to support our team's coaches.

The MGHCA will submit revised Bylaws to our section reps for adoption at the clinic. The main changes will be centered on the Executive Council positions and the length of terms, elections, etc. Adopted Bylaws will be posted on the website.

MSHSCA EMAIL CHANGE:

Contact: Rick & Joyce Ringeisen at ringer@mshsca.org

Oftentimes we are asked why different sport association articles aren't included in the current issue of Prep Coach. There has been a significant decline in submissions. If your association is missing, it is due to not having an article submitted.

MINNESOTA COLLEGES & UNIVERSITIES THAT HONOR MSHSCA MEMBERSHIP CARDS

The importance of a close working relationship between college and university coaches and high school coaches in Minnesota remains obvious as institutions of higher learning have opted to continue with the Associate Membership Package offered by the MSHSCA during the 2020-2021 school year.

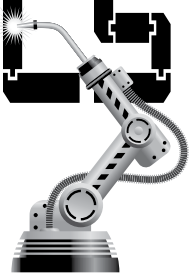
As part of the arrangement, college coaches can use the MSHSCA membership card to obtain admission to high school events and in turn the high school coach can use the card to attend college most college games. Restrictions apply for college and high school playoff and post season tournament games.

- **St. Mary's University**
- **University of Northwestern, St. Paul**
- **College of Saint Benedict**
- **Anoka-Ramsey Community College**
- **Martin Luther College**
- **Gustavus (Tom Brown AD)**
- **Concordia College**
- **Bethany Lutheran College**
- **Minnesota State Community & Technical College Fergus Falls**
- **Minnesota State University, Mankato**
- **Macalester College**
- **University of Minnesota Duluth**
- **Hibbing Community College**
- **University of Minnesota Crookston**
- **Central Lakes College**
- **St. Cloud Technical & Community College**
- **Minnesota State University Moorhead**
- **St. Cloud State University**
- **Carlton College**
- **Bemidji State University**
- **St. Catherine University**
- **University of Minnesota Morris**
- **Bethel University**
- **St. Olaf**
- **Hamline University**
- **MN West Community & Tech College**
- **The College of St. Scholastica**
- **Concordia University, St. Paul**
- **Ridgewater College**
- **Southwest Minnesota State University**
- **Rochester Community & Technical College**
- **St John's University**
- **Minnesota West Community & Technical College**

Another example of the MSHSCA at work for the membership!

*1. MSHSCA Complimentary passes may not be available for all games.
2. MSHSCA Complimentary passes are not available for post season/play off games.
3. MSHSCA Card must be presented in person by the card holder along with a photo I.D.at the UMD ticket window.
4. Additional tickets can be purchased to accompany your complimentary admission. You must notify the UMD ticket office of your desire to purchase at the time you call for your complimentary admission.
5. No admission to mens D1 hockey at BSU, St. Cloud State.
6. BSU - D2 - reg. season only.
7. Concordia Moorhead not usabale at MIAC and NCAA post season games.

ROBOTICS



By: Curtis Roberston

FIRST (For Inspiration and Recognition of Science and Technology) Robotics Competition (FRC) is a sport that empowers ALL Students and facilitates 21st-century skills for the workplace and beyond. Chances are this summer, you have seen some robots, whether at the Minnesota State Fair, community heritage days, parades, or off-season events. Students, coaches, and mentors are working hard to share the outstanding accomplishments achieved by the student-athletes.

As we start the fall season, you might see many opportunities for off-season events. Many are in the Metro area, and a few are out-state. These off-season events allow teams to participate more with their current robots and are great training opportunities for newer team members and mentors. For more information on robotics events and to find details about different trainings, visit https://firstuppermidwest.org/

Two notes of Impact FRC has on Students and Athletes of Minnesota. Statistically, FRC students overwhelmingly (81% across the entirety of the FIRST program) choose a STEM Field of study for college. 68% of FIRST Students elect Engineering or Computer Science majors as their field of study. What a fantastic effect this program has on students for the betterment of our world!

ICE CHIPS

By: Greg Anzelcc

The MHCA is continuing with our Coaches Development Series in conjunction with USA Hockey. Our quarterly development sessions centered around the development of the older players (bantam & high school ages). This training is for all MN Boys High School hockey head coaches who are encouraged to invite one additional coach or influential person in their youth program. The next Development Session with USA Hockey is Wednesday Nov 2nd at 8:30pm.The MHCA has partnered with Legacy.Hockey and MNHockey.TV to create a fully automated video exchange that empowers coaches and fans alike to elevate the game of hockey in Minnesota. Each team will receive a free state-of-the-art Spiideo automated camera with video exchange where all games will be available to coaches to be utilized as a coaching tool. Teams will also utilize the camera as a live streaming solution on the MNHockey Tv network. Legacy Hockey continues to provide unparalleled coverage of high school hockey and we appreciate this partnership. Our Fall Clinic is scheduled for Oct. 7 & 8. Speakers include Paul Kirtland, MSU; Andy Ness, MN Wild; Greg May, Augsburg; Doug Schueller, St. Johns; Christopher McKelvie, Bethel; Shane Wagner, Hamline, Roger Grillo, USA Hockey; Guy Gosselin, USA Hockey; Leon Hayward, St. Thomas; Brett Larson, St. Cloud and more! Register on our website!

REFLECTIONS BY RINGER ...

continued from page 4

Coach Martin expected that we all give him 100%, and on the day of the brunch in his honor, we all knew he always gave us a 100%. Of course, Coach Martin had his philosophy and often paraphrased John Wooden's quotes with his special twists, amped-up seasoning, and an extra pinch of loudness. Coach Martin had his way of showing his love for us.

One last reminder for you as the school year starts. As the year's pass, your athletes will remember the life lessons they learned, how you treated them, and how you cared for them.

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Be sure to read the article: **"PARENTS, LIES AND OTHER THINGS COACHES SHOULD KNOW."** The article explains in detail how a coach won an eight-year legal battle to clear his name from the lies told by a parent about him and his coaching.

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION, INC.

EXECUTIVE COMMITTEE LIAISON ASSIGNMENTS 2021-2022

PAST PRESIDENT	**B/G Soccer**	**B Swimming**	**Baseball**
Barry Wohler	**G Swimming**	**Wrestling**	**B Hockey**
	Robotics		
PRESIDENT	**Football**	**G Basketball**	**G/B Golf**
Jennifer Roisum	**Adapted Athletics**	**Gymnastics**	**G Hockey**
PRESIDENT ELECT	**B/G Cross Country**	**Nordic Skiing**	**B Tennis**
Jen Marshall	**G Tennis**	**Alpine Skiing**	**B/G Track**
VICE PRESIDENT	**Volleyball**	**Synch. Swimming**	**Softball**
Kerry Sutherland	**B/G Lacrosse**	**B Basketball**	**Dance**

Girls Sports	**Becky Leuer**
Inclusion & Diversity	**Larry McKenzie**

These are your representatives for your sports association on the MSHSCA Board of Directors. If you have any issues, concerns, or questions, please feel free to contact them. Their information is listed on our website at www.mshsca.org

Diamond Cuts

By: Jason Baune
President Minnesota Fastpitch Coaches Assoc.

As we approach the fall season and the return to school, it's time to start planning for the 2023 softball season. I hope you all had a chance to relax and recharge over the summer months. The past year was quite a learning experience for me in the role of president. While there were some bumps along the way, I feel that our leadership did a great job as we returned to a more normal spring season in 2022.

Speaking of our MFCA leadership team, I'd like to update everyone on who those people are. We have been fortunate to have volunteers step up, and we have a (mostly) complete executive council.

As you can see below, Dawn will continue to serve a dual role as Executive Secretary and Past President for one more year before transitioning out of Past President next year when I will move into that role. Thank you to Don and Brenda for volunteering to step up and fill roles on the council!

Role	Name	School
President	Jason Baune	Becker
President Elect	Don Krusemark	Mankato West
Executive Secretary/ Past President	Dawn Engebretson	Rockford
Treasurer	Brenda Carlson	Chicago Lakes
Website & Awards Manager	Mike Schumacher	Wabasha-Kellogg

I'm happy to announce that we were able to bring back the Border Battle with Wisconsin this summer. Twelve of our top seniors traveled to Madison and had a great experience participating in the event. Next year will be our turn to host, and we have started selecting dates and venues.

We have also begun the planning process for our coach's clinic. Please mark February 4, 2023, on your calendar as we bring our clinic back to Target Field. If you have ideas for speakers you'd like to hear or other ideas to improve our clinic, please reach out to an executive council member.

As most know, we have worked with the baseball coaches association to propose an increase to our game limit. The 24/20 proposal would allow softball to play 24 games on 20 dates. The proposal was introduced and is now headed to region committees.

Please talk to your AD about this proposal so that they can give informed input to the committees. If approved, the proposal would likely take effect for the 2024 season.

As a new school year begins, please remember to renew your membership with the coaches association to receive all of the benefits of membership.

Thank you to everyone for all that you do to support our student-athletes. I hope you have a great start to the school year, and I look forward to sharing more information as we approach our season.

Dance team

Molly Carlson

The Minnesota Association of Dance Teams is busily preparing for its 2022-23 season, beginning with a few exciting events this fall for both coaches and athletes.

On September 24th, all Minnesota Dance Team coaches are invited to an event at Top Golf in Brooklyn Park for a coaches education and networking event. This event will take place following the MADT Fall Membership meeting. Attendees will be served lunch, and listen to a presentation by Premier Sports Psychology, focusing on coaches' mental health. The past few years have provided many extra challenges to coaches in all sports, and we want coaches to have an opportunity to talk through these challenges and network with those who have gone through similar experiences.

On October 15th, MADT will host their annual Student Dance Convention. Held at Mound Westonka High School, dancers will have the opportunity to attend active classes across many genres of dance (ballet, jazz, pom, kick, contemporary, improv and hip hop). Students will also have an opportunity to take a classroom class on a chosen topic (such as injury prevention, leadership, team culture, nutrition, confidence and strength training). At the conclusion of the convention, all attendees will have the opportunity to take a class from Hailey Willis, who is a member of Tribe 99, a nationwide leader in dance instruction and choreography. The focus of this master class will be on pom instruction. Pom is the most popular dance genre at the collegiate level, and will be beneficial for any dancers looking ahead to the college dance team.

The winter season for the competitive Dance Team will begin with choreography on October 10th, and the first team practice will be on October 24th. MADT wishes all coaches a successful 2022-23 season!

"No man steps in the same river twice"

- Heraclitus

DUGOUT CHATTER

By: Ryan Holmgren – Elk River
President MSHSBCA

Alternate Venue for 2023 Prep Championship Series

Minnesota High School Baseball has been very fortunate to end each season with the State Championship games in all classes being played at Target Field in downtown Minneapolis. The spectacle that the Twins helped create to put the final touches on another great season of high school baseball in Minnesota is not only impressive, it is also unique and fortunate. One aspect of the Prep Championship series that goes mostly unnoticed each year is the good fortune we have had with having Target Field actually available for us to use. The Twins have seamlessly and consistently been on the road during the times when our state tournaments are wrapping up and the championship games are taking place.

For the 2023 season, however, I am sad to report that our good fortune has run thin, at least for this upcoming year. The Twins 2023 schedule has them hosting a long, three opponent, 10 game homestand from June 13 – June 22 and without a day off in that entire stretch of 10 days.

Your MSHSBCA advisory board took a look at multiple options for trying to host the championship games around that long Twins homestand. Sadly, we could not come up with a viable option that would not overhaul or completely alter our regular season leading up to section playoffs. Shortening the regular season and starting section play sooner in May was looked at. Extending the state tournament and championship games into late June was looked at. Starting the season earlier in March was also looked at. With all options that were discussed, every scenario seemed to do one thing that we absolutely wanted to avoid and that was to shorten the baseball season for a majority of schools in the state in some way, shape or form.

The best option, or alternative, that was discussed was to simply move the venue for one year and hope that our good luck with the Twins schedule at Target Field would be in our favor again in 2024. With that being said, the decision was made to keep the four class State Tournament schedule the way it has been, using the same week in June while using the same timelines and venues for the first two rounds. The only change will be playing the four state championship games at CHS Field in downtown St. Paul.

This was a very difficult decision and not one I was eager to report on. However, we must be reminded of a few important details here: 1.) This is a one year decision and we have every hope and all the support needed to return to Target Field in 2024. 2.) CHS Field is a fantastic ball park and venue for us to host such an event. It is on par, if not more impressive, than the venues which host many other championship games in other states. We have simply been incredibly fortunate up to this point to have one of the best stadiums to host our championship games for the last decade. The St. Paul Saints and the CHS Field staff will do an incredible job of creating a top notch setting and environment to showcase our championship games in 2023!

New and Improved Clinic on the Horizon

As reported back in June, the first ever MSHSBCA/MnTwins Coaches Clinic will take place on **Friday, January 13th and Saturday January 14th, 2023**. The clinic will run all day Friday and all morning and afternoon on Saturday. The events will come to a close with our annual MSHSBCA Hall of Fame Banquet and Awards Ceremony on that Saturday evening, also held at Target Field.

Look for information on speakers, schedules, Hall of Fame banquet and most importantly, registration coming in late October. We will be getting information out via emails and through our webpage and social media outlets, just as we have done in the past. If you are not currently on our email data base, reach out to Tink Larson and he will add you to his list. His email is tlarson@hickorytech.net

We are extremely excited about the upgrade we have made to our annual clinic and the partnership we now have with the Twins organization. You will not want to miss this exciting opportunity and all it will have to offer.

Finally

To wrap up, as we start thinking about preparations for the new season, I'd like to remind everyone of a few rule changes coming for 2023.

This summer the NFHS passed two rules changes that will alter two of the long standing and often maligned and debated rules in our game. New for 2023 will be rules loosening and eliminating restrictions on both jewelry being worn by players and the hybrid rule for pitchers on the mound.

Both rule changes will be discussed in more depth at our annual meeting during our Clinic in January and also be covered thoroughly within our online rules meetings that are required for all coaches before the start of the season.

In closing, as a new school year has begun, we at the MSHSBCA wish you a successful and fulfilling year and season. Thank you again for everything each of you do for our great game and for your players. The standards for high school baseball in Minnesota have never been higher and you are all a very big reason for that.

OFFICIALS DISTINGUISHED SERVICE AWARD

Thomas Bracher
Dan Dornfeld
Ron Ackerman
Ann Suits

DSA-ASST COACHES

Beulah Verdell
Kirk Golberg
Rob Piersak

Swim Strokes

By: Megan Magnuson

The 2022-2023 school year promises another exciting swimming and diving season! Minnesota continually delivers on the quality of swimmers and divers competing for their local high school teams, which will again be showcased at the Class A and AA State Meets on November 16-18 at the University of Minnesota Aquatic Center. Visitation is the defending Class A champion, while Minnetonka will work to defend its title in Class AA. Last year's Class A meet also brought about two new records from Hutchinson High School in the 50 and 100 freestyle.

The MSHSCA will again host the True Team Section and State meets. This has been an extremely positive experience for participating teams. This opportunity brings us as close to a team concept as possible. Information about this year's meet can be found at http://www.pantherboosters.org/true. The True Team section meets will be held Saturday, October 15th, and the A and AA True Team State meet will be on Saturday, October 22nd, at the University of Minnesota Aquatic Center.

High school coaches play an extremely important role in the lives of young adults. From the moment they wake up, student-athletes face many challenges, opportunities, joys, and pressures when navigating their daily lives. Coaches can be that positive influence and help steer them toward a purposeful adult pathway. Your work with young people is invaluable. Thank you for choosing coaching as a part of YOUR pathway.

Likewise, supporting colleagues with a listening ear or sharing resources and knowledge is important. If possible, reach out to a new or seasoned coach. Ask how you can help. As the season presses on, be sure to take care of yourself. This job can be demanding, yet the rewards are immeasurable.

Ready or not, the 2022-23 season is upon us. Without a doubt, it will be exciting and one to remember. If you haven't had the chance to do so yet, familiarize yourself with our association website: http://mshscaswimdive.com. This is an important source of information for our members.

Thank you, coaches, for everything you do! Your work is greatly valued and respected. Good luck this season, and I look forward to seeing all of you on deck.

2022-23 SPORT ASSOCIATION CLINIC & EVENT SCHEDULE

DATE	SPORT	LOCATION
October 13, 2022	Gymnastics - shelly.eklund@district 196.org	Big Lake High School
October 7-8, 2022	Girls Hockey - morrisgang@msn.com	NSC (National Sports Center), Blaine
October 7-8, 2022	Boys Hockey - mikejmacmillian@hotmail.com	RiverCentre, St. Paul
TBD	Soccer Banquets - ajkw10@gmail.com	Roy Wilkins Auditorium
October 28, 2022	Girls Basketball - craig.geyen@monticello.k12.mn.us	University of St. Thomas
October 28-29, 2022	Boys Basketball	Minneapolis Hyatt Regency Hotel
October	Wrestling - kip.lynk@gmail.com	Online Virtual
December 2. 2022	MN High School Football All-Star Banquet	Doubletree Hotel
December 3, 2022	MN High School Football All-Star Game Showcase	U.S. Bank Stadium
TBD	Mr. Football Banquet Football - Ron Stolski - stolski@yahoo.com	Double Tree in St. Louis Park
TBD	Robotics- Alex Jurek ajurek@isd726.org	St. Cloud State (Atwood Memorial Center)
Jan. 13-14, 2023	Baseball - mark.downey@moundsviewschools.org	Omni Viking Lakes Hotel
Jan. 26-28, 2023	Track - jjosephs@isd721.org	Target Field, Minneapolis
February 4, 2023	Softball - jasonbaune@gmail.com	Target Field
March 4-5 2023	Tennis- David Wareham - dwareham67@gmail.com	Lifetime Fitness, Bloomington
TBD	MNIAAA AD Conference	Rivers Edge Convention Center, St. Cloud
TBD	Football - Ron Stolski - stolski@yahoo.com	Double Tree, St. Louis Park
April 28 & 29, 2023	Swimming and Diving - mplsswim@gmail.com	Marriott NW Mpls-Brooklyn Park
	Dance - carlsonm@westonka.k12.mn.us	TBD

Sport Association officers, email Rick Ringeisen updates for the above schedule at ringer@mshsca.org.

2022 SPRING STATE CHAMPIONSHIP TEAMS

SPORT	SCHOOL	COACH
BOYS LACROSSE		
	Benilde-St. Margaret's	Rob Horn
GIRLS LACROSSE		
	Lakeville South	Patrick Crandall
BOYS TENNIS		
Class A	St Paul Academy & Summit	Luke Elifson
Class AA	Orono	Aaron Dvorak
SOFTBALL		
Class A	Nicollet High School	Brianne Eldred
Class AA	Chatfield High School	Jerry Chase
Class AAA	Mankato West	Don Krusemark
Class AAAA	Forest Lake High School	Sean Hall
ADAPTED SOFTBALL		
CI	Burnsville/ Farmington/Lakeville	Dave Diehl
PI	Dakota United Hawks	Brett Kosidowski
GIRLS GOLF		
Class A	Legacy Christian Academy	Dan Nelson
Class AA	Lake City	Steve Randgaard
Class AAA	Alexandria Area High School	Timothy Zupfer
BOYS GOLF		
Class A	Fertile-Beltrami	Keith Pederson
Class AA	Pine Island Zumbrota Mazeppa	Mark Moran
Class AAA	Edina High School	Mike McCollow
BASEBALL		
Class A	Randolph High School	Chris Stanton
Class AA	Fairmont High School	Don Waletich
Class AAA	Benilde St. Margaret's	Andy Judkins
Class AAAA	Stillwater Area High School	Michael Parker
GIRLS TRUE TEAM TRACK		
Class A	Grand Meadow-LeRoy/Ostrander-Kingsland-Southland	Aaron Thauwald
Class AA	Rocori	Brad Bauer
Class AAA	Minnetonka	Jane Reimer-Morgan
BOYS TRUE TEAM TRACK		
Class A	Lanesboro/ Fillmore Central	Alex Aiken
Class AA	Mankato East	Nick Yenser
Class AAA	Rosemount	Jay Hatleli
GIRLS TRACK & FIELD MSHSL		
Class A	Eden Valley-Watkins/Kimball	Tyler Warren
Class AA	Monticello	Kim Nygaard
Class AAA	Rosemount	Sara Hatleli
BOYS TRACK AND FIELD MSHSL		
Class A	Nova Classical Academy	Kimberly Strand
Class AA	St. Peter High School	Keith Hanson
Class AAA	Andover High School	Eric Johnson
SYNCHRONIZED SWIMMING		
	Stillwater Area High School	Kathy Henderson

25 Year Life Members

Matt Nilsen
Phil Johnsrud
Justin Wegleitner
Amy Northrop
Shane Weibel
James Heise
Rodney Lossow
Chris Donnay
Mike Wenninger
Jason Kainz
Brian Brandt
Tom Matson
Rory Fairbanks
Diane Younggren
David Bevacqua
Paul Schmaedeke
Art Schluttner
Todd Walsh
Rob Terry
Jeff Lindlief
Pam Pioske
Ross Harvey
Matt Northrop
Jeff Kertson
Cory Haala
John Christiansen
Steven Ekman
Don Gawreluk
Tom Hart
Jeff Mace
Rich Heilman
Tony Kunka
Claud Allaire
Dan Essler
Tim Knapper
Reed Boltmann
Kenneth Thiesen
Jocelyn Hoselton
Jon Majerle
Bill Pocernich
Bernie Schumacher-Honorary

SPRING ACADEMIC AWARDS

GIRLS TRACK & FIELD

GOLD

Academy of Holy Angels
Alexandria
Andover
Austin
Bagley/Fosston Co-op
Barnesville
Becker High School
Belle Plaine
Bemidji
Bertha-Hewitt/Verndale
BGMR Freeze
Big Lake
Bloomington Jefferson
Blue Earth Area
Byron
Cambridge-Isanti
Canby/Minneota
Chatfield
Concordia Academy
Coon Rapids
Crookston
Crosby-Ironton
DeLaSalle
Detroit Lakes
Duluth Marshall
Eagan
Eagle Ridge Academy
East Grand Forks
Eastview
Eden Valley-Watkins/Kimball
Edina
Fairmont
Foley
Frazee
GMLOKS (Grand Meadow/ LeRoy-Ostrander/Kingsland/ Southland)
Hart
Holy Family Catholic High School
International Falls
Jackson County Central
Janesville- Waldorf- Pemberton
La Crescent-Hokah
Lakeville North
LCWM / Nicollet (Lake Crystal Welcome Memorial)
L- FC- MC (Lanesboro / Fillmore Central / Mabel-Canton)
Long Prairie-Grey Eagle
Mahtomedi
Mankato Loyola/Cleveland
Maple River
Math and Science Academy
Mesabi East
Milaca
Minneapolis South
Minnesota Valley Lutheran High School
Minnetonka
Minnewaska
Montevideo
Moorhead
Mound Westonka
Mounds View
Northfield
Northwest Nighthawks (Fieldhaven Academy Host School)
Osakis
Owatonna
Park Christian
Paynesville
Pelican Rapids
Pequot Lakes
Pierz
Pillager High School
Pine City
Pine Island
Plainview-Elgin-Millville
Princeton
Richfield
River Valley (Sleepy Eye HS. Sleepy Eye St Marys HS. Cedar Mt HS. Springfield HS)
Rochester Century
Rochester Lourdes
Rock Ridge (Eveleth-Gilbert HS/ Virginia HS)
Rockford
ROCORI
Rogers
Rosemount
Roseville Area
Rush City
Rushford-Peterson/Houston
Sartell St. Stephen
Sauk Rapids-Rice
Sibley East
Simley
South St. Paul
Spring Lake Park
St Cloud Apollo
St. Anthony Village
St. Croix Lutheran Academy
Stewartville High School
Tri City United
Two Harbors
United North Central (Menahga and Sebeka)
United South Central/ Alden-Conger
Kelliher
Waseca
Wayzata
West Marshall Fusion (Warren/ Alvarado/Oslo and Stephen/ Argyle)
Wheaton / Herman-Norcross
Worthington
Zimmerman
Zumbrota-Mazeppa

SILVER

Howard Lake-Waverly-Winsted
Lakeview
Royalton High School

BOYS TRACK & FIELD

GOLD

Alexandria
Andover
Annandale HS
Bagley/Fosston Co-op
Belle Plaine
Bemidji
Big Lake
Brainerd
Buffalo
Buffalo
Byron
Cambridge-Isanti
Canby/Minneota
Chatfield
Concordia Academy
DeLaSalle
Detroit Lakes
Duluth Marshall
Eagle Ridge Academy
East Grand Forks
Eastview
Eden Valley - Watkins/ Kimball
Edina
Faribault
Holy Family Catholic High School
Howard Lake-Waverly-Winsted
Hutchinson
Janesville -Waldorf -Pemberton
La Crescent-Hokah
Lakeville North
Lakeville South
LCWM / Nicollet (Lake Crystal Welcome Memorial)
L-FC- MC (Lanesboro / Fillmore Central / Mabel-Canton)
Mankato East
Mankato Loyola/Cleveland
Maple River
Math and Science Academy
Mesabi East
Minneapolis South
Minnewaska
Montevideo
Monticello
Moorhead
Mound Westonka
Mounds View
New Prague
Northfield
Northwest Nighthawks (Fieldhaven Academy host school)
Osakis
Owatonna
Park Christian
Pequot Lakes
Pillager High School
Pine City
Pine Island
Plainview-Elgin-Millville
Princeton
Proctor
Richfield
River Valley (Sleepy Eye HS. Sleepy Eye St Marys HS. Cedar Mt HS. Springfield HS)
Rochester Century
Rochester Lourdes
Rochester Mayo
Rock Ridge (Eveleth-Gilbert HS/ Virginia HS)
Rockford
ROCORI
Rogers
Royalton
Rushford-Peterson/Houston
Sauk Rapids-Rice
Simley
Spring Lake Park
St. Anthony Village
St. Charles
West Marshall Fusion (Warren/ Alvarado/Oslo and Stephen/ Argyle)
Worthington
Zimmerman
Zumbrota-Mazeppa

SILVER

Academy of Holy Angels
Austin
Blue Earth Area
Crosby-Ironton
Dilworth-Glyndon-Felton
Fairmont
Foley
Grand Rapids
Jackson County Central
Milaca
Minnesota Valley Lutheran High School
Northome/Kelliher/Blackduck
Pelican Rapids
Pierz
St Cloud Apollo
Tri-City United
Two Harbors
United North Central (Menahga and Sebeka)
Waseca
Wheaton / Herman-Norcross

We have been experiencing some issues with our Vendor for Academic awards (Plaques & Gold/Silver Plates) There has been a turn over in the business ownership/management and some supply chain issues. This has caused some delays in receiving the Awards. Additionally, If your Sports Association does not send us the Academic Award requests in a timely manner there will be a delay. If you have any questions regarding the Academic Awards please email jringeisen@mshsca.org

2021-2022 MINNESOTA ASSISTANT COACH OF THE YEAR

Sport	Assistant Coach of the Year	School
GIRLS SOCCER		
Class AA	Abigail Welle	Totino - Grace
BOYS SOCCER		
Class A	Robb Richter	Holy Family Catholic
CROSS COUNTRY		
Class A	Kari Miest	St. James High School
Class AA	Anton Kortenkamp	Monticello High School
Class AAA	Jaime Yaeck	Minneapolis Southwest
FOOTBALL		
Overall Head	Matt Myrvik	Minneota High School
VOLLEYBALL		
Class A	Dana Peterson	Minneota
Class AA	Jenna Anderson	Pequot Lakes
Class AAA	Alex Boddy	Marshall
Class AAAA	Amber Fugleberg	Moorhead High School
GIRLS TENNIS		
Class A	Jeff Adams	Pine City High School
Class AA	Trevor Marohl	St Cloud Tech/Crush
BOYS ALPINE SKIING		
No ACOY this year		
GIRLS ALPINE SKIING		
No ACOY this year		
BOYS NORDIC SKIING		
No ACOY this year		
GIRLS NORDIC SKIING		
No ACOY this year		
GYMNASTICS		
Class A	Deb Hangartner	Watertown-Mayer/ Mound Westonka
Class AA	Doug Amundsen	New Prague High School
GIRLS HOCKEY		
Class A	James E.Kurtz	Mound Westonka
Class AA	Bob Sherry	Burnsville High School
DANCE		
Class A	Madisyn Zahm	St. Cloud Cathedral
Class AA	Meghan Eder	Orono
Class AAA	Annie Lindberg	Wayzata
BOYS SWIMMING & DIVING		
	John Tegg	Farmington
	Scott Diercks	Rochester Mayo High School
GIRLS BASKETBALL		
Class A	Ryan Snyder	Hancock
Class AA	Jess Price	Fergus Falls High School
Class AAA	Sarah Severns	Totino-Grace High School
Class AAAA	Dave Ashley	White Bear Lake
BOYS HOCKEY		
Clas A	Steve Houge	St. Paul Johnson
Class AA	Brett Barta	Andover High School
BOYS BASKETBALL		
	Alan Lochner	Spring Grove High Schools
	Troy Sergent	Lakeville South
	Stephen Tlougan	Shakopee
	Patrick Webb	Owatonna High School
WRESTLING		
No ACOY selected		
ROBOTICS		
No ACOY selected		
BOYS TENNIS		
Class A	Chad Quelle	Minnewaska Area
Class AA	Jeff Fedor	Blaine High School
SOFTBALL		
Class A	Bill Herr	Nicollet High School
Class AAA	Dianne Jons	Mankato West
Class AAAA	Mark Bayers	Forest Lake High School
GIRLS GOLF		
No ACOY selected this year		
BOYS GOLF		
No ACOY selected this year		
BASEBALL		
Class A	Dwight Walvatne	Ashby
Class AA	Grant Johnson	Albany High School
Class AAAA	Collin Bender	Edina
TRACK & FIELD		
Class A	Kelly S. Moeller	Lake Crystal Wellcome Memorial
Class AA	Jim Haney	Albert Lea High School
Class AAA	Addy Hallen	Wayzata
ADAPTIVE PI		
	Doug Wattson	Eastview
ADAPTIVE CI		
	Jim Schultz	Blazing Cats Soccer
SYNCHRONIZED SWIMMING		
	Emily Heckman	Edina High School

2021-2022 MINNESOTA COACH OF THE YEAR

Sport	Coach of the Year	School
GIRLS SOCCER		
Class A	Sarah Groven	Rochester Lourdes
Class AA	Joan Johnson	St. Francis High School
Class AAA	Katie Aafedt	Edina
BOYS SOCCER		
Class A	Ted Hill	Minnewaska Area
Class AA	Jeffrey Winter	Wilmar High School
Class AAA	Joseph Quintavalle	Woodbury
GIRLS CROSS COUNTRY		
Class A	Jennifer Johnsrud	Minnewaska
Class AA	Trish Reimer Kealy	Becker
Class AAA	Coach Saad	Prior Lake High School
BOYS CROSS COUNTRY		
Class A	Kirk Swanson	Northwest Nighthawks
Class AA	Todd Trutna	Big Lake
Class AAA	Jeff Renlund	Minnetonka
GIRLS SWIMMING & DIVING		
Class A	Rory Fairbanks	Hutchinson
Class AA	John Bradley	Minnetonka
FOOTBALL		
9 Man	Trevor Carrier	LeRoy Ostrander
1A	Dean Aurich	Mayer Lutheran H.S.
2A	Jeff Johnson	Chatfield
3A	Ryan Weinandt	Dassel-Cokato
4A	Joel Swanson	Kasson-Mantorville
5A	JJ Helget	Mankato West
6A	Ben Burk	Lakeville South
Overall Head	Andrew Rostberg	Hutchinson
VOLLEYBALL		
Class A	Rolly Rudzitis	Legacy Christain Academy
Class AA	Kathleen Rustad	Hawley
Class AAA	Dan Westby	Marshall
Class AAAA	Scott Jackson	Wayzata
GIRLS TENNIS		
Class A	Kristin Unverzagt	Pine City High School
Class AA	Dan Haertl	Maple Grove High School
BOYS ALPINE SKIING		
	Nate Springer	Eden Prairie
GIRLS ALPINE SKIING		
	Don Shipp	Hill-Murray
BOYS NORDIC SKIING		
No COY this year		
GIRLS NORDIC SKIING		
No COY this year		
GYMNASTICS		
Class A	Lanny Goldsmith	Big Lake
Class AA	Joel Stark-Haws	Saint Cloud Tech
GIRLS HOCKEY		
Class A	Sean Fish	Orono
Class AA	Tim Morris	Lakeville South H.S.
DANCE		
Class A	Marissa Haakonson	St. Cloud Cathedral
Class AA	Tiffany Sandhurst	New Prague
Class AAA	Jenny Raiche	Eastview High School
BOYS SWIMMING & DIVING		
Class A	Co-Head Michelle Carlson	Breck/Blake
Class A	Co-Head Brian Wright	Breck/Blake
Class AA	John Zemke	Brainerd
GIRLS BASKETBALL		
Class A	Tony Thielke	Hancock
Class AA	Josh Steer	Fergus Falls High School
Class AAA	Mary Dengerud	Totino-Grace High School
Class AAAA	Jeremy Post	White Bear Lake
BOYS HOCKEY		
Class AA	Todd Bergland	Maple Grove Crimson
BOYS BASKETBALL		
Class A	Christopher Anderson	Belgrade-Brooten-Elrosa
Class AA	Skip Dolan	Annandale Public School
Class AAA	Willie R. Braziel	Columbia Heights High
Class AAAA	James Ware	Park Center
WRESTLING		
Class A	Nate Hanson	Jackson County Central
ROBOTICS		
No coach selected		
BOYS LACROSSE		
	Mitchell Grengs	Farmington High School
GIRLS LACROSSE		
	Rachel Panner	Chanhassen High School
BOYS TENNIS		
Class A	Tara Reichmann	Minnewaska Area HS
Class AA	Hokan Bengtson	Becker High School
SOFTBALL		
Class A	Brianne Eldred	Nicollet High School
Class AA	Jerry Chase	Chatfield
Class AAA	Don Krusemark	Mankato West
Class AAAA	Sean Hall	Forest Lake High School

2021-2022 MINNESOTA COACH OF THE YEAR

GIRLS GOLF

Class A	Dan Nelson	Legacy Christian Academy
Class AA	Steve Randgaard	Lake City
Class AAA	Timothy Zupfer	Alexandria

BOYS GOLF

Class A	Keith Pederson	Fertile-Beltrami
Class AA	Mark Moran	Pine Island Zumbrota Mazeppa
Class AAA	Mike McCollow	Edina High School

BASEBALL

Class A	Chris Stanton	Randolph High School
Class AA	Don Waletich	Fairmont High School
Class AAA	Andy Judkins	Benilde St. Margaret's
Class AAAA	Michael Parker	Stillwater

GIRLS TRACK & FIELD

Class A	Tyler Warren	Eden Valley-Watkins/ Kimball
Class AA	Charro Coleman	Byron
Class AAA	Kris Allen	Rochester Century

BOYS TRACK & FIELD

Class A	Alex Aiken	Lanesboro/Fillmore Central/Mabel Canton
Class AA	Dave Wieber	Faribault High School
Class AAA	Kevin Stelter	Owatonna High School

ADAPTIVE PI

	Brett Sadek	Dakota United Floor Hockey

ADAPTIVE CI

	Dave Diehl	Blazing Cats Softball

SYNCHRONIZED SWIMMING

	Carla Steffen	Edina High School

HALL OF FAME BANQUET JUST AROUND THE CORNER

Bernie Schumacher-HOF Coordinator

Dear Members;

The MSHSCA Hall of Fame Banquet is scheduled for October. 8, 2022 from 4:30pm-9:30pm at the Sheraton Mpls West-Ridgedale.

The banquet is a special night where coaches and officials across the state can recognize those who have given many years of their time, have been successful in bringing home State Titles to their schools, increased recognition of their sport, and been an active member of the MSHSCA throughout the years. We are grateful for these individuals.

At our banquets each year, HOF individuals are inducted, along with a George Haun Award, Steve Kerzie Award, awards for DSA-Officials and DSA-Asst. Coaches. 25 Year Members are recognized along with Championship Coaches, Coaches of the Year and Assistant Coaches of the Year. We look forward to a full capacity crowd again this year.

The 2022 HOF individuals and special award winners to be honored this year include: HOF Inductee: Skip Dolan Annandale Public School, Les Zellmann St. James, Don Krusemark Mankato West, Shelly Eklund Eagen High School and Bill Gottenborg Hawley. Receiving the George Haun Award is Carl Pierson Waconia High School. The Steve Kerzie award goes to Thomas Sharp of Eastview. DSA-Officials being honored this year include: Thomas Bracher of Chaska, Dan Dornfeld of Lakeville, Ron Ackerman of Fridley and Ann Suits of Robbinsdale. DSA-Assistant Coach awards will go to: Beulah Verdell Minneapolis North, Kirk Goldberg of Lakeville South and Rob Piersak Mounds View. It is a great night where we all get to come together to support and recognize a dedicated, hardworking group of individuals.

Please mark October. 8th on your calendar and come support your fellow coaches. Bio information on those to be inducted into HOF, receiving the Haun and Kerzie awards are listed in this publication. The banquet is open to all coaches, family members, friends, and past athletes. Tickets can be purchased through the award winners, and also by contacting Bernie Schumacher at bschumacher@mshsca.org or call 218-255-2862. Tickets are $45.00 each. Deadline date for reservations is September 20th, 2022.

If you have any questions, please feel free to contact me.

Bernie Schumacher-HOF Coordinator

bschumacher@mshsca.org

16332 Deer View Road Park Rapids, MN 56470

HALL O

SKIP DOLAN

Skip Dolan graduated from Renville High School in 1974. He was a 13-time letter winner in football, basketball, and baseball. He was a seven-time all-conference player, five-time MVP, and Minneapolis Star Tribune All-State. His basketball team never lost a conference game during his high school years. He played in two state boys' basketball tournaments and was a member of the 1000 point club. Skip graduated from Bemidji State University in 1978, playing basketball and baseball. His teaching and coaching career started in Mentor, Minnesota, from 1978 to 1981, where in three years, he transformed a program from a team that won only two games in four years to a team that made it to the section finals. He then moved to Annandale, Minnesota, where Skip and his wife, Cathy, accepted teaching positions in 1981. They retired in 2012.

Skip has dedicated 44 years to coaching as he has coached close to 90 seasons at the varsity level as either head coach or offensive coordinator. He has been the head coach for girls basketball, football, girls softball, and boys basketball. Skip coached girls' basketball for four years, winning the conference championship for three of those years. Even though he loved coaching the girls' basketball team, he accepted the boys' assistant basketball coach position.

Another sport Skip coached was football. He started out as the offensive coordinator and then became the head football coach for three years, winning one Wright County Conference Championship. During this time, he was the head coach for football, basketball, and softball and felt the need to take a step back and be the head coach of two sports.

During his 31 years as head girls' softball coach, Skip won multiple girls' conference championships. He was the first in Annandale's history to take a team to a state tournament. He then took them to the state tournament five more times for a total of six state tournaments. He was selected six times for Section Coach of the Year and multiple times for Conference Coach of the Year. In 31 seasons as head coach, he had 29 seasons above .500.

Skip has devoted 44 years to coaching varsity basketball, 40 of which were to boys' basketball. He has won an abundance of Wright County Championships. He led Annandale to their first-ever boys' basketball state tournament in 2004. His teams have gone to eight state tournaments, with five being consecutive, which is a rarity. They made Annandale basketball history when they became State Tournament Champions in 2021-2022. He is a seven-time Section Coach of the Year, two-time Class AA Coach of the Year, and honored State Championship Coach of the Year.

Skip has been honored with three Hall of Fames. These honors include Annandale Hall of Fame, MSHSCA Hall of Fame, and the MBCA Hall of Fame. As much as he appreciates these honors, he believes that it is not about winning but about the connections he makes and the lives he has influenced.

SHELLY EKLUND

Shelly Eklund graduated from Centennial High School in Circle Pines in 1982. Sports, especially gymnastics, have always been a huge part of her life and she knew at a young age she wanted to be a teacher and coach. Throughout her High School career, she participated in swimming and diving, gymnastics, and track. She even did one year of dance line. Gymnastics was her favorite. She loved the sport. She started coaching gymnastics in 1978 through the Summer Recreation program at Centennial and is still coaching today. Shelly continued her education at Gustavus Adolphus College and participated on the gymnastics team, and focused on a degree in teaching and coaching. Professor and Coach Nancy Baker was an amazing advisor, mentor, and gymnastics coach. In her four years at Gustavus, she taught her so much about what makes an amazing teacher and coach. The values and lesson learned at Gustavus are what has made a huge impact on how she teaches, coaches, and works hard to impact each student and athlete she works with. Shelly graduated from Gustavus in 1986.

Shelly started her teaching and coaching career in Worthington, MN, at Worthington High School in the Fall of 1986. In her 22-year stint at Worthington High School she coached gymnastics, track, and fast pitch softball, a sport she never played, but they wanted to start a program there, so they talked her into coaching. Their first season, they went 0-8, losing one game 0-43 but before she handed the program over to someone who had more softball expertise than she, her team did win the Conference Championship the last season she was the Head Softball Coach.

Shelly's passion was coaching gymnastics. She wanted to share her love for the sport, so she put her heart and soul into it. While in Worthington, she coached the High School program and ran the Community Education Gymnastic program and a feeder program through Midwest Amateur Gymnastic Association. Sharing her love for the sport and guiding other young people to love the sport was always her main goal. Winning was fun too! While in Worthington, Shelly led her gymnastic team to 3 Conference Titles, 5 Mn State High School appearances, and had at least one state competitor every year since 1989. She had three gymnasts from Worthington place in the top 6 at State while she was there.

In 2006, Shelly adopted her daughter Jaeleigh from China and decided she wanted to be closer to home and family. In 2008, she was offered a teaching and gymnastic coaching job at Eagan

F FAME

High School, where she is in her 15th year and the 37th year of her teaching and coaching career. At Eagan, her gymnastic team has won the Conference Title twice, and her team made history in 2021 for Eagan High School by being the first gymnastic team ever to make it to the State Tournament. They finished 4th at the State Meet that year. Shelly has also had numerous Eagan gymnasts compete at the State Gymnastic Meet and many have finished in the top 6 on the medal stand.

Shelly has been a member of the Gymnastics Coaches Association for the past 37 years. She has been the Secretary/Treasurer since 1992, on the Advisory Board and Clinic Planning committee. Shelly was inducted into the MN Girls Gymnastics Hall of Fame in 2003 and Worthington High School Hall of Fame in 2013. She has been Section 3A Coach of the year five times, Section 3AA Coach of the year three times, and the MGGCA State Gymnastic Coach of the year 5 times.

Shelly's main focus as a teacher and coach is to instill in each of her athletes the tools they need to be successful in life, to be positive role models, determined, confident young people with great work ethics while striving to be the best person they can be both in sport and outside of sport.

BILL GOTTENBORG

Bill grew up in Audubon, MN. He graduated in 1977. He attended NDSU and MSUM Moorhead, where he graduated in 1982 with a B.S. degree in Science Education and Coaching. In 2004 he earned a Masters's in Education Administration.

Bill married his wife Cheryl on August 7, 1982. That fall he took a teaching and coaching job in Stephen, MN, for two years. They then moved to Hawley, where they were both employed by Hawley Public Schools. For the last 38 years, he has taught and coached in Hawley, MN.

Bill is beginning his 41st year of teaching. During his tenure, he has sincerely enjoyed every aspect of teaching 8th grade Earth Science and 11th and 12th grade Anatomy and Physiology. Bill is the head girls' basketball coach and Hawley Community Education Director.

In the classroom, Bill likes to utilize hands-on learning in the lab while challenging the students with problem-solving projects. Bill was voted by his peers as Hawley Outstanding Educator twice in 2016 and 1995.

As Community Education Director, Bill takes pride in organizing the Summer Recreation program for the participants to enjoy. He likes the challenge of hiring workers who will do their best.

As Head Girls Basketball coach, Bill likes practices the most. He stresses to play hard, smart, together, and have fun.

Bill and Cheryl are blessed with three wonderful children: Breanne, 39, Andrew, 37, and Kaitlynn, 34. They also are very proud of their seven grandchildren: Jovie, Sienna, Henley, Willow, Otto, Ike, and Crew, who range in age from 1 to 12.

Sports have been a big part of his life. In high school, Bill played basketball, football, and track. In 1976 the Audubon football team got 2nd in the nine-man State Tournament. Bill has coached baseball, football, track, and basketball.

Bill notes in the dictionary that one definition of a coach is "a wagon pulled by horses." He is quick to comment that the success of his teams over the years is due to the hard-working and dedicated players who are the horses. Some coaching highlights in basketball include seven state tournament appearances finishing runner-up in 2003 and 2004. In 2002 the team finished 3rd place. The Nuggets also have 11 Heart O' Lakes Conference Championships. In 1989 the Hawley Ulen Hitterdal track team was State Champions.

Coaching awards include being inducted into the Minnesota Girls Basketball Coaches Hall of Fame in 2010. He was a National High School Athletic Coaches Association finalist in 2015. Bill has been named State Girls Basketball Class AA Coach of the year three times in 2003, 2004, and 2009. He was named Girls Basketball Section Coach of the Year seven times 1990, 2000, 2005, 2007, 2010, 2012, and 2015.

Bill served as President of the Minnesota Girls Basketball Coaches Association from 2008-2009. He is the Section 8AA girls basketball representative and co-director of the MGBCA Fall Girls Basketball Clinic. He has coached basketball for 40 years.

Bill had the privilege of coaching the Class 2 A Minnesota Girls Basketball All-Star series in 2016 and 2005. He said it was fun and quite an honor to coach the best senior players in the State.

In 2013 Bill became Huddle coach for the Fellowship of Christian Athletes in Hawley.

Bill enjoys riding bike with his wife, camping, playing with his grandchildren, and working on his hobby farm growing apples, pumpkins, and chickens.

In 2018 Bill and Cheryl established a wedding venue at their home, "The Barn at Green Garden Farm." He said that preparing for a wedding is like getting ready for a graduation every weekend.

Bill's favorite saying is John Wooden's definition of success. Success is the self-satisfaction in knowing you did your best to become the best you are capable of becoming. Bill also likes the bible verse "I can do all things through Christ who strengthens me" Philippians 4:13.

HALL O

DON KRUSEMARK

Don Krusemark and his identical twin brother David were born in May 1956 in Blue Earth, MN, to Ruth and Leslie Krusemark. Don graduated from Blue Earth High School in 1974. There, he was involved in football, baseball, and wrestling. Don participated in the state football tournament in 1972, the state baseball tournament in 1973, and the state wrestling tournament in 1974. He was a 2x South Central Conference wrestling champion, 2x District 5 champion, and 1x Section 2 champion. The 1974 Buccaneer wrestling team finished 3rd in the state in a one-class system. While in high school, Don was voted Most Valuable Athlete in 1974, along with his twin brother David. Don was a three-sport captain, including football, wrestling, and baseball.

After high school, Don attended Rochester Community College and earned an Associate Degree in 1976. He continued his studies at Indiana State University (ISU) and earned his Bachelor's Degree in Physical Education and Health Education. He obtained his Master of Science in Health Education from Winona State in 1987.

In college, Don was a 2x state junior college champion, junior college Regional champion, and 2x NJCAA qualifier. At Indiana State University, he shared the Indiana State University "Athlete of the Year" Award with NBA legend Larry Bird. Don was named a captain his senior year at ISU and the "Maurice Bosstick Award" winner, deeming him the most valuable wrestler as a senior! He was a Ball State and Indiana State tournament champion and runner-up at the Cleveland State and Michigan State Invitationals. Don's combined college record was 84-28.

After college, Don continued training at Winona, and in 1981, he was the United States Wrestling Federation State Champion for the Winona Wrestling Club. He was a five-time Minnesota State Senior Open Champion and a three-time State Senior Team champion. One of Don's biggest matches was in 1980 when he defeated 1972 Olympian Gary Neist 8-2. Don also added tournament titles twice at the Rochester Community College Open and the Forest Lake Open.

Don began teaching and coaching at Amboy-Good Thunder High School in 1978. He taught health, physical education, and driver's education and was an assistant football coach and the head wrestling coach. In March 1979, under Don's coaching, Amboy-Good Thunder wrestling qualified their first-ever wrestler to the state tournament.

After one year at Amboy-Good Thunder high school, Don and his wife, Beth, moved to Byron where he taught health and physical education from 1979-1987. In addition to his teaching duties, Don coached varsity football and was the head wrestling and softball coach. In Don's final two years, Byron wrestling lost only one dual meet each year for a combined record of 22-2. Both losses were to perennial power, Goodhue.

In 1987, Don and his family moved to Mankato and replaced the legendary Luverne Klar, at Mankato West High School. In addition to his wrestling duties, Don was a football coach from 1987-1995 (head coach 1989-1993,) the varsity assistant baseball coach from 1989-2000, and the head softball coach (24 years and still counting.) Don recently retired after 35 years of teaching at Mankato West and 44 years overall.

His 2000 Mankato West wrestling team was crowned Section 2AA champions. He was named District 3 Coach of the Year in 1986 and Section 2 Coach of the Year in 1994 and 2000. Don coached two state champions, five state finalists, and numerous state place winners and entrants. Several former wrestlers competed at the collegiate level, with two earning All-American honors. Don's high school coaching record stands at 415-286-3. He retired from coaching wrestling in 2011, and his record was 15th all-time in Minnesota (now 25th.) Don was inducted into the Minnesota Wrestling "David Bartelma" Hall of Fame in 2021 and the National Wrestling Hall of Fame in Stillwater, Oklahoma, in 2022! In addition, Don was inducted into the "Mankato Area Softball" Hall of Fame in 2011.

Don's wrestling journey was greatly influenced by four "Hall of Fame" coaches. First, Dick Maher (Blue Earth) was instrumental in introducing the sport to Don. In fifth grade, Coach Maher had the Krusemark twins wrestle in a junior high meet; the rest is history. Don was hooked on the sport, not just for a day or season, but for a lifetime. The second "Hall of Fame" coach was John Philo (Rochester Community College.) Coach Philo showed Don how to be a college wrestler and how to elevate his game as he transitioned from a high school wrestler to a college athlete. The final two "Hall of Fame" coaches that greatly influenced Don's wrestling career were Fran McCann (Indiana State) and Jim Tannehill (Indiana State). Coach McCann allowed Don to realize a dream. His dream was to wrestle Division I and compete against the best programs in the nation. Their influence and guidance were instrumental in Don's wrestling and coaching career.

As previously mentioned, Don has coached many other sports, including football (17 years,) baseball (12 years,) and softball (24 years.) Don's softball teams have participated in four state finals with two State Championships in 2016 and 2022. Don has been named Big Nine Softball "Coach of the Year" eight times, Section "Coach of the Year" six times, and State Softball "Coach of the Year" two times. Don has coached in five Minnesota "All-Star" series and also coached in the Minnesota-Wisconsin "All-Star Classic" in 2018.

F FAME

Don gave back to the sport of wrestling in other ways also. He helped as the Section Seeding Manager from 2012-2017. He served as the Minnesota Wrestling Coaches Association Section Representative from 1999-2009. He was on the Administrative Region 2AA Advisory Committee and the MSHSL Advisory Board. He worked the floor of the MSHSL State Tournament and helped with live-stream announcing.

Wrestling is truly a family affair, and Don's family is no different. Some of his proudest moments were getting to coach his son, Brady, and having his three daughters, Brittany, Chelsey, and Mariah, a part of the program as managers and statisticians. In addition to running her own daycare business, Don's wife, Beth, did everything from sewing singlets to singing the national anthem at home meets and tournaments. Beth was the rock that kept the family functioning while being a single parent throughout the winter months. All four of their children are teachers, with Brady at Mankato West, Brittany at Kennedy Elementary in Mankato, Chelsey in Mounds View, and Mariah in St. James.

Don and Beth boast nine grandchildren: Brady (Kristin) Ben, Anna, Isaac; Brittany (Chris) Connor, Grayson, Holden, Lincoln; Chelsey (Nate) Noah, Olive.

LES ZELLMANN

Les Zellmann graduated from Belle Plaine High School in 1973, where he ran cross country and played basketball and baseball. He continued his education and graduated from Mankato State University (MSU-Mankato) in 1977.

Les began his career as a professional educator in 1977 at Sioux Valley High School (today part of Jackson County Central), where he taught social studies, driver's education and served as head boys basketball coach and baseball coach. He is in his 46th year as an educator. He has served the St. James district as the Activities Administrator since 1994 and continues teaching in the classroom as needed.

In 1979, Les took a teaching position at St. James High School. It was expected to be a short stint, but it has become a lifetime career. At St. James early in his career, Les coached boys basketball for six years, with three years as the head coach and two years as an assistant football coach. It was in 1980 that he was asked to be the head coach for boy's tennis due to the program not having a head coach. He agreed to take on the boy's tennis coaching position but was expecting coaching tennis to be a short-term duty with the hope of coaching baseball. Les has been coaching tennis since this point. In addition, Les has served as the head coach of the girl's tennis program (since 1984). He has become a solid player on his own, and he still enjoys playing tennis on a regular basis.

What started as a one-year experience has evolved into a career of mentoring kids to learn and play the game of tennis. Les is the most senior high school tennis coach in Minnesota, serving as a head tennis coach since 1980. Considering boys' and girls' tennis, he has coached 82 seasons as a head tennis coach. In his tenure, his teams have compiled 1121 wins, a record for a varsity tennis coach in Minnesota. This includes 648 with the girl's program and 473 with the boy's program. He has been section coach of the year six times and state coach of the year four times - 1998, 2005, 2011, and 2016. His teams have participated in 28 section championships and 15 state tournaments. In addition, many individual entries have competed in state individual state tournaments. He has served four terms as President of the MN Tennis Coaches Association, Tennis Advisory, and as a member of the Executive Committee

In addition, Les has served the MNIAAA (State ADs) as an executive board member (2003-2007) and as president (2006-07). He served as a member of the MSHSL Board of Directors (2007-11) and as President of the MSHSL (2010-11).

Les reflects - " my career has been a great fortune of working with many good people. Coaching tennis has turned out to have been a tremendous opportunity for me. It has been a career of great relationships and memories. I have been extremely fortunate. "

"If you're bored with life - you don't get up every morning with a burning desire to do things -- you don't have enough goals."

- Lou Holtz

HALL O

GEORGE HAHN AWARD

CARL PIERSON

Carl Pierson began his coaching career as a junior in high school, coaching 5th and 6th grade boys basketball in his hometown of Mitchell, SD. Even while being part of the 1994 Class AA State Championship Boys Basketball team, Pierson found the time to coach an 8th grade traveling basketball team during his senior season.

Carl's coaching career did not pause during his college days. He coached 7th, 9th, and was an assistant varsity football coach at Aberdeen Central High School (SD). He guided the Golden Eagles 9th grade boys basketball team for two seasons while playing baseball for the Northern State University Wolves.

Pierson's summers were spent back home in Mitchell, coaching two seasons of VFW and then two seasons of Legion baseball.

Graduation from NSU led Pierson to his first full-time teaching position at Red Wing High School. In his first year, he served as an assistant football coach, the 9th grade girls' basketball coach, and the 9th grade baseball coach. In his second year, he was promoted to head varsity girl's basketball coach. While he continued to coach football and baseball, his role leading the Wingers would be the start of a 17 year run as a head girls basketball coach.

Pierson led the Chisago Lakes Wildcats girls for one season before spending five years at Champlin Park and guiding the Rebels to their 2nd state tournament appearance in school history. The final eights years of Pierson's coaching career were in Waconia where he helped the Wildcats win three conference championships and set numerous state and national records during a two year run where the team implemented a fast paced style of play that was dubbed "Fun and Gun".

Carl also contributed to the coaching profession off the court, authoring "The Politics of Coaching: A Guide to Keep Coaches from Getting Burned" in 2011. The book has sold over 7,000 copies in the decade since its publication. In November of 2021, "The Other Side of Glory: A Team's Quest for High School Girls Basketball History" was published by Triumph Books. It tells the story of the Waconia Wildcat girls basketball team overcoming multiple challenges and setbacks to reach the state tournament for the first time in school history.

Coach Pierson had over 40 players continue their basketball careers at the college level. He served as the Minnesota Girls Basketball Coaches Association President in 2015-2016. He then served the MGBCA as Executive Director for several years before stepping down in the spring of 2022 to focus on his fight with stage 4 esophageal cancer.

F FAME

STEVE KERZIE AWARD

THOMAS SHARP

Thomas Sharp started his passion for Cross Country and Track & Field as an athlete at Roosevelt High in South Minneapolis and the University of Wisconsin before an injury ended his competitive running career. Having been raised in a household where service to others was an important family principle, Thomas made a career change to education in 1997. He began teaching Science at Eastview High School. Coach Sharp was hired as the Assistant Men's Cross-Country Coach in 2000 and moved into the Head Coach position in 2002. Also, in 2002, he became an Assistant Coach in Men's Track & Field overseeing the distance runners. In 2013, Thomas moved into the Head Men's Track Coach, continuing in both roles. Coach Sharp continues to run himself daily and participates in road races throughout the year. In 2019, he started running marathons as part of a duo team, pushing physically or cognitively disabled rider-athletes in a racing stroller to promote inclusion and bring the joy of running to those who need assistance.

As an extension of his closely held principle of service and giving back to the community, Thomas held the position of Vice President, President, and Past President of the Cross-Country Coaches Association from 2010 – 2016. After serving in these positions Coach Sharp continued with the CC Association as a member of the CC Advisory Board, Website Coordinator, and Coordinator of the annual Clinic. He was also asked by former Executive Director John Erickson to serve as the Section 3AA representative and the Coaches Association representative on the MSHSL Sprots Medicine Advisory Committee, positions he still serves in today. When Rick Ringeisen was appointed Executive Director of the MSHSCA, he asked Thomas to serve on the Executive Board as the Class AA Finance representative, which he accepted and continues to perform.

Coach Sharp is most proud of his athletes. In his career as a head coach in both CC and Track, he has coached 38 state qualifiers, 6 relay qualifiers, 36 All-State athletes, 44 Academic All-State athletes, 4 State Champions, 1 National Champion, 81 All-Conference Athletes, and 81 All-Conference Honorable Mention Athletes. His teams have earned 1 Conference Championship, 3 Section Championships and both CC and Track have always earned the MSHSCA Team Gold Academic standard.

Volunteering in the community is a component not only in his personal life, but also for his teams. The Eastview CC and Track programs annually participate in a highway clean-up program, fundraise for 360 communities to assist struggling families in the community and work with the Apple Valley Senior Center for the Eastview Track Annual Spring Clean. They will also perform one-time community projects and, in the past, have rebuilt a playground for a Women's Shelter and numerous single-day projects for members of the local area. Coach Sharp models this volunteer service with different personal commitments such as providing hospice care, cooking for homeless/struggling families, serving with Twin Cities Food Justice, and coordinating or assisting in many projects for Special Olympics MN.

SIX NAMED FOR INDUCTION TO MBCA HALL OF FAME

The Minnesota Basketball Coaches Association has named six men who will be inducted into the MBCA Hall of Fame on October 29th. The purpose of the MBCA Hall of Fame is to give special recognition to the people of Minnesota who have made significant contributions to promote high school basketball in the state via their achievements and service.

The 2022 inductees are:

- Dave Cresap – Perham
- Dick Ghizoni – St. Agnes, Hill-Murray, Mpls. Southwest
- Grant Guzy – Spring Lake Park, Columbia Heights
- Pete Petrich – Red Wing
- Vern Simmons – St. Paul Johnson
- Jeff Wall – Anoka, Maranatha Christian Academy, Mpls. Patrick Henry, Irondale

The induction ceremonies will be held at the MBCA Hall of Fame Luncheon on Saturday, October 29, 2:00 p.m., at the Hyatt Regency Hotel in Minneapolis. Ticket information is available on the MBCA website: http://www.mshsca.org/boysbasketball

Dave Cresap began his coaching career at Upham, North Dakota. After seven years at Upham, he moved to Walhalla, ND. In 1995, after ten years coaching in North Dakota, Dave moved back across the border and began his Minnesota coaching career as the Head Basketball Coach at Perham High School. During the course of his 27 seasons at the helm of the Perham program he has led the Yellowjackets to ten Heart O'Lakes Conference crowns and five Section titles with State Tournament Appearances including a 2010-11 State Class AA Championship. The 2011-12 Jackets finished third in the State Tournament and the 2018-19 squad was 28-0 heading into the Section Finals when the season ended due to the pandemic. Dave is a member of the 600 Wins Club with an overall mark of 644-293. Coach Cresap has been recognized by his peers as Section Coach of the Year seven times and Minnesota Class AA State Coach of the Year in 2011 and 2019. He also received Max Sports National Coach of the Year honors in 2011. Dave is a lifetime MSHSCA member and coached in the MBCA All Star Series. His coaching career off the hardwood includes 10 years as Assistant Coach of the Perham girls' tennis program- earning State Assistant Coach of the Year honors in 2017.

Dick Ghizoni's coaching career spanned 33 years- starting at St. Agnes in 1979. Assuming the reins of a 1-18 team from the year before, Coach Ghizoni quickly turned things around and from 1984-2001, the Aggies were consistently a top 10 small school program. Under his tutelage and leadership St. Agnes cagers won four conference titles, two Section titles, and the 1994 Class A State Championship. Dick served as the Head Coach at Mpls. Southwest for three seasons before finishing his career at the helm of the Hill-Murray basketball program leading them to a 2011 Metro East title. Ghizoni was recognized by his peers with multiple Conference Coach of the Year honors, including 2005 Mpls. City Conference COY, and being named Section Coach of the Year six times. He is a member of the 400 wins club with an overall mark of 450-302. In addition to coaching basketball, Coach Ghizoni also served as Head Baseball Coach for 20 years at St. Agnes and 3 years at Hill-Murray. He led St. Agnes to a Section title and was a five time Section Coach of the Year coaching baseball. Dick is a lifetime MSHSCA member serving as a Section 4A delegate and participated as a coach In the Lions Baseball and Basketball All Star series in 1999 and 2004.

Grant Guzy became the Head Boys Basketball coach at Spring Lake Park H.S. in 1992 and led the Panthers basketball program for the next 30 seasons, retiring in 2022. Grant started his coaching career as a coach in the Columbia Heights program; 4 years as an assistant followed by 3 years as Head Coach before his move to Spring Lake Park. The Panthers had only won four games in the previous three seasons before Coach Guzy went to work and over the course of his time at the helm led SLP squads to 390 wins. The Panthers captured Section titles with State Tournament appearances in 2004, 2007, and 2009. The 2018-19 squad was 23-5 heading into the Section Finals when the season ended due to the pandemic. From 1999-2013 SLP played in 8 Section title games and compiled a 22-10 record in Section play. Grant was recognized by his peers as Section Coach of the Year four times and Minnesota Class AAA State Coach of the Year in 2006-07. Coach Guzy is a member of the 400 Wins Club. In addition to coaching boys basketball, he served as an assistant coach in football for 22 years. He is a lifetime MSHSCA member, coached in the MBCA All Star Series, and was a MBCA Clinic presenter.

Pete Petrich served as the Boys Basketball Coach at Red Wing High School from 1949-1970. Pete arrived at Red Wing after winning a State Championship at Minot, ND. During the course of the next 21 seasons, he led the Wingers to eight Big Nine Conference titles, 8 District titles, and three Region Championships resulting in 1953, 1954, and 1957 State Tournament appearances in what was then a one class tournament. His teams amassed an overall record

of 301-136, a winning percentage of 69%. Coach Petrich was named State Coach of the Year in 1970. Coach Petrich passed away in 2001.

Vern Simmons became the Head Boys Basketball coach at St. Paul Johnson High School in 2000 and served as the Head coach of the Governors for the next 21 seasons before retiring in 2020. During his 21 year tenure at Johnson, his teams won 15 St. Paul City conferences titles including 13 consecutive. Simmons-led Governor teams earned ten Section titles with State tournament appearances, including 8 consecutive, from 2006-20013. Vern's 2009-10 Johnson squad finished with a 32-0 mark and a Class AAA State Championship. He is a member of the 400 Wins Club with an overall mark of 410-161; ranking second in wins and first in winning percentage, 71.8%, in St. Paul City Conference coaching wins history. Coach Simmons has multiple Section Coach of the Year awards and was honored as State Class AAA Coach of the Year in 2010. Vern served as a member of the MBCA Executive Board and coached in the MBCA All Star Series.

Jeff Wall spent the first five years of his 34 year coaching career as the Head Basketball Coach at Coe College in Iowa. In 1992, he accepted a teaching/Head Basketball coaching position at Irondale HS; beginning his High School coaching career. After leading the Knights for three seasons, Jeff ventured into the Mpls. City Conference coaching Patrick Henry HS for two seasons. Maranatha Christian Academy was the next stop on the coaching journey for Coach Wall. He assumed the reins of the Maranatha program and spent the next 18 years leading the Mustangs. Under his tutelage the Mustangs won 12 MCAA Conference Championships and five Section Championships resulting in State Tournament appearances. In those five State Tournament appearances, the Mustangs garnered two runner-up finishes, a 3rd place finish, and a 4th place finish. After the 2016 season Jeff accepted a position at Anoka HS and led the Tornadoes for five seasons before retiring from coaching at the conclusion of the 2021 season. Coach Wall is a member of the 600 Wins Club with an overall 644-344 mark; 582-298 as a High School coach. He is a six time Section Coach of the Year honoree and was recognized as Class A State Coach of the Year in 2001. Jeff served as a MSHSCA Boys Sport Delegate, a member of the MBCA Executive Board, and coached in the MBCA All Star Series.

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2022 SCHOLARSHIP

CAMDEN DEAN Lakeville South High School

Dear MSHSCA Scholarship Committee
First of all, I want to thank the Minnesota State High School Coaches Association for choosing me for the John and Mary Erickson Scholarship. I was thrilled to find out of my selection for this honor, and I am deeply appreciative of your support. Next year, I will be attending Minnesota State University, Mankato, and planning on studying Business. I will also be playing football. By awarding me this scholarship it will help me continue my education and follow my dreams.
Thanks,
Camden Dean

AINSLEY HANSEN Fergus Falls High School

Dear MSHSCA,
Thank you so much for awarding me the Past Presidents Scholarship. I truly appreciate it because every bit of financial help makes a difference. Sports have always been such an important aspect in my life and being recognized by the Minnesota State High School Coaches Association means a great deal to me. I look forward to this scholarship to further my academic and athletic career at the University of Wisconsin La Crosse, this coming fall. Thank you once again for this great honor.
Sincerely,
Ainsley Hansen

HAILEY BISTODEAU North Branch High School

Dear MSHSCA,
I am sincerely honored that you have chosen me as the recipient of the John & Bernie Schumacher Scholarship. Thank you for your consideration, this award will be used to further my education at Buena Vista University.
I look forward to not only earning my degree in Computer Science but also competing at the collegiate level with the BVU golf team.
Thank you again for your generosity,
Hailey Bistodeau

LUCAS KREFT Hinckley-Finlayson High School

Dear MSHSCA,
Thank you for selecting me as the recipient of the 2022 Howard E. Emerson scholarship. Playing high school sports has been instrumental in shaping the person I am today. It has taught me the value of hard work, leadership skills, and a team dynamic that also translates to the classroom. The generous support of the Coaches Association will help me with my continued education at the University of Minnesota Rochester.
Sincerely,
Lucas Kreft

LEAH HODGINS Chanhassen High School

Dear Minnesota State High School Coaches Association,
Thank you so much for the Past President's Scholarship. It was such a nice surprise to receive this award in the mail. I have had so many supportive and influential coaches that have cared about my development as a player and person, which inspired me to start coaching this past year and has deepened my appreciation for all coaches even further. I am attending Boston University in the fall, so this scholarship will greatly help me to pay for my education.
Thank you so much once again,
Leah Hodgins

P THANK YOU NOTES

ELEANOR KREFT **Sibley East High School**

Dear MSHSCA,

I sincerely thank you for taking my application into consideration and selecting me for this generous scholarship. I fully intend to put this money toward my academic development and the betterment of myself. The lessons that high school sports have taught me will be used throughout my life—lessons that this gracious association has allowed me to express. Once again, thank you.

Sincerely,

Eleanor Kreft

ASHTEN WOLFE **Fosston High School**

Dear MSHSCA,

Thank you for selecting me as a recipient of the Val Teichroew Scholarship. It is an honor to receive this scholarship in her name knowing how important she is to girls' sports in Minnesota. Athletics have given me a lot of opportunities and have helped me develop drive, dedication, grit, and a sense of belonging that I hope to carry with me throughout my life. Next fall, I will head to Minnesota State University in Moorhead with plans to pursue a degree in Marketing. Many thanks to the MSHSCA for this scholarship opportunity.

Ashten Wolfe

FAITH MONSON **Schaeffer Academy**

Dear MSHSCA,

Thank you so much for awarding me with this scholarship! I am so grateful that you have helped me to continue in my education and that I will be able to continue competing at the collegiate level. Sports mean so much to me and I cannot imagine my life without them. Thank you for giving me the opportunity to continue in my love of sports and to be an athlete representing good sportsmanship everywhere I go. I cannot wait for the next level of competition, and I am excited to use the skills that I gain to serve my community. Thank you so much!

Sincerely,

Faith Monson

NICHOLAS WILLIAMS **Owatonna High School**

Dear MSHSCA,

Thank you to the Minnesota State Highschool Coaches Association for choosing me to be awarded your generous scholarship of $1,000. I will be using the money to further my education at Saint John's University, majoring in business.

Sincerely,

Nicholas Williams

CALEB BOYER **Park Christian School**

To the Minnesota State High School Coaches Association,

Thank you for blessing me with the opportunity to receive the scholarship money given to me. I will be using the scholarship money to further my education at the University of Minnesota Twin Cities in the field of Communications and Sports Management. This scholarship means a lot to me as it shows that my hard work in the classroom and on the field has paid off.

Sincerely,

Caleb Boyer

PARENTS ...

continued from page 1

tiff-Coach on a regular basis (nearly daily) concerning her daughter playing in a summer league and offering opinions about how her daughter will fit in with her new team.

In the Fall, the text messages continued to come from the Defendant-Parent:

> OCTOBER 24: "Are you going to tell (minor player) or me about what you decide if she will (try out for varsity) with the ninth grade or not?"
> OCTOBER 26: "Do you know who is on what team? Gut feeling?"

In November, tryouts began. On November 23, the combined Varsity-Junior Varsity scrimmaged against another high school. The minor player was assigned to practice with the junior varsity.

The following evening, the Defendant-Parent wrote a lengthy email to the coach that included in part the following:

> NOVEMBER 24: "She's proven that she can play and now the change of heart? Is she on JV? Is she even in your eyes the last few days good enough to play varsity, let alone a starter? Of all the things she's done or proven, she hasn't earned her spot?

By early December, the Defendant-Parent had told other parents that the Plaintiff-Coach had been "humiliating" and "degrading" to the minor player and she made attempts to have other parents and the teams' booster club support her. Failing in those efforts, she made complaints to the athletic director and other school officials as well as making a formal complaint with the Minnesota State High School League. She advocated that the Plaintiff-Coach should be "suspended immediately" and that "either the Plaintiff- Coach stays or the minor player stays."

In the end, after 12 practices, one scrimmage and two games, the Plaintiff-Coach was suspended for the remainder of the season and the minor player transferred to another school. The Plaintiff-Coach was not renewed following the end of the season.

THE LIES

How could all this have happened based upon a parent complaint concerning her perceived team assignment of her daughter? Clearly, as the anger of the Defendant-Parent grew, so did her lies about the behavior of the Plaintiff-Coach. However, Defendant-Parent was apparently smart enough to realize that her criticisms would not be taken seriously if her only complaint was playing time for her daughter on a team roster that hadn't yet been finalized. Accordingly, she began by telling anyone who would listen that she was "seeing the same pattern" of behavior that the Plaintiff-Coach exhibited at his previous school and that "he was let go because of his behavior." The statement was false, and she knew it was false but she continued to perpetuate it to anyone who would listen.

In an email to parents and students, she encouraged others to make complaints against the Plaintiff -Coach under the Minnesota Maltreatment of Minors Act. Her email stated in part:

> "Under this law, Maltreatment of Minors Act 626.556 is an illegal action and (Plaintiff-Coach) fits under this Act for what we are saying. So in doing so, this would put (Plaintiff-Coach) under investigation, put on paid suspension, and better yet, termination as a girls' basketball coach and possibly lose his teaching job and/or license."

The Defendant-Parent not only proceeded to make complaints to the athletic director and school officials, but also filed a formal complaint with the Minnesota Department of Education, seeking to have his teaching license as a kindergarten teacher revoked. In order to justify her formal complaint, she embellished the alleged behavior of the Plaintiff-Coach claiming that he engaged in "bullying, pushing, manipulation, harassment, intentionally aggressive, verbal attacks and/or other abuse or maltreatment", including that he "physically pushed minor-player and that he gave some of the players inappropriate back massages." For sixth months during the Department of Education investigation, the Plaintiff-Coach had to worry about whether he would lose his teaching job before ultimately being exonerated of all false claims.

Even after the Plaintiff-Coach had been suspended from his coaching position, the defamation continued by the Defendant-Parent. In yet another email to a parent, she wrote, "last I heard yesterday, he was recently put in jail …" and "he may lose his teaching job and do jail time, scary!"

THE LAW

Minnesota Statutes Annotated Section 122A.33, subd. 3, NOTICE OF NONRENEWAL provides as follows:

> "The existence of parent complaints must not be the sole reason for a board not to renew a coaching contract. Upon request, the Board must provide the coach with a reasonable opportunity to respond to the reasons at a board meeting."

For reasons that have never been articulated, the board did not provide the Plaintiff-Coach an opportunity to respond.

Instead, a defamation lawsuit was brought on behalf of the Plaintiff-Coach and against the Defendant-Parent. The claim that the Defendant-Parent had purposefully and intentionally defamed the Plaintiff-Coach was further complicated by the fact that the Defendant-Parent filed for personal bankruptcy (her third such filing) and sought to have the lawsuit against her dismissed as part of her bankruptcy estate. Her attempt to have the coach's lawsuit dismissed in bankruptcy court was unsuccessful, and the case was recently scheduled for jury trial. On the first day of trial, the case settled with the Defendant-Parent agreeing to pay a sum of money to the Plaintiff-Coach and also agreeing to execute a "Confession of Judgment" admitting that all of her assertions of inappropriate behavior against the Plaintiff-Coach were false and lies.

During the course of the litigation a legal issue was raised concerning whether a high school basketball coach was a "public official" as defined under the national defamation standard by the U.S. Supreme Court in the case of *New York Times Co. v. Sullivan*, 376 U.S. 254 (1964) (holding that "public officials "or "public figures" can recover in a defamation action only upon a showing of actual malice."). The Minnesota Supreme Court subsequently held, in a decision filed on September 4, 2019, that a high school basketball coach is <u>not</u> a public official and accordingly, <u>can</u> recover damages for defamation. <u>*McGuire v. Bowlin*, 932 N.W.2d 819 (Minn. Sept. 4, 2019).</u>

THE LESSONS

While the Defendant-Parent represents an extreme version of the overzealous parent, there are enough examples of parents who have unrealistic views of their children's athletic abilities to justify coaches protecting themselves and their programs. Here are some considerations for coaches:

1. SET BOUNDARIES AND LIMITS WITH PARENTS EARLY
   Outline when and what topics a parent can discuss with the coach (i.e., academics, injuries, etc.) and those they can't (playing time, positions, etc.);
2. DO NOT ENGAGE IN TEXTING OR EMAILING WITH PARENTS ON A REGULAR BASIS
   The text messages in the above-described case allowed the parent to think that she had license to be a part of the decision-making process and that she had input as to coaching decisions involving her daughter; this was a dangerous path that should be avoided;
3. KNOW YOUR ATHLETIC DIRECTORS AND SCHOOL ADMINISTATORS AND MAKE SURE THEY UNDERSTAND YOU, YOUR COACHING PHILOSOPHY AND YOUR PROGRAM
   Clearly, school administrators did not support or defend the Plaintiff-Coach in this case and instead appeared to take the path of least resistance (apparently, it is easier to be rid of a coach than a complaining parent);
4. PICK A SMALL GROUP OF PARENTS (USUALLY THE CAPTAINS' PARENTS) WHO KNOW YOU, KNOW YOUR COACHING STYLE, PHILOSOPHY, ETC. AND HAVE THEM COMMUNICATE WITH THE OTHER PARENTS.
   This group will have experience and credibility with the other parents and can quell any negative talk or activity by the malcontents.
5. DOCUMENT EVERYTHING.
   Meetings, discussions, team and player expectations and any communication to and from parents should be documented so you have proof of what was said or done if a complaint is later made.

THE AFTERMATH

While the coach has been vindicated (the case has been widely reported by the news media and details of the Defendant-Parent's lies and false statements have been admitted in the Confession of Judgment that has been publicly disclosed), the Coach has still been told that he can never again coach youth sports in the district within which he lives and teaches. Thus, despite "winning" the lawsuit, the damage caused by one parent continues to exact both an economic and emotional toll on the coach and his family. Recognize early these types of parents and while remaining professional, stay well clear of them.

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION, INC.

CODE OF ETHICS *As a professional educator, I will...*

1). Strive to develop in each athlete the qualities of leadership, and good judgement.
2). Respect the integrity and personality of the individual athlete.
3). Encourage the highest standards of conduct and scholastic achievement.
4). Seek to inculcate good health habits including the establishment of sound training rules.
5). Fulfill responsibilities to provide health services and an environment free of safety hazards.
6). Exemplify the highest moral character, behavior and leadership.
7). Provide ethical relationships among coaches.
8). Encourage a respect for all athletics and their values.
9). Abide by the rules of the game in letter and spirit.
10). Respect the integrity and judgement of sport officials.
11). Display modesty in victory and graciousness in defeat.
12). Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.

The Code of Ethics of this association shall be adhered to by each and every member of the MSHSCA. Any action by members of the MSHSCA contrary to the principles therein established shall be subject to review by the Executive Committee according to policies established by the MSHSCA Delegate Assembly.

Coverage

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Minnesota State High School Coaches Association and its members.

Insurance Company

HDI Global Specialty (A Rated)

Policy Period

August 1, 2022 – August 1, 2023

Limits of Liability

$1,000,000	Each Occurrence
$2,000,000	General Aggregate (per Member)
$1,000,000	Products/Completed Operations
$1,000,000	Personal & Advertising Injury
$ 300,000	Fire Damage
$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

Additional Coverages

- Educator Professional Liability
- Participant Legal Liability for insured members
- Liability assumed under insured written contract
- Defense Cost outside limits

Exclusions

- The use of automobiles, buses, watercraft and aircraft
- Property of others in the care, custody, and control of the insured.
- This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

Camps

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

Member Benefit

As a member benefit of your state coaches association, all members in good standing have a $1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- **Waivers:** Signed waivers showing indemnification language
- **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

Camp Insurance Request

- Camp Insurance Request form is available on our website: www.loomislapann.com

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Greg Joly	gjoly@loomislapann.com
Lori George	lgeorge@loomislapann.com
Karen Boller	kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.

MEMBERSHIP PERKS

MSHSCA

- **SHERATON MINNEAPOLIS WEST -** Minnetonka - 800-325-3535 (upon availability)
- **MARIOTT MINNEAPOLIS WEST -** (Code MSHSCA)
  Call Patrick Riley - 952-367-5082 (upon availability)

For Hotel rates, coaches should indicate membership in MSHSCA.

•••Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any offers, discounts, groups or conventions.

REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

1. Executive Director available to work for you on a daily basis.
2. Dues include a $2,000,000 Liability Insurance while coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Up to date clinic schedules and educational opportunities on our website.
10. Opportunity to be recognized as a Minnesota Coach of the Year.
11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Mass membership email capability.

Register.cordonco.com is what you will see on your credit card statement for your MSHSCA membership. Please do not challenge this before calling 218-234-0345!

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