

Marlton Recreation Council Standard Operating Procedure	
Section: Safety	Number: 103.01
Subject: COVID Reporting and Return to Play Policy	
Effective Date: 06/01/2020	Page: 1 of 3
Last Revised: 10/09/2021	Supersedes or replaces: 103.01 Ver14
Issued by: COVID Safety Committee	
Approved by: MRC Executive Board	
<p>The Written Policies developed by the Marlton Recreation Council are intended to provide a system for the orderly operation of youth sports, and do not enlarge any MRC member's civil or criminal liability in any way. They should not be construed as the creation of a higher standard of safety or care in an evidentiary sense, with respect to third party claims. Violations of Written Polices can only be the basis of an internal complaint against any member of the MRC, and then only in conjunction with disciplinary action.</p>	



Purpose:

- A. This procedure is designed to ensure organization, team, and player safety by establishing a consistent procedure for COVID and youth sports.

Scope:


- A. This procedure outlines the organizations *minimum* precautions for COVID. Any state or local health directive, or any sport's governing body procedure which is more restrictive will be followed.

Administration:


- A. All volunteer commissioners and coaches shall follow this procedure in administering youth sports. Parents and players shall follow this procedure to guide their participation in the MRC.

Procedure:

- A. COACHES: If a coach becomes aware that there is a COVID positive player or coach on the team:
 - a. The coach will contact Athletic Director (Kevin Kotch) and/or Vice President (Carl Bittenbender) of the Marlton Recreation Council Executive Board. Details regarding the situation will be gathered and a determination will be made if there was a player or team exposure using the criteria and lookback period identified herein.
 - b. After consultation with the AD and/or VP, and if quarantine is necessary, the coach will notify the Sport Commissioner and will quarantine the player/team for the period determined
 - c. At no time will personal information or health information ever be shared with the AD or VP, parents, players, the team, verbally or in writing. There is no need to share the name of any positive persons or close contacts when making player or team notifications.
 - d. If a coach becomes aware that a player has been exposed at another venue (i.e. school, another sport program), and is in quarantine, the player will not be allowed to engage in MRC activities until they have cleared the other venue's quarantine end date or received clearance from local health officials.
 - e. Coaches shall notify their sport commissioner if their team must be placed into quarantine status. Individual players who are quarantined because of outside exposure do not need to notify the sport commissioner.

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- B. **PARENTS:** If a parent becomes aware that their child is COVID positive:
- a. The parent will notify the head coach of a positive result and inform the coach of the test date. This date is necessary for the lookback period.
 - b. If the parent is notified of an exposure through participation in MRC sports, and your player (child) is identified as a close contact and must quarantine, parents will notify their respective school district nurse and other sports organizations in which they participate. This is for community safety.
 - c. Parents with concerns about COVID should first attempt resolution with the team head coach before escalating to the Athletic Director (Kevin Kotch) or Vice President (Carl Bittenbender). Due regard shall be exercised to avoid rumors and speculation among parents and players.
- C. **COVID POSITIVE:** If you have tested positive for COVID, you may not attend any MRC events until 10 days after symptoms first appeared or 10 days after a positive test if you are asymptomatic. Additionally, you must be fever free for 24 hours without the use of fever-reducing medication.
- D. **EXPOSURE:** A close contact exposure is close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID.
- a. **Lookback period:** A parent, player or coach who is COVID positive would have had to have been in close contact to the team within the previous 48 hours from a positive COVID test. The day and time of the administration of the COVID test (not the result) is used to look backwards (e.g. Team practice is Tuesday evening. A player takes a COVID test Thursday morning. The test comes back positive Friday morning. Any contact within 48 prior to Thursday morning would be considered an exposure under the MRC guidelines. The team would have been ‘exposed’ to the positive person and quarantine procedures herein or defined by the local health department shall be followed).
- E. **QUARANTINE:** If you have been exposed to someone with COVID, you must quarantine for 14 days from the exposure. You may shorten this period based on the following:
- a. **No Test Option:** Stay home for 10 days. If you stay symptom free for 10 days, quarantine ends. Monitor symptoms, wear a mask, and social distance through day 14.
 - b. **Test Option:** Stay home for 7 days. Get tested a PCR test (not a rapid or antigen test) at Day 5, 6, or 7. Stay home while awaiting results. If the test is negative and you stay symptom free, quarantine ends. Monitor symptoms, wear a mask, and social distance through day 14.
- F. **SCHOOL/SPORTS OVERLAP:** If you have been advised by your school district or a local health official that you cannot return to school, you cannot return to MRC sports until you can return to school. There are no exceptions.
- G. **VACCINATED PEOPLE:** People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID unless they have symptoms.

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H. **FAILURE TO FOLLOW POLICY:** Coaches and parents/families who fail to follow the COVID policy are subject to season suspension or prohibition from coaching and/or participation in MRC activities in accordance with the Marlton Recreation Council Code of Conduct.