

## White Bear Baseball Association 9-10 Year Old In-House League Rules

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	Section 1- Schedule		
1.1	The season will begin as early as field conditions allow. Once the start date is announced, the league will schedule practice sessions followed by a season of 12-16 games. The season will culminate with an end of year championship tournament to be played on a Saturday in July.		
1.2	Preseason practices will be held on Monday and Wednesday evenings at 5:00 and 6:30. Two teams will share each field for practices, with one early start time and one late start time each week.		
1.3	When the regular season begins, games will be played on Monday and Wednesday evenings beginning at 6:15 pm. Teams should arrive at fields at least 30 minutes prior to game time to properly warm up.		
1.4	In the event of a rainout makeup games will be rescheduled by league director.		
1.5	Prior to games, the home team will have infield for warm-ups from 5:45-6:00, visiting team will have infield from 6:00-6:15.  **Batter's Box and Pitching Rubber should not be used during warm-ups**		
	Section 2 - Rosters		
2.1	Rosters will be created based on elementary school boundaries.		
2.2	Each team roster will have a combination of nine and ten year old players.		
2.3	A player that is eight years old on May 1st of the year may play in the 9-10 League if that player is in third grade.		
2.4	An individual volunteering to coach a team is allowed to select two assistant coaches, all other players will be assigned to the team by the league director.		
	Section 3 - Game Rules		
3.1	Games will begin at 6:15, a team must have at least 8 players to begin		
3.2	Games will be 6 innings. 3 outs or 5 runs per inning.		
3.3	Umpires will be assigned for each game.		
3.4	46' pitching rubber will be used. Umpire will call balls (4) and strikes (3). No curveballs will be permitted.		

3.5	A team plays 10 players in the field, four in the outfield. The outfielders must remain in proper			
	position during gameplay			
3.6	The entire roster is entered into the batting order.			
3.7	No leading off is allowed.			
3.8	Runner may steal only after pitch has crossed home plate. No stealing of home plate.			
3.9	Runners may not advance on an overthrow from catcher back to pitcher.			
3.10	The base runner is limited to one base on any steal attempt, wild pitch, or passed ball.			
3.11	Runner on third base may not score on a throw from catcher to second base on a steal attempt.			
3.12	One base on overthrow at any base that ends up in foul territory. Overthrow that remains in field of play is live ball.			
3.13	Runners must slide when there is a play at any base other than first. Failing to slide will result in runner being called out.			
3.14	Games will be called after 2 hours or due to darkness, score will revert back to last completed inning. Inning may not begin after 8:00 pm.			
	Section 4 - Playing Time			
4.1	An individual player may not play more than one additional inning per game than any other player on the roster.			
4.2	An individual player may not play more than one additional inning of infield per game than any other player on the roster.			
4.3	Over the course of the entire season each coach should make sure that every player has the same number of innings in the infield.			
4.4	Each player must play a minimum of 4 innings per game.			
4.5	Over the course of the entire season each coach should make sure that every player has the same number of at bats.			
4.6	A player may not play more than 9 outs at any one position, pitchers included. 9-out rule supersedes pitch-count rule.			
4.7	Pitchers will be limited to 75 throws per week, no more than 50 in one game. Pitcher may finish atbat when limit is reached.			
4.8	Game scores and pitch counts will be documented on website weekly.			
4.9	Courtesy runner will be used when upcoming catcher is on base with two outs to improve speed of play.			
		WHITE BEAR BASEBALL ASSOCIATION CODE OF CONDUCT		
Playe	er Responsibilities	Coach Responsibilities	Parent Responsibilities	

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<u>I will:</u>	<u>I will:</u>	<u>I will:</u>
Remember to wear my full uniform.	Be prepared for practices and games.	Be positive and cheer for everyone.
Keep a positive attitude.		Do my best to arrive on time.
Support and cheer for my team.	Schedule equal playing time for the entire team.	Not make negative comments about our team or our opponents.
Congratulate my opponents after each game.	Teach in a positive and	Refrain from using alcohol or
Be a good sport.	encouraging manner.	tobacco on ISD #624 public school grounds.
Do my best.	Try to make everyone on my team a better baseball player.	Encourage and support my child.
Not argue with the umpire.	Be a role model.	Not argue with the umpire.
	Not argue with the umpire.	

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