

Michael J Jones

Michael honorably served in the United States Navy as a Fleet Marine Force Corpsman from 2003-2010; serving in two deployments. He graduated from Northern Illinois University with a Bachelor of Science in Political Science, having a concentration in International Relations. After discharging from the military, Michael went on to work for the Federal government supporting fellow service members trying to navigate civilian life and their health. This will be Michael's 5th year coaching at Douglas County High School and again this year in 2024 will serve as the Varsity and JV Defensive Line Coach.

Having the opportunity of living in many regions of the United States, Michael understands the focus and advantage that comes with preparing football players for the next level in life and football.

In coaching lineman, Michael brings his southern mentality of intensity, discipline, and unity. Being intense in all that you do, every day. Providing a deep discipline of football and life fundamentals. Instilling the attitude of working as a unit regardless of the position, status, or personal outlook.

“Hit hard, hit fast, hit true”

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