



HOSTED BY GRAND HAVEN YOUTH WRESTLING

WHERE GRAND HAVEN HS - 17001 FERRIS ST, GRAND HAVEN, MI 49417

WHEN SUNDAY, 01/28/2024 - **SPLIT START** 1st SESSION: 2019-2015 WRESTLERS **9:00 AM**
2nd SESSION: 2014-2009 WRESTLERS **1:00 PM**

WEIGH-INS & REGISTRATION

WRESTLERS MUST DECLARE THEIR WEIGHT CLASS WHEN REGISTERING. WEST FOLLOWS A NO WEIGH-IN PROCEDURE.

ALL WRESTLERS MUST BE PRE-REGISTERED ON OR BY THURSDAY EVENING AT 10:00 PM PRIOR TO THE TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWAY MEMBER IN ORDER TO COMPETE IN ANY MYWAY SANCTIONED EVENT.

AWARDS MEDALS 1st-4th PLACE

ENTRY FEE \$20.00 **NO REFUNDS**

LIMITED TO THE FIRST 575 WRESTLERS

MEMBERSHIP WWW.MEMBERSHIPWAYWRESTLING.COM

ADMISSION \$6.00 ADULTS, \$3.00 CHILD

AGE GROUPS AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLERS BIRTHDAY AS OF DECEMBER 31, 2023)

PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION. A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.

RULES MODIFIED HIGH SCHOOL RULES

- MUST BE IN GRADE 8th OR UNDER. ANYONE BORN IN 08 MUST SEND PROOF WHEN REGISTERING FOR MYWAY.
- ALL MICHIGAN RESIDENTS **MUST** BE A MYWAY MEMBER TO COMPETE IN POST SEASON EVENTS.
- AGE GROUPS 2019-2017 & 2016-2015: THREE, 1 MINUTE PERIODS
- AGE GROUPS 2014-2013, 2012-2011 & 2010-2009 (08 8th GRADE ONLY) THREE, 1:30 MINUTE PERIODS
- SINGLET OR T-SHIRT AND SHORTS ARE REQUIRED.
- ONE STEP ON SCALE AT WEIGH-INS
- MOUTH GUARDS **MANDATORY** FOR WRESTLERS WITH BRACES
- THE HEAD PAIRER HAS THE DISCRETION TO COMBINE WEIGHT CLASSES
- **NOVICE FOR 2016-2015, 2014-2013, & 2012-2011 DIVISIONS ONLY**

COACHES SEE MANDATORY REQUIREMENTS WWW.MYWAYWRESTLING.COM/COACHESCORNER

WT. CLASSES 2019-2017: 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT
2016-2015: 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT
2014-2013: 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT
2012-2011: 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT
2010-2009:(2008-8th GRADE ONLY) 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT

OTHER INFO ONLY TWO COACHES PER WRESTLER WILL BE PERMITTED IN A CORNER
ANYONE OPERATING VIDEO EQUIPMENT MUST BE IN STANDS

CONTACT ADAM COOK GHYOUTHWRESTLING@GMAIL.COM

PAIRING QUESTIONS / ISSUES EMAIL RONDA - MYWAYWESTPAIRING@GMAIL.COM