

2025-2026

Eligibility Information





2025-26 Season

Game/Meet/Practice Schedules

Online:

www.metrowestconference.org

-or-

www.nphsathletics.sportngin.com

****Reminder to use “Notify Me” on the
Metro West Conference website &
update your levels each year.***

Purpose



**We Prepare, Plan & Play to 'win'
But the 'win' is not our PURPOSE**

Education is our PURPOSE





2025-26 Seasons:



- NPAS Activities Department Staff

- Brad Skogerboe - Activities Director (952) 758-1226
- Julie Schlup - NPHS Activities Office Assistant (952) 758-1227

- Game/Meet Admissions: ISD #721 Students (K-12) = Free (*must show ID*)

- Visiting Fans: \$8/Adult & \$6/Student (cash or online)
- GoFan - online ticketing service used for all activities (athletics, fine arts, passes, etc.)
 - started in 2023-24 school year.
- Single-Adult Pass = \$80; Dual-Adult Pass = \$105 (*Online available on August 1st*)

- Athletic Fee: \$260 (Gr. 7-12 HS) or \$145 (Gr. 6-8); \$375 (Hockey)

- **\$695 Family Cap** Refunds (due to injury, etc.) are prorated.

- Registration System: Infinite Campus

- *enter through Parent Portal (same as grade checking, etc)*
- *MUST have current physical (within 3 years) in order to register!*
- *If you do NOT see any athletic selections, your son(s)/daughter(s) need a physical.*

- Post-Season Student-Athlete On-Line Evaluations of the programs will be done at the completion of each season.



2025-26 Seasons: Recent Additions



- **Leadership Forum - 3rd Year & will start in September!**
 - Students in Gr. 10-12 will be selected to participate in this group. All program leaders will select members.
 - There will be monthly meetings with various topics, and presenters.
 - More information will be shared as we proceed.
 - Overall goal is to create a positive atmosphere/experience for our students -&- the students/fans of visiting teams.
- **Student Alternate Transportation, Permission, Release, and Indemnification Agreement**
 - We encourage all students to ride the district-provided transportation to/from an away event. However - we understand that sometimes situations do not allow this. We have created this document out of convenience for all parties (i.e. parents/guardians/coaches).
 - This is part of the registration process and coaches will be made aware of which students are allowed to ride home with parents/guardians. **YOU DO NOT NEED TO PRINT THIS FORM OR SEND E-MAILS TO THE ACTIVITIES OFFICE ANY LONGER IF YOU NEED TO DRIVE YOUR SON(S)/DAUGHTER(S) HOME AFTER AN EVENT!**
- **Neptune GameTime** - we will be using this program for all music selections & to create pre/post-contest messages. Captains & leaders of programs will assist in selection.
- **NSPN (Neighborhood Sports Network)** - formerly PREP Spotlight TV will be covering all of our varsity sports.
 - We will also post lower-level events if they are livestreamed.
 - \$2/month subscription.
 - We have 3 HUDL-Focus cameras mounted in the NPHS MAIN GYM, NPHS AUXILIARY GYM, & TROJAN STADIUM. We have purchased additional cameras for outdoor events, but they have not been installed as of yet.
 - Therefore, ALL events in those locations will be viewable on our activities youtube channel.
 - <https://www.youtube.com/c/newpragueareaschoolsactivities>



Dustin Hynes - LAT, ATC

[Mayo Clinic Health System Athletic Training Services Information](#)

Partnership between New Prague High School & Mayo Clinic Health System

- **Office Hours: 2:30 pm – 5:30 pm**

Appropriate Health Care Professional (AHCP)

- i.e. he determines return to play!
- we will always be “cautious” to ensure your son(s)/daughter(s) are OK to return to play.
- Going to a doctor = the athlete must have a note allowing them to return to play.
- Reminder of the importance of appropriate eating/drinking & plenty of rest.
- Will monitor the weather (heat/lightning) for practices/games/meets/etc. (*using WeatherSentry App*)

Healthy Roster - allows connections between athletic trainers, coaches, parents, & athletes to improve communication around education & injury management.

- Parents will get invite to join “Healthy Roster”

Concussion Management



- **ImPACT Testing – Previous 13 Years**
- **SWAY Medical - Year #2 (started in 2024-2025)**
 - Thanks to Mayo Clinic Health System – New Prague
 - All 9-12 grade “contact” sport athletes must take the baseline test (free of charge).
 - Football; Gymnastics; Wrestling; Cheerleading; Soccer; Basketball; Swimming/Diving; Volleyball; Hockey; Lacrosse; Baseball; Softball; & Pole Vaulters.
- **ALL Coaches (paid or volunteer) must complete concussion management program.**

“WHEN IN DOUBT, SIT THEM OUT!”

- **Return to Play Protocol - If there was a doctor visit, the athlete MUST have a signed “Return to Play” form in order to participate in practices/competitions. Just in case - ALWAYS get a note!!!**

Trojan Communications...

School Website:



<http://nphsathletics.sportngin.com/>



Trojan Communications...

(Cont.)



Parent Notification E-mails!

- Instructions on the “Schedules” tab on the Activities website.



IMPORTANT POINTS:



- #1 Student-Athletes are students first! Grades will be checked at Mid-term & End of Semester.
- #2 TRANSFERS/FOREIGN EXCHANGE STUDENTS - please contact Mr. Skogerboe at your earliest convenience. Game/Meet participation CANNOT occur until cleared with the MSHSL.
- #3 **Student Code of Responsibilities:**
 - I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
 - I will be fully responsible for my own actions and the consequences of my actions.
 - I will respect the property of others.
 - I will respect and obey the rules of my school and the laws of my community, state, and country.
 - I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.
 - **A student whose character or conduct violates the Student Code of Responsibilities or is suspended or expelled is not in good standing and is ineligible for a period of time as determined by the principal. While a student is not in good standing, a student may not serve any penalty for MSHSL Bylaw violations.**

2025-2026 Academic Eligibility Standards

Any NPHS student who wishes to participate in school activities must meet two academic standards.

#1 Credit Completion

- 10 Credits earned entering 10th Grade**
- 21 Credits earned entering 11th Grade**
- 33 Credits earned entering 12th Grade**

-&-

#2 Academic Eligibility

All students competing or participating in extracurricular activities must have passing grades.

Student grades will be reviewed prior to and during the season. In the event that a student is failing a course, they will be notified and may be deemed ineligible for competition until courses are at a passing level. Students may still participate in practices, but may not participate in competition until they have regained academic eligibility.

(Policy can also be found in NPHS Handbook)

CHEMICAL VIOLATIONS:

Bylaw 205.00

CHEMICAL/TOBACCO/CONTROLLED SUBSTANCE VIOLATIONS: (D & E were new language in 2014)

- D. use or consume, have in possession, buy, sell, or give away products containing or products used to deliver nicotine, tobacco products and other chemicals. “Tobacco products” means: any product containing, made, or derived from tobacco that is intended for human consumption, whether chewed, smoked, absorbed, dissolved, inhaled, snorted, sniffed, or ingested by any other means, or any component, part or accessory of a tobacco product; or,
- E. use or consume, have in possession, buy, sell, or give away any substance or product where the intent of such use of the substance or product is to **induce intoxication, excitement, or stupefaction of the central nervous system**, except under the direction and supervision of a medical doctor. Such substance or products shall include, but are not limited to, **synthetic drugs, gasoline, glue, aerosol devices, bath salts, and any substances addressed by Minnesota or Federal law.**



CHEMICAL PENALTIES:



- **1st Violation:** 2 Weeks/14 calendar days or 2 contests (whichever is greater)
- **2nd Violation:** 3 Weeks/21 calendar days or 6 contests (whichever is greater)
- **3rd Violation:** 4 Weeks/28 calendar days or 12 contests (whichever is greater)
- **Couple of Points:**
 - #1 Penalties are cumulative (starting with 7th Grade year).**
 - #2 Student-athletes must be in “good standing” in order to serve/complete their penalty.**

(i.e. Can't serve their Chemical Violation until they are “academically” eligible!)
 - #3 Denial Disqualification – additional 9 weeks.**



Attendance/Behavior Standards

- Students excused due to illness must be in school by the beginning of fourth period (**10:30 am**) and remain in class for the remainder of the day in order to be eligible to practice or participate in activities that day.
- If the nurse sends a student home, he/she is **NOT** eligible to participate in athletics/activities that evening.
- Students with an "excused" absence are allowed to practice, compete, or perform.
- Students with in-school, or out-of-school suspensions, may **NOT** practice, compete, or perform in activities on days of suspension.
- Students with an unexcused absence for **ANY** hour of the day may not practice, compete, or perform on that day.
- Students with detentions may practice, compete, or perform in athletic/activities contests after serving their detention time after school.

If a student should practice, compete, or perform on a day when he/she is ineligible, he/she will be held out of the next equivalent practice, competition, or performance.



New Prague Activities Chain of Command:



Player contacts Coach



Parents contact Coach



Parents contact Activities Director



Parents contact High School Principal



Parents contact Superintendent of Schools



Parents contact School Board



Activities Office Core Values



- We will treat “all” programs and all students fairly!
 - We will be visible!
 - We will listen!
 - We will respect all people we deal with!
- We will communicate with all parties in a respectful/timely manner!



Questions:



New Prague Activities Office

(952) 758-1226

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