

Hello Lacrosse Families,

Last week, Gov. Walz and Minnesota Dept. of Health announced changes to Covid-19 guidance for outdoor organized sports, which **took effect May 7 at noon**. Details of the updated guidance can be found [here](#).

There are two key changes:

- Face coverings are no longer required for players or coaches (during competition or not) for outdoor sports but are recommended if social distancing cannot be maintained.
- Face coverings are no longer required for spectators for outdoor sports but are recommended.

MDH continues to recommend athletes be tested for Covid on a weekly basis. MDH guidance on testing in youth sports is available [here](#).

Lacrosse families should continue to **keep your player home if they have Covid related symptoms, if they are exposed to Covid at school or at home, or test positive for Covid**. Per MDH guidelines, you must notify SLP Lacrosse if your player is exposed to Covid or has a positive Covid test and we will quickly advise you on next steps.

We know everyone has different comfort levels and fully support players who choose to wear masks while playing, practicing or on the sidelines. We continue to follow state guidance and view these now as recommendations and will not be monitoring masks and distancing.

Thank you,

SLP Board Members