

Remind attendees to grab a hand out

## Introductions

## Coaches

Head Coach: AJ Hansen
Contact information: ajhansen@flaschools.org or
(715) 417-0217

In House Event Coordinators:

## AJ Hansen

TBD (parents, please reach out if you're interested in helping!)

## Introductions

## Booster Club:

President: John Conrad
Vice President: Mike Smith
Secretary: (Looking for one)
Treasurer: Chuck Krueger
Voting Member: Nick Schminkey

## What is Forest Lake Fishing?

- Started by one of us, a passionate student angler.
- We are a bass fishing team with some opportunities to fish for other species throughout the season. All competitions are bass related with the exception of Muskies Inc.
- Forest lake fishing is inclusive and welcoming to all types of student anglers no matter the background or experience!
- Many opportunities for on the water experience and education clinics from local fishing experts!
- Tryouts, Competition Team, Recreational Team, Junior Anglers, Virtual fishing tournaments

The Forest Lake fishing team was started in 2019 by student angler/coach Jake Mastell.

All members will be able to compete in in-house tournaments and education clinics. The tournaments and clinics will be bass fishing focused.

Like last year, there will be a Competition Team. Tryouts will be held to be on the competition team. Competition teams will fish the North Metro conference tournaments for Forest Lake and be able to compete to advance to the State High School competition. New this year will be a recreational team and a JR B.A.S.S. team for 7-8 grade students.

Student Anglers without access to boats will have opportunities to compete in virtual competitions throughout the season

## Teams

## Recreational Team

- Grades 7-12
- Receive Team Jersey
- In House Tournaments
- Education Clinics
- Option to compete in outside events such as S.A.T.T., Muskie Inc, or Lund Virtual League (high school only)

| JR B.A.S.S Competition | High School Competition Team |
| :---: | :---: |
| - Grades 7-8 <br> - JR Qualifier to State | - Grades 9-11 <br> - Tryouts - limited to ~ 5-10 teams <br> - Compete in B.A.S.S. Tournaments for Forest Lake at conference fishing tournaments <br> - Option to compete in outside events such as S.A.T.T., Muskie Inc, or Lund Virtual League <br> - Must commit to all conference tournaments |

Explain how students are fishing as the grade they are going into in the fall. Boats and fishing equipment are not provided by the school.

## In-house events and tournaments

4/9 Education Clinic \#1
4/23 Education Clinic \#2
5/7 Education Clinic \#3
5/21 Tryout \#1
5/27 Tryout \#2
6/3 Tryout \#3
6/10 In-House \#1
6/17 Conference Open \#1
6/17 In-House \#2
6/26 JR Conference Open
6/28 Graduates Tournament
7/1 Conference Open \#2
7/1 In-house \#3
7/15 Conference Open \#3
7/15 In-house \#4
7/22 JR State

7/27 Volunteer Event
7/29 In-house \#5
8/5 In-house \#6
8/11 Last Chance Qualifier HS State
8/17 Frankies Tournament
8/18 End of the year party
9/7-9/8 HS State
9/29 Class of 2025 Sunset Tournament
Virtual tournaments (TBD throughout the summer)

Explain how the in-house tournaments work, are available for anyone to fish, this year we'll be adding something new. A "team of the year" for our in-house tournaments. The most consistent team over the course of the season. There will be a Junior division and a HS division. We are also adding a volunteer event (likely a landing clean up with a cookout after) and a end of the season party. Explain graduate tournament, seniors have an opportunity to go onto the BASS Nation TOC in Aug. Also mention the Frankies tournament - tentatively scheduled for $8 / 19$.

## Events for everyone

| Event | Lake/Location | Date | Time |
| :---: | :---: | :---: | :---: |
| Clinic 1 | TBD | $4 / 9 / 24$ | $6: 00$ PM |
| Clinic 2 | TBD | $4 / 23 / 24$ | $6: 00$ PM |
| Clinic 3 | TBD | $5 / 7 / 24$ | $6: 00 \mathrm{PM}$ |
| In-house \#1 | Coon | $6 / 10 / 24$ | $5: 00-8: 30 \mathrm{PM}$ |
| In-house \#2 | Chisago | $6 / 17 / 24$ | $5: 00-8: 30 \mathrm{PM}$ |
| In-house \#3 | Clear | $7 / 1 / 24$ | $5: 00-8: 30 \mathrm{PM}$ |
| In-house \#4 | Centerville | $7 / 15 / 24$ | $5: 00-8: 30 \mathrm{PM}$ |
| Volunteer Event | Forest Lake | $7 / 27 / 24$ | $7: 30-2: 00 \mathrm{PM}$ |
| Tentative) |  |  |  |
| In-house \#5 | N/S Center | $7 / 29 / 24$ | $5: 00-8: 30$ PM |
| In-house \#6 | E/W Rush | $8 / 5 / 24$ | $5: 00-8: 30$ PM |
| End of the year party | Big Marine | $8 / 18 / 24$ | TBD |

## Additional Events for Jr. BASS Competition Team

| Event | Lake/Location | Date | Time |
| :---: | :---: | :---: | :---: |
| JR Conference Open | Big Marine | $6 / 26 / 24$ | $7: 00-12: 00$ PM |
| JR State (Tentative) | Minnewaska | $7 / 22 / 24$ | TBD |

## Additional Events for High School Competition Team

| Event | Lake/Location | Date | Time |
| :---: | :---: | :---: | :---: |
| Tryout \#1 | Bald Eagle | $5 / 21 / 24$ | $5: 00-8: 30$ PM |
| Tryout \#2 | Forest Lake | $5 / 27 / 24$ | $5: 00-8: 30$ PM |
| Tryout \#3 | White Bear Lake | $6 / 3 / 24$ | $5: 00-8: 30$ PM |
| Conference Open \# 1 | White Bear Lake | $6 / 17 / 24$ | $7: 00-1: 00$ PM |
| Conference Open \#2 | Forest Lake | $7 / 1 / 24$ | $7: 00-1: 00$ PM |
| Conference Open \#3 | Big Marine | $7 / 15 / 34$ | $7: 00-1: 00$ PM |
| Last Chance Qualifier HS State | TBD | $8 / 11 / 24$ | TBD |
| Frankies | TBD | $8 / 17 / 24$ | (Tentative) |
| State HS Championship | TBD | September 7-8 | TBD |

## Cost

| JR Members (7-8) | HS Members (9-12) |
| :---: | :---: |
| - $\$ 90$ : School Fee - Pay on FeePay <br> - \$50: Club dues to BASS Nation <br> - \$12: B.A.S.S. Membership | - $\$ 90$ : School Fee - Pay on FeePay <br> - \$70: Club dues to BASS Nation <br> - \$12: B.A.S.S. Membership |

Travel expenses to all tournaments are additional cost to families.
If you require scholarship assistance please contact ajhansen@flaschools.org

Boats and fishing equipment are not provided by the school. Using sponsorship dollars generously donated we will work to provide opportunities to win gift cards during some of our in-house events, we gave out over $\$ 550$ in Frankies gift cards last year alone. If possible we will work to try and get some of our boat captain volunteers gas cards. Student Anglers who qualify for state will be eligible for sponsorship dollars should they meet the criteria.

Address sponsor dollars

## Sign Up

Your registration form needs to be turned in with all dues paid by 4/9. $\$ 90$ paid on FeePay, $\$ 50$ or $\$ 70$ club dues to Forest Lake Fishing, \$12 to B.A.S.S. when registering.

Submit Registration online to MNJBN with the link posted on the Sports Engine. (You MUST have your B.A.S.S. number to do this.) This should be done A.S.A.P.

Address the sign up form in the back of the packet. Explain that students can turn their form into the HS athletic office at the HS. All other anglers can email their sign up form to ajhansen@flaschools.org or can turn in their form at the first education clinic on $4 / 4$.

## Competitions

- Teams consist of two student anglers and one boat captain (must be 18+).
- Opportunities to find a partner will be available, if needed.
- You do not need to keep the same boat captain for every event.
- Your team will need a boat that meets the regulations of the league you are fishing in.
- Student anglers are in charge:
- Operate trolling motor (High schoolers only)
- Finding own spots and fish
- Making decisions on the water
- Bait selection and use
- No live bait.
- Most tournaments will be a best 5 fish limit between two angler partners (live weigh-in).

SATT - student angler tournament trail (larger lakes spread throughout the state) LVFL : 5 virtual events on a lake of your choice. Muskies inc. 2-4 events details forthcoming.

## Communications

## Team Sports Engine - Forest Lake 2024 Fishing Team

- This is where we will communicate throughout the summer any changes, notices, important information will be posted here
- Invites will be sent once forms are turned in

Follow us on Facebook and Instagram

- Instagram - forestlakefishing
- Facebook - Forest Lake Fishing Team


## Registering for in-house events

## Summer 23 FLF In-House Tournaments

Please read the information below carefully!<br>ONE RESPONSE PER TEAM, this will make sure we can have the most accurate information prior to the first try out tournament. These tournaments are also open to seniors.<br>In House Tournament Dates<br>6/19 E/W Rush 5:00-8:30<br>7/17 Bald Eagle 5:00-8:30 PM<br>7/31 Forest Lake 5:00-8:30 PM<br>8/14 Chisago Chain of Lakes 5:00-8:30 PM<br>*Boat check-ins will tentatively start at 4:00 PM.<br>1.) You do not have to commit to fishing all of the tournaments.<br>2.) You must provide your own boat (must meet league regulations - see team handbook) and a captain that is 18 years of age or older. You don't have to have the same captain for all the tournaments. Captains may keep one big fish if they want to compete in a side pot with other captains.<br>Please contact AJ Hansen (ajhansen@flaschools.org) or Mike Mehsikomer (mmehsikomer@gmail.com)

Explain the importance of this and how helpful it is to know ahead of time how many anglers will be competing

## Apparel - NEW this year!

- Working with Heritage
- Will have an apparel store that will open for families and anglers to purchase team logo items!
- Hoping to open the online store $4 / 23$

This is optional - all student anglers will receive a hat and team jersey (provided with sponsor and fundraising money)


## WHAT ABOUT THE BOAT?

All boats must:

- have an operating livewell with aeration system to keep all bass alive throughout the day (checked at morning take-off)
- have an operating kill switch connected to the boat captain when the big motor is in operation (checked at morning take-off)
- have minimum 16 foot length and power cannot exceed Coast Guard maximum limitations. Horsepower ( 250 hp ) limitations do apply at National events.
- carry a $\$ 300,000$ minimum liability insurance policy with a copy readily available upon random checks at morning check-in.


## Boat Captains

- Student Anglers are responsible for finding a boat captain!
- Make sure your boat captain understands the commitment and what is involved especially concerning B.A.S.S Nation events.
- Plan ahead if you do not have a captain. You are responsible for finding a captain if you want to compete in on the water competitions.
- Boat captains are the only ones allowed to operate the big motor.
- New this year, Forest Lake Fishing will require boat captains to complete a background check. (additional cost may apply)

To participate in on the water competitions you and your partner are responsible for finding a boat captain. Your captain must be over the age of 18.

Make sure your boat captain understands the commitment and what is involved especially concerning B.A.S.S Nation events. Explain this.

Each league has minimum boat requirements:
An operating livewell with aeration system to keep all bass alive throughout the day (checked at morning take-off)

- An operating kill switch connected to the boat captain when the big motor is in operation (checked at morning take-off)
- A minimum 16 foot length and power cannot exceed Coast Guard maximum limitations. Horsepower ( 250 hp ) limitations do apply at National events.
- Carry a $\$ 300,000$ minimum liability insurance policy with a copy readily available upon random checks at morning check-in.

Plan ahead if you do not have a captain. You are responsible for finding a captain if you want to compete in on the water competitions. Make sure your captain understands the rules of the competition you are competing in.

## Boat Captain Rules for High School Tournaments

The following people CANNOT be a boat captain.

- Employees, officers and directors of B.A.S.S. or its parent, subsidiary, and affiliated companies and members of their immediate families (spouse, parents, children and sibling, regardless of where they live).
- Local professional fishing guides that receive payment specifically for that body of water. Specific exception will be granted for parents captaining for their child or the team's head coach only.


## Rules During Competition (High School Tournaments)

- Fish limit is five (5) fish per team, largemouth or smallmouth bass, minimum of 12 inches in length unless altered by local rules.
- Only artificial lures are allowed during competition.
- Use of culling devices which penetrate the mouth of a fish are prohibited and will result in disqualification.


## Things the Boat Captain May Do or Provide (High School Tournaments)

Boat captain/coach MAY:

1. Verify competition rules are followed. See above.
2. Help with hook removal from a fish.
3. Demonstrate how to tie a knot.
4. Provide a net for the event.
5. Assist in untangling of jammed reels, but the student angler's lure must be out of the water.
6. Verify length of caught fish.
7. Provide education on proper fishing ethics and distance away from other teams (i.e., no closer than two cast lengths).
8. Provide fish handling care and help with culling, however the students must identify which fish is to be kept or released.

## Things the Boat Captain May Not Do (High School Tournaments)

Boat captain/coach MAY NOT:

1. Fish.
2. Go on plane in the boat within 150 yards of shore.
3. Pass other participant boats while traveling to the first location.
4. Pass in "no wake" zones.
5. Teach by example.
6. Tie knots for a student angler.
7. Land fish with or without a net.
8. Run the trolling motor.
9. Allow any student anglers to operate the outboard engine except at initial launch in the morning and only after weighing their fish.
10. The boat captain/coach cannot make a determination on which fish to keep or release.

## Boat Captain Rules for Junior Tournaments

## Rules During Competition (Junior Tournaments)

- Fish limit is five (5) fish per individual angler, largemouth or smallmouth bass, minimum of 12 inches in length.
- Only artificial lures are allowed during competition.
- Use of culling devices which penetrate the mouth of a fish are prohibited and will result in disqualification.
- Each boat must return to the designated weigh-in location prior to its designated weigh-in time.
- During official competition (i.e., morning take-off until weigh-in), anytime the combustion engine is running, boat captain/coach and student anglers MUST be seated with the coach in the driver's seat in full control of the boat.
- All participants must wear their life jackets at all times for the Junior Tournament.
- Boat captain/coach must ensure that each Junior Angler gets 50\% of the time to fish from the front of the boat and in the fishing location of their preference.


## Things the Boat Captain May Do at Any Time (Junior Tournaments)

Boat captain/coach MAY at any time:

1. Coach.
2. Give advice (send in plays).
3. Verbally explain techniques, how to $\qquad$
4. Provide fish handling care and help with culling, however the students must identify which fish is to be kept or released. The boat captain/coach cannot make a determination on which fish to keep or release.
5. Recommend fishing areas.
6. Tie knots, untangle reels.
7. Land fish with or without a net.
8. Run the trolling motor.

## Things the Boat Captain May Not Do (Junior Tournaments)

Boat captain/coach MAY NOT:

1. Fish.

## Junior Series



R163MASTER
JUNIOR SERIES

## Junior B.A.S.S. Competitions

## JUNIOR OPEN EVENT \#3

With the increasing popularity of youth fishing and the growing participants in the Junior Angler Program, Minnesota Junior B.A.S.S. will be hosting three additional events to help junior anglers better prepare for the state championship.

Each individual Junior Open will advance the top 15 place finishers to the 2024 MN Junior B.A.S.S. Junior State Championship in July 19th 2024. Eligible junior anglers will be able to sign up for only one of the three consecutive open dates to try and qualify for the ' 24 MNJBN Junior State Championship on Lake Minnewaska.

The first event will be Wednesday, June 262024 at Big Marine Lake in Scandia, MN.

## Big Marine Scandia, Minnesota WEDNESDAY, JUNE 26,

 2024

Each individual Junior Open will advance the top 15 place finishers to the MN Junior B.A.S.S. Junior State Championship in July '23. Eligible junior anglers will be able to sign up for only one of the three consecutive open dates to try and qualify for the '23 MNJBN Junior State Championship on Washington / Stella Lake. E/W Rush is the closest event to us.

## 2024 Junior Series

2024 Junior State Tournament (Tentative)

- Friday, July 19, 2024
- Lake Minnewaska (Starbuck, MN)
- 45 boats (Tentative)


## Competition Team



## Tryouts for competition team

There will be three try-out tournaments

Best combined weight from two out of three tournaments will earn a spot on the competition team

Ten boats will be on the competition team.

You must be able to commit to ALL three
 conference tournaments to try-out.

Explain the fishdonkey situation, why the 3rd education clinic is mandatory, scales, etc. Explain that if we have less than ten eligible teams for the year the tryout will become an open event for all team members. Explain that only 9-11 graders can participate due to when State and the National Championship are.

A major shout out to our state qualifiers from last year, Ryan Fischer and Dylan Ring

LILA AND NLA CUTS - Explain

## Conference Competitions

Conference Tournaments are the pathway to reaching the State Championship. Teams fishing within their conference are fishing for their 5 biggest bass.


At the end of the tournament, the team with the biggest bag of fish will be the winner of the tournament. The winner will receive 100 points towards conference standings. The second place team will receive 99 , third place will receive 98 , and so on.

Ties in weight will be decided by their biggest bass of the day. It is important to weigh your biggest bass of the day for this reason regardless of if it is big enough to win the biggest bass prize for the day.

Points will continue down until the minimum of 65 . Any teams that participated in the tournament will receive 65 points regardless of their final weight or weighed in a fish at all. In the case of a smaller conference, all teams will be ranked by weight receiving their points by ranking. All teams that fish but do not weigh a fish will all receive the same last place point total. These participation points help maintain competitive balance.

All teams not participating in the team from the conference receive zero points for that event.

Ties in points will be decided by the biggest bag of each team throughout the season. These tiebreaks will only be calculated after the final tournament in the series has been completed.

## Conference competition anglers MUST register on the MNJB Nation site

Explain that students are in charge of creating gameplans, doing the work, and finding their own fish. State format is new this year. It will be a 70 boat field consisting of the top 5 teams from our conference. Teams $6-10$ will go to a regional qualifier in mid August for a 2nd chance at state. Top 10 from this tournament will advance to the state tournament in September.

## High School Conference Competitions

## TENTATIVE DATES AND LAKES

Currently listed dates and lakes are in the process of final planning and permit approval. They are still subject to change until this banner is removed.


NORTH METRO OPEN \#3


2024 CONFERENCE OPENS

Competing against: Cambridge-Isanti, Ogilvie, Chisago Lakes, Zimmerman, Prairie Seeds

State Championship

## Format

## 70 Boat to Fish Both Days

 Conference Top 5x10Regional Qualifier Top $10 \times 2$

Top 5 in points from each conference will automatically advance to State Tournament

Places 6-10 will advance to Regional qualifier

- Two simultaneous 25 boat tournaments will advance to the top 10 finishers each to State tournament
- Sunday, August 11

70 Boat State Tournament fishing all day both days with random reverse boat order.

Graduates and Seniors

## What about Graduates?

Graduates of 2024 can continue fishing throughout the year in all Team Recreational Activities

Graduates (if room) can fish Conference Events but not qualify to fish State Tournament - FINAL YEAR OF THIS.

Goal is to continue to enhance Graduate Only Event -

- Friday, June $28=$ Graduates fish as pairs of two as their own captains as a trial of what the Minnesota B.A.S.S. Team Trail looks like. Lake is TBD.
- Movement from high school club to an Adult Nation club.


## Graduate Only Tournament

Friday, June $28=$ Graduates fish as pairs of two as their own captains as a trial of what the Minnesota B.A.S.S. Team Trail looks like. Lake is TBD after you all set your schedules.

- This event will qualify top 3 teams ( 6 anglers) to Adult ToC in August.


## NEW SENIOR SUNSET

CLASS OF 2025 - This year is their final year of competitive eligibility SENIOR SUNSET TOURNAMENT

Sunday, September 29, 2024

- Lake TBD - Again to see what lakes you all select and find something different
- Recruitment Invitations will be extended to MN College teams, MN BASS Nation, and other adult tournament trail directors to pitch and recruit at weigh in celebration
- Anglers can make plans throughout the winter and plot out their fishing future.


## Lettering

To letter in fishing this year and receive monetary assistance should an angler qualify for state, anglers must:

- Compete in ALL three North Metro conference tournaments
- Participate in the volunteer event
- Compete in 3 out 6 in-house tournaments



## Sportsmanship

## Be Professional and respectful, That's what is expected. This includes your boat captain.

Respect the sponsors on your jersey that donate for your success. Jerseys must be worn for ALL competitions.

Do more than tournaments, learn about the resources and always make time to fish with family and friends.

ALL student anglers are also expected to act with integrity and respect both on and off of the water. We will be following the FLAS Student Handbook policies as they apply.

Reiterate that student anglers are representing our team on and off the water. This includes in the classroom and in the community. This includes when they are on the water for fun. If they are wearing the jersey or the logo they should be mindful that that act accordingly. They are responsible to know the rules of the competition they are competing in.

FLF is about growing student anglers for a lifelong passion.

# Looking for a partner? <br> Hang around after! 

