

LAKE CONFERENCE CROSS COUNTRY MEETS

SPECTATOR ATTENDANCE PROTOCOLS

The health and safety of all runners and coaches is of the utmost importance at a Lake Conference Cross Country Meet.

We are going to have a trial run of letting Spectators attend Lake Conference Cross Country meets starting Wednesday, September 9th.

Here are the Protocols for Spectators attending a Lake Conference Cross Country Meet:

1. Maximum of two (2) Spectators per runner (this includes parents/guardians, siblings, grandparents)
2. Spectators MUST stay 100 feet away from all team camp areas – before, during, and after the meet. If they need to speak with their child, the runner needs to leave the camp to come to see the Spectator.
3. Absolutely no Spectators within 100 feet of the start and finish area.
4. Masks must be worn by Spectators at all times, regardless if runners are nearby.
5. On the race course, Spectators must stay 15 feet away from any runners and 6 feet away from other spectators.
6. Spectators should arrive on site no earlier than 15 minutes before their child's race, then need to leave 15 minutes after their child completes the race. This averages out to 30 minutes on the site.
7. Spectators must abide by course specific fan boundary markings (i.e.) wired flags and painted lines, as set by the host school via a course map. For example: **no fan zone *athletes only*
8. Coaches are responsible for enforcing these expectations with their parents.
9. It is recommended that the Host school have parent volunteers who are easily identifiable managing areas of the course and reminding spectators of the protocols if necessary.