# Recreation Program/Event COVID Guide



(Updated August 18, 2021)

It is important to note that all Roseville Parks and Recreation programs have been planned, developed and conducted following the Center for Disease Control (CDC) and MDH guidelines for Social Distancing in Recreational Programs. Please be aware there is some risk of participating in any activity during the pandemic. Even though we are working to provide the safest environment as possible, 100% mitigation cannot be guaranteed for any activity.

#### Communication

City staff will communicate changes to guidelines and programs directly with registered participants via email. Participants are encouraged to ensure a current email is available on Active accounts. Staff will email a Program/Event COVID Safety Sheet prior to an activity's start date. The Program/Event COVID Safety Sheet will provide program specific information and contact information. Safety sheets will be emailed after the program registration deadline. Contact the Parks and Recreation office with any questions, 651-792-7006.

## **Participant Pre-Screening**

Participants, city staff, and volunteers are responsible for pre-screening for COVID-19 symptoms prior to arriving at an activity. Individuals who have or live with someone who displays symptoms of COVID-19, have a fever of 100.4 or above or other COVID 19 symptoms should stay home and not attend the program/activity. Parents should screen their children prior to bringing them to an activity which includes a temperature check. If the participant has not been screened, or if there are symptoms, the participant will not be allowed to participate.

**Symptoms** of COVID-19 can include cough, shortness of breath, fever, chills, headache, muscle pain, sore throat, or loss of taste or smell. Other less common symptoms include gastrointestinal symptoms like nausea, vomiting, or diarrhea. These symptoms may appear 2-14 days after you are exposed to the virus that causes COVID-19. Not everyone with COVID-19 has all of these symptoms, and some people may not have any symptoms.

Talk to your health care provider if you have questions or concerns about symptoms.

## **Social Distancing and Group sizes**

Roseville Parks and Recreation will be following the MDH guidelines for capacity limits and social distancing requirements in each facility/space/program. Please understand these guidelines impact spectators as well. Please see specific Program/Event COVID Safety Sheet for information if capacity limits or social distancing is required in your program.

## **Cleaning and Disinfecting**

Cleaning and disinfecting will be completed in a timely manner following CDC guidelines. Program specific cleaning and disinfecting will take place between participant uses. City staff will designate separate equipment and supplies per participant when able.

## **Facial Coverings**

Please see Program/Event COVID Safety Sheet for specific program requirements.

## **Prevention Efforts**

Participants are encouraged to wash hands with soap and water before, during, and after participation in activities. Hand sanitizer will be available at program locations, unless otherwise noted on Program/Event COVID Safety Sheets.

Restrooms will be available at each program/event location. Restroom use prior to arriving at the park/facility area is encouraged.

Water fountains may not be available. Participants should plan to bring their own filled water bottle.

### Contact

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