

# Dana Point Youth Baseball

## 7U Rules

### BATTING:

1. A single wheel pitching machine will be used for all play. Machine shall be placed at 40 feet from home plate and a set at of 40 mph. A coach from the batting team shall pitch to his/her own batters. Managers are not permitted to change the speed of the machine without agreement from both managers and the umpire that the machine is not believed to be delivering balls at 40 mph.
2. There are strikeouts. Only swings count as a strike. There are no called strikes (umpire may call check swing strikes).
3. A maximum of six pitches will be thrown to each player. If the player does not put the ball in play (or strike out) within those six pitches the batter is out.
4. There are no walks.
5. No lead offs or stealing bases. Runner must remain in contact with base until the ball is hit or crosses the plate. After one team warning the runner is called out.
6. If a player is called out on a put out, then the player must return to the dugout.
7. Players are permitted to take only one extra base on an overthrow.

### DEFENSIVE RULES:

1. A play is called dead ONLY when an infielder is holding the ball in the air while located on the infield dirt. Baserunners on the base paths shall move to or return to the nearest base (if past halfway to the next base, runner shall move forward).
2. Outfielders must have feet on outfield grass prior to the pitch.
3. A pitcher shall position him/herself within five feet of the machine, no closer to the batter than the machine.
4. Every player is expected to play in the infield at least one complete inning within the first three innings of a game.
5. Every player is expected to play in the outfield at least one complete inning within the first three inning of a game.
6. The entire team will play on the field defensively, with a full infield and the balance of the players in the outfield (on the grass), no rovers in the infield dirt.
7. There is no dropped third strike rule. A third strike is recorded as an out even if the catcher drops the ball.