



## Major 70's Rules

- Bat entire roster
- Free substitutions
- Home team gets field ready for game
- Visiting team rakes & drags field after the game (put bases in dugout and put plugs in)
- 10 run rule after 3 ½ innings
- No new inning started after 120 minutes from start time
- Max total pitch count in a week is 120 pitches. a week defined as Monday through Sunday.
- A player is not allowed to pitch more than 3 innings AND play catcher in the same game. If you catch more than 3 innings in a game you can't play pitcher. **If you pitch more than 3 innings, you can't play catcher.**
- **If a game happens to go to extra innings, which is a possibility especially in playoffs, each half inning will begin with a runner on 2nd base (New Cal Ripken rule this year). Runner should be last recorded batter from previous inning.**
- Pitch Count will be logged via Game Changer

PITCHING RULES					
Age	Daily Max (Pitches in a day)	Rest Period			Weekly Max
		0 Days	1 Day	2 Days	
7-8	50	1-20	21-35	36+	60
9-10	75	1-40	41-65	66+	85
11-12	85	1-40	41-65	66+	120

\*Weekly Pitching goes from Monday to Sunday