

2017-18 Boys' Basketball Meeting

TCW:DC;DS;AR,YSIED



T·H·E·C·A·R·D·I·N·A·L·W·A·Y

DEMANDS COMMITMENT
DENIES SELFISHNESS
ACCEPTS REALITY, YET SEEKS IMPROVEMENT EVERY DAY

PTS

Pound the Stone

Look at a stone cutter hammering away at his rock, perhaps a hundred times without as much as a crack showing in it. Yet at the hundred-and-first blow it will split in two, and I know it was not the last blow that did it, but all that had gone before.

Life is
more than
basketball.

Basketball is
more than
basketball.



D·E·F·E·N·S·E

PRESSURE THE BALL
PROTECT THE PAINT
CONTEST ALL SHOTS
REBOUND



O·F·F·E·N·S·E

PUSH THE BALL
VALUE THE BALL
ATTACK THE PAINT
BALL AND PLAYER MOVEMENT

The Cardinal Dozen

The Cardinal Dozen

1. Be a good teammate. Care for others; care for the program

The Cardinal Dozen

2. Be a student of the game. Knowing your responsibilities is important; knowing more than that can raise you and your team. Watch film.

- Hudl

The Cardinal Dozen

3. Be coachable. It can be a challenge to be coachable when things aren't going well for whatever reason. If there's a problem, being un-coachable will only magnify the problem.

The Cardinal Dozen

4. Carve out a role. Even if a role isn't defined for you, you can carve one out for yourself by consistent good play of any kind.

The Cardinal Dozen

5. Be tough. Toughness is physical for sure, but most of the time it's mental and not giving in – keep pounding the stone.

The Cardinal Dozen

6. Be poised. Basketball practice presents many mini-crises; you can practice not being nervous as these situations arise. When things get chaotic – be you; be us.

The Cardinal Dozen

7. Space the floor. No matter the offense, players who know where to be are valuable.

The Cardinal Dozen

8. Hit the open man. One of the easiest things to do in the game; every team needs “glue” guys. Move the ball.

The Cardinal Dozen

9. Take good shots. Learn what this means for you – it is different for each player. A forced or bad shot is almost equal to a turnover.

The Cardinal Dozen

10. Play defense like it matters. There is a disposition great defenders have – a genuine pride that scores are a problem, and people that score on us are a problem.

The Cardinal Dozen

11. Rebound like it matters. You may not be able to get every rebound, but you can make sure your assignment doesn't get it. Rebound in your area and pursue out of your area.

The Cardinal Dozen

12. Be a 50/50 ball demon. Loose balls are created a lot of ways. Be the player who looks for and seizes these opportunities. Possessions matter. Pursue. 50/50 needs to be 75/25.

Schedule

Yearly is posted: Plan events around it -- it is tentative, but usually pretty accurate.

Weekly is posted: Check it each Monday for bus times, etc.

Daily is posted: Check it for that day's practice schedule.

See Mr. Pocerlich with questions, concerns, conflicts, as soon as possible.

Thought of the Week

Will be posted each week.

One or two players per week will be selected to speak on the thought. The speakers will not be posted. Some will be called on more than once before others are called on. Give the thought some thought. Speak from your heart. We won't have trust issues on this team.

Coach Pocerich and / or Coach Levinski will also speak on the thought at some point during the week.

“The Chains of Habit are too light to be felt until they are too heavy to be broken.”

Culture

Culture is established when the coach tells a player he's wrong or affirms his actions. It is affected greatly when players tell other players: "No, that's not how we do things here." Players' actions have echoes. If past results aren't good enough for you,

Change the echoes.

2 goals tonight:

1. Get better

2. Bring the **JUICE**

Not:



Joy

Urgency

Intensity

Concentration

Energy

Rules

GREAT teams set standards.

AVERAGE teams need rules.

Which will we be?

Standards are better than rules because standards you own; rules you follow.

What will your standards be?

Monday, November 21, 4:45.