



COVID-19: Tustin Youth Baseball Association/Tustin Pony Baseball Return to Practice/Play

Follow all local and state guidelines

The following guidelines are intended to help formulate and implement plans for safe re-opening of baseball activities: **Promote Healthy Hygiene Practices, Cleaning & Disinfection, Implementing Distancing, Limit Sharing of Equipment, Checking for Signs and Symptoms, Plan for When a Member Becomes Sick, and Maintaining Healthy Operations.**

Recommended Best Practices for conducting practice (20 people Maximum):

1. Coaches and players must adhere to physical six-foot distancing except when the ball is in play.
2. Coaches are strongly recommended to wear face coverings during on field practice. In addition, during practice team meetings or huddles coaches are required to wear face masks (if less than 6ft apart).
3. Athletes are strongly recommended to wear face coverings at all times while not actively participating in the field of play.
4. Coaches/Parents must conduct daily symptom assessments of players and self-evaluation. Anyone experiencing symptoms must stay home.
5. Coaches or designated "point person(s)" will upon arrival take the coaches/players temperature prior to participation. Anyone with a fever of 100.4 degrees or higher cannot participate and must be safely transported home or to a healthcare facility, as appropriate.
6. Encourage parents to supply their players with antibacterial wipes and hand sanitizer for disinfecting shared playing equipment after each use.
7. No team water coolers or shared drinking stations.

Recommended Best Practices for the Field-of-Play:

1. Follow all local and state guidelines for facilities and events.
2. No spitting or eating seeds, gum, other similar products.
3. The managers meeting at home plate should be limited to one coach from each team plus the umpires. No players at plate meeting. Eliminate the meeting if possible.
4. No touch rule – players should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires and fans. A "tip the cap" can be used following the game in lieu of the handshake line.
5. Allow teams to spread players out; expand the dugout area when room permits and only if player safety will not be compromised. Expansion of the team dugouts should not be done into foul ball areas. Attempt to limit bench personnel to essential team personnel.

6. Encourage parents to supply their players with antibacterial wipes and hand sanitizer for disinfecting shared playing equipment and cleaning hands between innings/quarters/periods.
7. Allow players to wear PPE items if they choose, as long as the items do not compromise the safety of any and all participants in the game.
8. Require teams to clean their dugout of all trash and other items after each game, and to wipe down (clean) hard surfaces such as benches, bat racks, etc.
9. Upon arriving at a dugout for the first time, teams are to disinfect hard surface areas (benches, bat racks, etc.). *Procedures #7 and #8 here will comply with the CDC recommendation of a two-step process for cleaning and disinfecting.*

Notify Armando Larraga (tybaplayeragent1@gmail.com) of any COVID-19 related concerns

Additional Resources:

Orange County Healthcare Agency

<https://occovid19.ochealthinfo.com/>

Centers for Disease Control and Prevention – Considers for Youth Sports

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>