

SRVGAL Players – do you want to get some extra training over Spring Break

All American Sports Academy is putting on two clinics for SRVGAL during Spring Break. Hurry the spots will go fast. These clinics are for our 8U, 10U, 12U, & 15U players.

CATCHERS CLINIC

The first is a catchers clinic Wednesday, April 3rd that is exclusively for girls playing the catcher position.

It will cover:

position skills

receiving mechanics

blocking, framing

throw downs

lots of skill related drills

learn to be the leader in the field

The nonrefundable fee is \$10.

Catchers need to bring their own catchers equipment.

Use this link to sign up.

[Catchers Clinic, April 3rd Sign Up](#)

DEFENSE CLINIC

The second is a defense clinic Friday, April 5th. This is a clinic for everyone as it covers defense from all positions.

It will cover:

defensive skills

glove work

bag work

foot work

leg drive

3 & 4 step throws

diving

drop steps

position play

relays and cuts

Lots of skill related drills

The nonrefundable fee is \$10.

Use this link to sign up.

[Defense Clinic, April 5th Sign Up](#)

Sign up today, space is limited.