

CYAA SOCCER RULES & GUIDELINES FOR 2020 High School Rules Will Be Used

The Field Dimensions:

Division 1 –2: FIELD 1 45 yards W x 75 yards L. Division 3: FIELD 2 35 yards W x 55 yards L. Division 4: FIELD 3 25 yards W x 35 yards L. Division K: FIELD 4, 5 25 feet W x 40 feet L.

Corner Flags: Half line Flags to 3 feet back from the sidelines.

<u>Goals</u>:

Division: 1-2 Full Size Goals (24 feet x 8 feet H)

Division 3 (19 feet x 6.5 feet H) Division 4 (12 feet x 6 feet H) Division K: (4 feet x 6 feet)

Ball Size:

Division 1-2-3 use a #5 ball

Division 4 Boys and Girls use a #4 ball

Division K use a #3 ball

Number of Players

Division 1 Ages 14-18 7 vs 7 minimum
Division 2 Ages 11-13 9 vs 9 minimum
Division 3 Ages 8-10 7 vs 7 minimum
Division 4 Ages 6-7 6 vs 6 minimum

Division K Ages 4-5 5 vs 5 minimum TEAM 1 A, TEAM 1 B; TEAM 2 A, TEAM 2 B

- 1. Both teams must play with the same amount of players. If one team is short players, then the other team must play short to make the teams even. Teams that are short players are able to borrow up to 2 players from other teams in their division OR the division just below their division (if parents approve) to make up for the team players that are missing. However, they must be at average or below average skill level to remain fair (Assessment score 3 or below). Or if the player(s) that is missing is at above average assessment score, then they can substitute another player that is equal to their assessment score.
- 2. Divisions 1: teams forfeit if they have only 4 players and are unable to find players from other teams in their division or the division just below theirs. The game may still be played for fun, but the forfeiting team gets a loss.
- 3. Divisions 2: teams forfeit if they have only 6 players and are unable to find players from other teams in their division or the division just below theirs. The game may still be played for fun, but the forfeiting team gets a loss.
- 4. Divisions 3: teams forfeit if it they have only 4 players and are unable to find players from other teams in their division. The game may still be played for fun, but the forfeiting team gets a loss.
- 5. Divisions 4: teams forfeit if it they have only 3 players and are unable to find players from other teams in their division. The game may still be played for fun, but the forfeiting team gets a loss.
- 6. DURING PLAYOFFS AND CHAMPIONSHIP GAMES THERE WILL BE NO BORROWING PLAYERS FROM OTHER TEAMS. IF THE TEAM DOES NOT HAVE ENOUGH TO PLAY THEN THEY FORFEIT.

Substitution

Free subs, only on goal kick, corner kick and throw in when in possession of the ball. NO SUBS IN THE LAST 5 MINUTES OF THE GAME.

Players Mandatory Equipment

- 1. Soccer cleats only, tennis shoes not allowed.
- 2. Shin guards for games and practice.

Duration of Game for Boys and Girls

Division 1 30 minutes each half with 5 minute rest at half time.

Division 2-3 25 minutes each half with 5 minute rest at half time.

Division 4 20 minutes each half with 5 minute rest at half time.

Division K 20 minute each half with a 2 minute rest between periods.

In instances of extreme heat, the referee will allow two minutes for water breaks and subsequent quarter. Coach and parents are to come on to the field. Players cannot step off the field.



Division K

1. No goalkeeper necessary

2. Only one coach per team is allowed on the field

3. There are field "A" and field "B" teams divided into two balanced groups. Two Games are played next to each other at the same time. On second half the visitor's teams switch fields.

Coed

If coed teams exist, same rules appy for Division 1-2-3. The make of the ball live has been removed, any player can score at any time.

Ball In & Out of Play

For Division 1-2-3, if a throw in that does not enter the field of play, or is not executed properly, the ball goes to the other team.

Fouls and Misconduct

- 1. Direct and Indirect fouls, opponent needs to be ten yards from the ball.
- 2. There will be absolutely NO Slide Tackling. Slide tackle is considered a very dangerous play an is punished by a a yellow card. There will also be NO SLIDING whatsoever.

 This includes NO sliding to score a goal or save a goal or save a ball from going out of bounds.

3. REFEREES

- a) Referees will be high school certified, and will enforce those rules. But they will be instructed not to use yellow or red cards to control the game.
- b) At first major offense, player will be given a verbal warning unless it is a dangerous play then they will receive a yellow card and sit for five minutes and they can be substituted. If the same player received a second yellow card, then they will be sent off and will be done for that day. They can be substituted to avoid team shortage.
- c) Red card offense, referee must submit a written report of the incident for committee to review for further action.

Coaches

- 1. Coaches to submit a line-up card to the referee prior to the game with the names and jersey number.
- 2. We recommend for you to have an assistant coach to be listed on the line-up card, in the event that a red card is given to the Head Coach the game can continue.
- 3. Every player plays a minimum half of the game, referee will keep track on the line-up sheet.
- 4. For Division 1-3 and K: coaches must inform parents and friends that attend the game that seating for Visitors is on the North side of the field, seating for Home is on the South side of the field. Division 4: Visitors seating is on East side of the field and Home seating on the West side of the field.
- 5. Siblings of the same age are to be placed on the same team.
- 6. Siblings of one year of age difference, the younger sibling can move up, with parents approval, to be on the same team of the other sibling of the same gender. Once a child has been moved up a level, they must stay at that level.
- 7. Siblings of two or more years of age difference, will be placed in the age level they belong.

The Head Coach can have his/her children on their team of the appropriate age level; not cousins, neighbors or other friends. Teams are assigned by the Directors of soccer based on age and assessment. Once the assigned roster is received, you must choose your assistant coach and team mom (parent) from the parents of your roster, not from outside sources.