

# 2018 State Meet Itinerary

# FRIDAY - 11/23/18

6:45 am - Meet at GOHS to depart for Fresno (front parking lot)

9:00 - Breakfast in Santa Clarita (IHOP)

3:00 pm - Begin practice on Woodward Park course

4:15 – Team pictures, buy T-shirts, patches, etc.

5:30 – Dinner & Shopping at River Park Shopping Center, Fresno

7:15 – Head to Hotel in Madera

8:00 – Team Meeting in Lobby or Conference Room (TBA)

9:00 – In rooms for relaxation/showers

9:30 – Lights out

## **SATURDAY - 11/24/18**

5:30 am - Wake-up call and breakfast

6:15 - Depart for Woodward Park

8:30 – Boys race for the STATE CHAMPIONSHIP!!!

9:30 – Girls Race for the STATE CHAMPIONSHIP!!!

10:00 - Boys awards ceremony (Need to be top 3)

10:20 – Girls awards ceremony (Need to be top 3)

11:30 – leave Woodward Park

11:45 – Lunch at River Park Shopping Center, Fresno

1:30 pm – Leave for Temecula

7:30 – Arrive at GOHS

# Can Tori and Tyler win as individuals and lead their teams to their 7th and 5th

straight Division 1 State Titles?

## (A) - Hotel Info:

SpringHill Suites Madera 1219 East Almond Avenue Madera, California 93637 1-559-664-9800

# (B) - Course Info:

Woodward Park Fresno, CA Just north of Fresno on the 41

# **Contact Info:**

Head Coach - Doug Soles 1-951-326-6992 dsoles@tvusd.k12.ca.us

Coach - Daniel Noble 1-951-805-9273 dnoble@tvusd.k12.ca.us

#### **Transportation:**

Charter Bus





# 2018 Synopsis:

We have some very good competition at the deepest state meet in the country! Have yourself mentally and physically ready to give your best effort for your teammates on Saturday. This meet gets you into NXN and allows you a chance to run for the national title. Let's show everyone what we can do and bond as a team so that when we get to Portland we are prepared for anything!

### What to Pack

- 1. Uniform, Team T-Shirt, Warm-ups (Nike gear only)
- 2. Socks & Underclothes
- 3. Sweats, Jeans, Warm-up Wear
- 4. T-shirts
- 5. Sweatshirts, Jackets, (prepare for rain just in case)
- 6. Pajamas
- 7. Shoes Running (Don't Forget Racing Flats)
- 8. About \$70+ of spending money if possible (Meals, T-shirt, Patches, etc.)
- 9. Toothbrush, Toothpaste, Hairbrush, Hairspray, **DEODORANT**, etc.
- 10. Ipad, back up phone charger
- 11. It is supposed to be between 45 65 Degrees while we are there. Bring clothes for all weather!



Can the girls tie the State Record by winning their 7th State Title in a row???

# 2018 Great Oak XC State Team