

# 2023 Roosevelt Roughrider Varsity Track and Field Schedule

Date	Day	Meet	Location	Time	Bus Leave Time
3/10	Friday	Max Marr	Berthoud High School Berthoud, CO		
3/18	Saturday	Murray Kula Windsor Invitational	Windsor High School Windsor, CO		
3/25	Saturday	Broomfield Shootout	Broomfield High School Broomfield, CO		
4/1	Saturday	Elise Granny Invite	Niwot High School Niwot, CO		
4/5	Wednesday	Zoomfield Invite	Holy Family High School Broomfield, CO		
4/14	Friday	Greeley Central Twilight Invitational	District 6 Stadium Greeley, CO		
4/14 – 4/15	Friday/Saturday	Pomona Invitational	Jeffco Stadium Lakewood, CO		
4/22	Saturday	Randall Hess Invite	Berthoud High School Berthoud, CO		
4/29	Saturday	Welco Championships	Eaton High School Eaton, CO		
5/5 – 5/6	Friday/Saturday	Longs Peak League Champs	TBD		
5/12	Friday	St. Vrain Invitational	Longmont High School Longmont, CO		
5/13	Saturday	Berthoud Last Chance Qualifier	Berthoud High School Berthoud, CO		
5/18 – 5/20	Thursday - Saturday	Colorado 4A State Championships	Jeffco Stadium Lakewood, CO		

**Head Girl's Coach: Abe Sauer**

Phone: 970-302-8600

Email: [sauer@skybeam.com](mailto:sauer@skybeam.com)

**Head Boy's Coach: Daniel Joiner**

Phone: 970-619-0488

Email: [daniel.joiner@weldre5j.org](mailto:daniel.joiner@weldre5j.org)

**High Jump: Gary Luster**

**High Jump: Paul Herman**

**Jumps/Hurdles: Colby Schultz**

**Middle Distance: Luke Thomas**

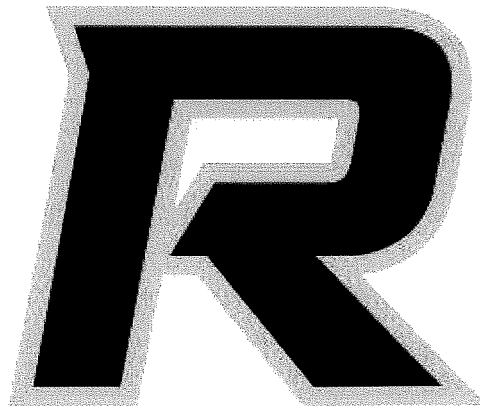
**Pole Vault: Lane Wasinger**

**Sprints/Relays: Brad Franklin**

**Throws: James Heater**

**Throws: Ken Brunk**

**Varsity Assistant: Manny Trujillo**



# 2023 Roosevelt Roughrider Junior Varsity Track and Field Schedule

Date	Day	Meet	Location	Time	Bus Leave Time
3/15	Wednesday	JV Meet #1	TBD	3:30 pm	
3/22	Wednesday	JV Meet #2	TBD	3:30 pm	
4/5	Wednesday	JV Meet #3	TBD	3:30 pm	
4/12	Wednesday	JV Meet #4	TBD	3:30 pm	
4/19	Wednesday	JV Meet #5	TBD	3:30 pm	
4/29	Saturday	JV Welco Champs	Eaton High School Eaton, CO		

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**High Jump: Gary Luster**

**High Jump: Paul Herman**

**Jumps/Hurdles: Colby Schultz**

**Middle Distance: Luke Thomas**

**Pole Vault: Lane Wasinger**

**Sprints/Relays: Brad Franklin**

**Throws: James Heater**

**Throws: Ken Brunk**

**Varsity Assistant: Manny Trujillo**

