



Leavenworth Soccer Club Members:

With the recent cases of the COVID-19 Coronavirus virus in Washington state, we wish to communicate to all teams, players, coaches, game officials & families about best practices to protect everyone at soccer events.

At this time, all soccer related activities will continue as scheduled for the foreseeable future. We will continue to monitor the situation, and update if there are any changes to this plan. In addition to the CDC & Washington Department of Health recommendations, please see the recommendations below for games & practices in order for us all to protect ourselves and those around us. We will monitor our governing body US Club Soccer, our local competitive club PSPL and the Cascade School District for guidance on this matter.

Players or parents feeling ill should not attend soccer games or practices
No handshakes, high fives, fist pumps, chest bumps, huddles, group celebrations, etc.
No pre or post game handshakes between players, coaches & officials - teams should continue to show good sportsmanship by clapping or cheering for the opposition team
Water bottles should NOT be shared
If you bring food or drinks to games, please ensure that you discard of any items yourself
All players & teams are advised to carry & use hand sanitizer
To help prevent the spread of respiratory viruses, please follow these important tips:

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol content.
Avoid touching your eyes, nose, and mouth with unwashed hands.
Avoid close contact with people who are sick.
All adults and children should stay home when sick. Clean and disinfect frequently touched objects and surfaces.
Individuals with chronic health issues and/or individuals experiencing severe symptoms should be evaluated by a medical professional
Health Agency Resources:

[WA Dept of Health](#)
[Center for Disease Control](#)
[CDC FAQs](#)
[World Health Organization](#)