



Grand Forks Youth Hockey Association
2022 Summer Speed and Skills Camp
June 13th - August 4th (8 Weeks)

The GFYHA Summer Speed and Skills Camp will be an advanced on ice program designed for players wanting to skate throughout the summer and improve their skating, puck skills and overall play. This is an 8 week program that will be offered to limited Peewee, Girls 12u/14u/15u and Bantam aged players. The Summer Speed and Skills Camp will be run by Grand Forks Youth Hockey Director Jason Ulmer.

Schedule:

Monday's and Wednesday's (June 13th- August 3rd) * No skates July 4th week

*8:15-9:15am	Peewee	ICON
*9:30-10:30am	Peewee	ICON

*Sign up knowing you could skate at either time

Tuesday's and Thursday's (June 14th- August 4th) * No skates July 4th week

8:15-9:15am	Bantam	ICON
9:30-10:30am	Girls 12u/14u/15u	ICON

Cost and Information:

- Cost of the 8 week Summer Skating and Skills Camp is \$375
- Groups will be limited in size
- Coaching and programming run by GFYHA Hockey Director Jason Ulmer
- 14 Ice sessions (2 per week - No Skate July 4th week)
- Practices will consist of power skating, skill stations and small area games
- Includes a jersey
- Goalies will register separately. Please contact coaching@gfyha.com if interested