



Date: Saturday, August 11

Location: Pike Lake Education Center (Chumash) and Freedom Park (Native Stick & Adaptive games). At the intersection of Silver Lake Road and 14th Street NW in New Brighton.

What's Going On:

Adaptive Lacrosse (soft stick)

Time: Games & instruction from 10:00 am to 3:00 pm.

Cost: FREE

Age Levels: All Ages co-ed, beginners and experienced players welcome. (Loaner sticks available)



Fastest Shot and Accurate Shot
Contests also available for prizes

Concessions & Traditional Native
stick makers on site.

Traditional wooden stick games hosted by Twin Cities Native Lacrosse

Time: Games & instruction from 10:00 am to 12:00 pm.

Cost: FREE.

Age Levels: All Ages co-ed, beginners and experienced welcome. (Loaner sticks available)



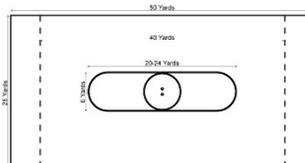
Chumash Lacrosse Tourney

Time: 12:00 pm check-in. Games from 12:30 to 4:00 pm.

Cost: (\$50 donation per team). Check-in at 12:00 pm for rules review and schedule.

Age Levels: (for experience players)

- | | |
|------------------------|--------------------------|
| Men's Master (40 plus) | Women's Master (40 plus) |
| Men's Adult | Women's Adult |
| Boys HS | Girls HS |
| Boys 14U | Girls 14U |
| Boys 12U | Girls 12U |



To register for the Chumash Tourney go to www.MBSLA.org and look for the online registration. The Online Registration Deadline is Thursday, August 9.

The Cause: The Laxtravaganza Festival is a fundraiser for both Twin Cities Native Lacrosse and MBSLA's promotion of adaptive (soft stick) lacrosse. John Hunter and TCNL promote and teach the traditional Ojibwa and Dakota style wooden stick game. Mark Erickson and MBSLA are promoting adaptive lacrosse with the goal of making it an official Special Olympics of

Minnesota sport. All money raised from team donations and individual donations during the event will be split between the two causes.

Chumash Rules: Chumash is high scoring, non-stop action and fun at all levels. Games will be 10-12 minutes long and played on a shortened field 30 yds wide by 50-55 yds long, with 3 players per team plus subs (no long poles or goalies) and there are no time outs or coaches allowed. Most rosters are 6-7 players each. Full equipment is required for boys and girls, men and women. Goals are 12" wide and 6' tall and there is an oblong crease that you can go into to get a ball but you must shoot from outside the crease. Each team has a designated side of the goal they must shoot on and after each goal the team that got scored on gets the ball at their restraining line (no face-offs). Game will be self-officiated so sportsmanship is expected from all participants. All men's rules are used (except off-sides and if you foul you sit out for the required time. NO BODY CHECKING is allowed at the Men's Masters and Boys 12U levels. All women's rules are used. Substitutions for all levels and genders are on the fly or during a dead ball.

Girls Chumash Video: <https://www.youtube.com/watch?v=zaO9ZgUP498>

Boys Chumash Video: <https://rock-itpocket.com/info/chumash/>

Equipment Needed for Chumash: Men and women and boys and girls age levels must use their required protective equipment and sticks. Adaptive lacrosse uses just sticks and soft lacrosse balls.

Chumash Questions: Contact Mark Hellenack at 952-457-4515, or email hellenack@homegrownlacrosse.org.

Laxtravaganza Fest & Adaptive Lacrosse Questions: Contact Mark Erickson at 612-275-0959 or email markerickson314@gmail.com. See link to the Inclusion Revolution Special Olympics website: https://www.specialolympics.org/Sections/What_We_Do/Inclusion_Revolution.aspx

TC Native Questions: Contact John Hunter at 651-587-9681 or email john1hunter@gmail.com See link to the TC Native Facebook page: <https://www.facebook.com/search/top/?q=A%20Native%20Tc>



Volunteers Needed: We are looking for help lining and setting up the fields in the morning and breaking them down after the event is over. Also looking for key influencers to pull teams together and promote the event, plus staff to run the fastest shot and accuracy contests, scorekeepers and timers at each Chumash field. If interested contact Mark Hellenack or Mark Erickson (see contact info. above).

After Party: Mark Erickson lives across the street. His condo will be open during the tournament for all participants. 2130 14th Street NW, #1. After all activities are done, everyone is invited to Cowboy Jack's, which is less than a miles south on Silver Lake Road. Their happy hour (\$2 drinks and appetizer specials) runs from 3 to 6 pm.

