



**May 19, 2019**

**Re: Elimination of Body Checking from ALL Levels within the CRHL League Play for the 2019/2020 Season.**

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To All Colorado Rec. Hockey League (CRHL) Participants,

On behalf of all the Associations who participate in the CRHL, we are officially announcing we are removing Body Checking at all levels (*Squirts (10U)*, *Pee Wee (12U)*, *Bantam (14U)* and *Midgets (18U)*) from the 2019/2020 league play. This new direction was voted on and passed almost unanimously by the Association Representatives.

The CRHL feels this is the best interest of all players based on the scientific studies recently published on child development and brain injuries in youth contact sports.

References: <https://www.usahockey.com/safety-concussions>

Any team participating in tournaments or games outside of the CRHL need to ensure they have a clear understand if those games will be full body checking events prior to participation. Always communicate with host officials for clear communication.

If you have any questions, please contact your local association representatives.

Let Play Hockey!

The Colorado Rec Hockey League