

INT-RTC

Indiana National Teams -Regional Training Centers

[CLICK HERE FOR APPLICATION - \(Closed for 2020\)](#)

2019 INT- RTC SCHEDULE/LOCATIONS (Schoolboy-Juniors)

Mission Statement: INT-RTCs unify the Indiana wrestling community under one goal to advance the sport across the state [INT- RTC](#) 2020 primarily in Olympic Styles of wrestling.

The intention of an INT- RTC practice is NOT to be a club practice, rather to be a site for potential ISWA National Team members, coaches and hopefuls to come together and train in Olympic Styles.

The purpose of the ISWA INT-RTC's are to allow individuals to achieve their full human and athletic potential. The INT-RTCs provide ISWA National Team hopefuls access to national team and silver level coaches. INT-RTCs should mirror ISWA and USA Wrestling's mission, vision, and values.

A key focus is to raise the relevance of Olympic Style wrestling in Indiana. Within IHSAA rules, INT-RTCs provide additional opportunities for Indiana National Team Coaches to further develop and enhance their individual programs, while helping the surrounding area clubs and schools. This cooperative effort strengthens the connection between the Olympic Movement and high school athletics.

An INT - RTC will not tolerate any site, or visitor talking "recruitment". This should be a pressure free, Olympic spirited, environment. (Recruiting kids to our national teams should be a daily occurrence though!)

Each INT- RTC will have a weekly 20-30 minute focus written by a Indiana National Team Staff member so that every site every week, no matter where they are, they have a unity and common vocabulary to them. If there is more than one INT-RTC in the area each night of the week - all of them should start with this common practice plan.

The intention is to get as many "paired" sites working together to get more kids training together and not just working one site, one style - rather visiting others and spreading the talent.

Click here for [Schedule in calendar form](#)

REGION	SITE	CONTACT	WEEKNIGHT/TIME
North	s HS	Nate Andrews 317/828-6875 nandrews@wanee.org	Mon. 5:30 pm
North	Jimtown HS	Jeremiah Maggart 574/298-3524 jmaggart@baugo.org	Tues. 5:30 pm
North	Penn HS	Brad Harper 574/485-7911 bharper@phm.k12.in.us	Wed. 4-5:30 pm

North	Mishawaka HS	Steve Sandefer 574/360-3765 sandefers@mishawaka.k12.in.us	Thurs. 5:30 pm
North East	Carroll HS	Joe Caprino 260/402-8278 joe@indianamat.com	Mon. 6 pm
North West	Hobart	Zack Johansen zjohansen@hobart.k12.in.us	Wed 6-7pm
North East	Manchester/ Indiana Tech	Thomas Pompei - Tech- tapompei@indianatech.edu 3177304056 Kevin Lake- Manchester - 2609825227 KALake@manchester.edu	Alternating Sundays - 3:00pm Starts March 22nd at Indiana Tech Tech - 3/22, 4/5 4/26, Manchester - 3/29 4/19,
Indy East	Warren Central	Matt Krulik - WC - 3174126288 mkrulik@warren.k12.in.us	Wed. 6 pm
Indy East	New Pal	Alex Johns - New Pal - 8122286694 ajohns@newpal.k12.in.us	Thursday 6-7:30
Indy South	Perry Meridian HS /	Matt Schoettle 317/473-8226 mschoettle@perschools.org	Tuesday 6-7:30
Indy North	Carmel/ Zionsville	Ed Pendorski 317/701-1512 ependosk@ccs.k12.in.us Doug Welch 812/629-0086 dwelch@zcs.k12.in.us	Wed 6:45 pm 3.11, 3.25, 4.8, 4.22, 5.6 @ ZHS 3.18, 4.1, 4.15, 4.29, 5.13 @ CHS
Indy North	Marian College	Steven Bradley	Thursdays 6pm
Indy West	Avon	Josh Curry- Avon - 260/609-6830 jacurry@avon-schools.org	Alternating

	Mooresville	Dan Mikesell -Mooresville - 8122083520 danielmikesell@mooresville.k12.in.us	Mon. 6 pm
West	Northview	Antonio Sanabria 8122411518	Wed. 6-8pm
South East	Jeffersonville HS	Danny Struck 812/7862308 dstruck@gccschools.com	Thrs. 4:30 pm (also paired with CE)
South	Columbus Eas (Thurs 5pm) Franklin (Wed 6pm)	Chris Cooper 812/344-9817 Jim Tonte	Thrs. 5 pm. Starting Feb. 27
South West	Mater Dei	Greg Schaefer 317/258-4084 gscharder@evdio.org	Tues. 6-7:30 pm.Starts March 27

WOMEN'S REGIONAL TRAINING CENTERS

WEE KDA Y	TIME	CLUB	LOCATION	CONTACT
Mondays	7:30-9:00 pm	River City Wrestling Club	Temp: Battle Ground Middle School, 6100 N 50 W, West Lafayette, IN 47906 (door 15)	Chad Fauber, t:765-714-9983
Mondays	6:30-8:00 pm	Bloomington South	Bloomington South High School, 1965 S Walnut St, Bloomington, IN 47401	Lisa Broukal, t:812-585-1665
Sundays	5:00-6:30	Carmel High School	Carmel High School	Ed Pendski 317/701-1512 ependosk@ccs.k

Thurs day	pm 6:30-8	New Pal	New Palestine - Girls
North- Girls RTC	Penn HS	Brad Harper 574/485-7911 bharper@ph m.k12.in.us	Mon. 5 pm

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