



Fostering the Sport of Wrestling for  
Lakeville Youth Since 1996

LYWA | Wrestling Kickoff – Parent Meeting

Create Positive Experiences. Grow the sport. Have fun! Support future HS athletes.

# LAKEVILLE YOUTH WRESTLING ASSOCIATION (LYWA):

## AGENDA:

- Mission Statement & Objectives
- Meet our Coaches
- Board of Directors & Contact Information
- Highlights
- Rules & Expectations
- Equipment & Hygiene
- Important Dates
- Photos
- Volunteering at Hosted Tournaments
- Takedown-a-thon fundraiser
- Finances
- Apparel

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# LAKEVILLE YOUTH WRESTLING ASSOCIATION (LYWA):

## **MISSION:**

For all youth (grades Pre-K through 6<sup>th</sup> for boys & up to 8th grade girls), regardless of experience or skill level. We strive to provide a fun and competitive environment designed to introduce and foster the great sport of wrestling.

## **OBJECTIVES:**

LYWA training focuses on teaching wrestling techniques and scenarios to help each wrestler learn, improve, and thrive in a competitive wrestling situation.

## **COMPETITIONS:**

- Tournaments are optional.
- They are a great way to learn if your child is ready for competition.
- If not, no biggie, just continue to train, learn and grow.
- We will share the finalized tournament schedule later in a separate meeting to better support competition and help with your family scheduling.

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# MEET OUR COACHING STAFF



## **Jordan Kingsley** (Head Coach)

Jordan wrestled for Apple Valley High School where he won a state title and he wrestled for the Minnesota Gophers

- LYWA Head Coach since 2016
- 2X MN State Placemaker (1st & 3rd) at Apple Valley
- Two-time Fargo Cadet/Junior All-American
- 4X wrestling letter winner & 3X Academic All-Big 10 University of MN
- Head Coach for multiple MN/USA National Teams



## **Corey Maus** (Fun & Fundamentals and Girls Head Coach)

- Lakeville South assistant coach from 2016-2024
- Lakeville South wrestling alumni
- 2 girls in the youth program; Savannah (12), Charlotte (8)
- Focused on building excitement and learning the fundamentals of wrestling

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# MEET OUR COACHING STAFF (CONTINUED)



## **Josh Bergen** (Assistant Coach)

Josh wrestles for Lakeville South High School and helped coach Fun & Fundamentals and Girls practices last season. He enjoys helping kids find their passion and growth in sports

- 2 time captain for LSHS wrestling
  - Thirty win seasons in back-to-back seasons after having some struggles as an 8th and 9th grader
  - 2026 graduate of LSHS
  - Wrestled for LYWA and he coaches 2 younger brothers in both football and wrestling
- 

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# BOARD STRUCTURE

## 9 Volunteer Board Members

- President: David Dunn
- VP: Amy Klimpke
- Secretary: **Open**
- Treasurer: Stacy Holm
- Girls Director: Annika Maus
- PK-2 Director: Justin Hartwig
- 3-6 Director: Doug Richards
- Web/Comm: Grant Sather
- Branding: Jen Mahoney

## Committee Roles:

- Travel Team Assistant Coach(es): Jeff Mahoney
- Concessions Lead: **Open**
- Fundraising Lead: **Open**
- Advisors: Mark Wiotalla (LSHS) and Matt Sullivan (LNHS)

## Interested in Joining? - New faces and thoughts are welcome!

- 2 year commitments
- **Open Roles:** Secretary, Concessions Lead, Fundraising Lead
- Upcoming Open Roles: **VP, Director, Web/Comm, Branding**

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# HAVE QUESTIONS? - CONTACT INFO

- **Email** - lywainfo@gmail.com
- **Facebook** - [www.facebook.com/LakevilleYouthWrestlingAssociation](http://www.facebook.com/LakevilleYouthWrestlingAssociation)

## Individuals Contact Information:

- **Pre-K - 2nd - Justin Hartwig**
  - 952-913-8735
  - [hartwig.just42@gmail.com](mailto:hartwig.just42@gmail.com)
- **3rd - 6th - Doug Richards**
  - 612-961-9560
  - [dougerichards@yahoo.com](mailto:dougerichards@yahoo.com)
- **Girls - Annika Maus**
  - 952-836-5347
  - [annika.elis@gmail.com](mailto:annika.elis@gmail.com)
- **President - David Dunn**
  - 612-385-6682
  - [david.paul.dunn7@gmail.com](mailto:david.paul.dunn7@gmail.com)
- **Treasurer – Stacy Holm**
  - 612-600-5392
  - [stacy.skyberg@gmail.com](mailto:stacy.skyberg@gmail.com)

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# LYWA HIGHLIGHTS

## Our Club is Growing!

We've had record numbers of wrestling participants the past 3 years, with a record 165 kids last year, a 29% growth year-over-year. We have no signs of slowing down!

## We are proud to add Girls wrestling!

Last season was our inaugural season offering girls-specific training sessions and tournaments. We had 7 qualify for state, 5 placed with 2 state champions and 3 runners up!

## We've had a LOT of recent success!

K-6 Travel team has placed top 8 in MN/USA Team State the past 3 years  
With 165 wrestlers last year, we brought home a record number of state medals.

Total	State Qualifiers *	%	State Placewinner	%	State Final	%	State Champion	%
165	38	23.03%	29	17.58%	11	6.67%	3	1.82%

\*only where qualification is required

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# RULES & EXPECTATIONS

## Room Rules

1. No street shoes on the mat
2. Water Only in the room (snacks & sticky drinks can remain outside)
3. Please leave bags, coats and shoes outside wrestling room in an order to reduce congestion in the entryway
4. Younger siblings should stay seated, no running or playing on the mats & pull-up bars
5. With the limited space (and high participation numbers), parents, siblings and others are encouraged to sit outside of the wrestling room during training
6. Late training session - remain outside of room until training starts
7. Keep talking to a minimum and lower your voice (especially when yelling instructions to your wrestler... ;) )

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# RULES & EXPECTATIONS

## Expectations

1. Have FUN!
2. Arrive on-time and in proper attire for training.
3. Have a good attitude.
4. Take bathroom and water breaks prior to training.
5. Pay attention during instruction.
6. Do not disturb others during training.
7. Think you can and do your best (please don't say "I can't").
8. Keep trying and wrestling. Do not give up and quit.
9. Practice the techniques and skills the head coach is teaching.
10. Please show the head coach and parent/coaches respect.
11. Practice good sportsmanship.
12. Act safely for you and your partner. Please don't hurt your training partner.
13. Keep your cool when things get heated.
14. Be a good and supportive training partner.
15. Ask for help when you need it.
16. Be thankful.



# EQUIPMENT & HYGIENE:

## • Equipment

- Shorts/T-Shirt and socks for training or competition
- LYWA Singlets for competition only. In an effort to reduce wear and tear, please refrain from wearing at training
- LYWA will collect a \$60 check for each singlet disbursed. If not returned, or returned damaged, we will cash the check, otherwise it will be shredded.
- Equipment (optional)
  - Singlets will be handed out Thursday, 11/13 at practice. Please bring a \$60 check or venmo. Cash is not accepted.
  - Wrestling Shoes (never to be worn outside)
  - Headgear (for competition or training)
- Equipment Resources
  - *amazon.com, [dickssportinggoods.com](http://dickssportinggoods.com) (discounts available-see LYWA website), [jrwrestling.com](http://jrwrestling.com)*
  - LYWA branded apparel

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# EQUIPMENT & HYGIENE:

- **Hygiene: Fingernails & Showers**

- Clip fingernails at least weekly: easy way to give an injury to another wrestler
- Defense Soap: buy from LYWA, Amazon or Website, it's an antifungal soap and it works
- Shower after every single training or meet
- Wash clothes
- Mats cleaned daily

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# IMPORTANT DATES

What	Date
Hand out singlets (bring a \$60 check/venmo, no cash)	Nov 13
Parent Meeting 2	?
Picture Night	Nov 24 (Girls F&F) Nov 25 (Int & Adv)
Travel Team Tryout @ LSHS	Nov 25
Youth Night @ LNHS	Dec 5
Lakeville MN/USA Qualifier @ LNHS (host)	Dec 7
Give back night at Lakeville Brewing (LYWA receives 10% of sales)	Dec 15 (3-9pm)
K-3 Mini Kid Kat & K-6 Kid Kat Team Duals @ LSHS (host)	Jan 4
Takedown-A-Thon	Jan 5 (Girls F&F) Jan 6 (Int & Adv)

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# 2025-26 SEASON PHOTOS

## What to know:

- Plan to **arrive 15 minutes before your scheduled picture time** to pick up your T-Shirt
- Wrestlers should wear their new shirts with black shorts
- Scan the code to the right to create an account. Once you have an account, you will be notified when the gallery is available to preview and order. You can also text our group code **25LAKEWRE** to 90738 or create an account at [my.photoday.com](https://my.photoday.com).

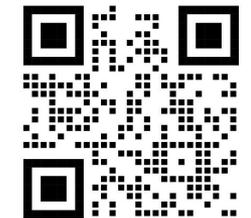
## Schedule:

- **Fun & Fundamentals:** Monday, Nov. 24 | 6:15-6:30pm | @North
- **Girls:** Monday, Nov. 24 | 7-7:15pm | @North
- **Intermediate:** Tuesday, Nov. 25 | 5:30-6:00 pm | @South
- **Advanced:** Tuesday, Nov. 25 | 6:30-6:50 pm | @South

Scan to create an account and receive gallery notifications.



Scan to watch a How-To Order video



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# Volunteer and Give Back Opportunities

## Hosted Tournaments:

- Sunday, December 7th - MNUSA Qualifier @ North HS
  - <https://signup.com/go/HTrvjia>
- Sunday, January 4th, Mini Kid Kat K-3 Team Duals @ South HS
  - link to Sign-up genius (or have sign-up form for meeting)
- Sunday, January 4th - Kid Kat Team Dual @ South HS
  - Link to Sign-up genius (or have sign-up form for meeting)

If you know of a business willing to donate food or supplies to concessions please reach out to Amy or email [lywainfo@gmail.com](mailto:lywainfo@gmail.com)

If you are a trainer or know someone who is, we need 2 for each tournament. Please reach out or email [lywainfo@gmail.com](mailto:lywainfo@gmail.com)

Sponsorships Opportunities- [Sponsors](#)

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# TAKEDOWN-A-THON:

- Annual fundraiser, represents about 20% of funds each year
  - Funding sources: Registration, Takedown-A-Thon, MN/USA Tournament, Kid Kat Dual Team tournament, Donations, Sponsors, Travel Team fee
  - Lots of volunteers to keep expenses low, but we do have real costs
    - Facilities for training and tournaments, club sponsored tournaments, insurance, coaches, etc..
    - Registration fees have stayed flat for last 3 years – thank you for helping!
- **How it works:**
  - Wrestlers will receive packets right before Thanksgiving
  - Wrestler asks for donations between now & first week of January
  - Jan. 5th (Girls and F&F)/Jan 6th (Int & Adv) – do 100 takedowns during training to say “thank you”
  - Prizes for different goals (Last year prizes below. Finalizing current year)
    - \$76 - \$125: LYWA **winter beanie hat**
    - \$126 - \$175: LYWA **engraved 26oz Water bottle RTIC**
    - \$176 - \$225: LYWA **embroidered ASICS wrestling gear bag**
    - \$226 + **LYWA Blanket**
    - Top Earner Prize
    - \$75 buyout if you chose not to participate



# FINANCES:

- **Where does each dollar of income come from?**
  - Registration \$0.50
  - Hosted Tournaments \$0.25
  - Takedown-a-thon fundraiser \$0.20
  - Corporate Sponsors \$0.05
  
- **Where does each dollar of expense go?**
  - Coaching, Facilities, Insurance \$0.65
  - Club Paid Tournaments \$0.15
  - Apparel, Shirts, Prizes \$0.10
  - Hosted Tournaments \$0.10

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# LYWA apparel store through Squad Locker

A variety of apparel categories, accessories, bags and more - great holiday gifts!

<https://teamlocker.squadlocker.com/#/lockers/lakeville-youth-wrestling-1>

The screenshot shows the Lakeville Youth Wrestling store page. At the top, the logo for Lakeville Youth Wrestling is on the left, with navigation links for 'STORE HOME' and 'SQUADLOCKER LINKS'. On the right, there is an 'EDIT STORE' button and a shopping cart icon. Below the header is a left sidebar with filters for 157 items, including 'Get It Fast!' (3-5 Day Production), 'Featured' (Squad's Top Picks, New, On Sale), 'Category' (Performance Tees, Casual Tees, Hoodies, Headwear, Footwear, Bags, Shorts, Pants, Polos, Pullovers, Outerwear, Warm-Ups, Compression, Accessories, Home Goods, Infant & Toddler), and 'Department'. The main content area is titled 'Performance Tees' and displays eight items in a grid. Each item card shows a product image, price, name, and color selection options.

Item Name	Price	Color Options
Badger B-Core Women's Crewneck T-Shirt	\$29.35	Black, Grey, Blue
Badger Girls Crew Neck Tee	\$26.20	Black, Blue, Red
New Balance Youth Raglan Tech Tee	\$53.50	Blue
UA Men's Team Tech Long Sleeve	\$45.10	Blue, Black
UA Women's Team Tech Long Sleeve	\$45.10	Blue, Black
Under Armour Youth Team Tech Long Sleeve	\$41.95	Blue, Black
UA Men's Team Tech Short Sleeve	\$40.90	Red, Blue, Black
UA Women's Team Tech Short Sleeve	\$40.90	Blue, Red, Black

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## **WE COVERED A LOT:**

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Questions?

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