

NEWSLETTER

23RD ANNUAL BREAKFAST OF CHAMPIONS 2023 PRESENTED BY STELCO



This year, the 23rd Annual Breakfast of Champions are community partners with the 2023 Grey Cup Festival, presented by Stelco. SportHamilton, in partnership with the City of Hamilton is proud to recognize and congratulate Hamilton area athletes, teams and coaches that have accomplished the following in the 2023 season:

- Provincial Champions or
- Qualified and competed at the National level or
- Qualified and competed for Canada at the International level.



The BOC 2023 is scheduled for **Tuesday November 14** at the **Hamilton Convention Center**, 1 Summers Lane, Hamilton. **Deadline to register is October 25, 2023.**

Don't miss out to have your photo taken with the original Grey Cup and be celebrated for your outstanding sport achievements during 2023.

To register go to: www.sporthamilton.com/boc



National Coaches Week is a week to celebrate the tremendous positive impact coaches have on athletes and communities across Canada. This week is an opportunity to recognize coaches for the integral role they play by simply saying [#ThanksCoach](https://twitter.com/ThanksCoach). To learn more about the 5 Ways You Can Take Part go to:

www.coachesontario.ca/events/coachesweek



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FRIDAY OCTOBER 20, 2023 **“MOVE TO IMPROVE”**

Attention coaches, educators, recreation leaders, parents, and athletes. Join in on the longest-running physical literacy summit in Canada. This year's summit will be back

in person at St. Thomas More CSS in Hamilton.

Keynote speakers include **Drew Mitchell**, Senior Director of Physical Literacy, Sport for Life Society and **Dr. Dean Kriellaars**, physical literacy expert and one of the founders of the PL movement; both known and respected worldwide. *Twenty-four other exciting presenters* will be available to participate in and learn from throughout the summit.

CLICK HERE

to view the list of **PRESENTERS**

CLICK HERE

to view the Oct. 20 **SCHEDULE**

CLICK HERE

to **REGISTER**

Don't miss out on this valuable opportunity to collaborate with some of the best experts in Canada on physical literacy and quality sport.

Visit **www.ontariophysicalliteracysummit.org** for more information.

ONTARIO COACHES SUMMIT SERIES **SEPTEMBER 20-23 2023 VIRTUAL**



Presented by the Coaches Association of Ontario (CAO), the next Ontario Coaches Summit is coming virtually September 20-23, 2023 for \$0 early bird! The Summit features top experts from around the world including acclaimed authors, professional coaches, and sport science experts to provide Ontario coaches with tangible takeaways for shaping the future of coaching and sport.

With multiple sessions to choose from and a variety of topics #OCSS guides sport leaders to learn and understand that future success means getting ahead of today's most game-changing trends. Investing in your future self today will have a profound impact on your athletes and society of tomorrow.

To register go to: <https://pheedloop.com/ocssncw/site/home/>



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2023 ARCELORMITTAL HAMILTON GRASSROOTS SOCCER SEASON

It was a fun and exciting season for the 500 children aged 5- 12 years of age who participated in the FREE 10-week program this summer at Tim Horton's Field. Thanks to the many volunteer coaches who made this program possible and the many sponsors and partners who support us: ArcelorMittal Dofasco, Hamilton Athletic Trust, Hamilton Soccer, City of Hamilton, JumpStart, Ontario Soccer, Soccer Canada, Repeat Champions and SportHamilton.



Volunteer coach awards were presented to Dalton Therrien and Diana Lucas for their outstanding contribution and enthusiasm.



To view more photos, please visit
www.hamiltongrassrootsoccer.com/post/final-celebration-photos-2023



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110TH GREY CUP FESTIVAL EVENTS



The 110th Grey Cup will be hosted in Hamilton and SportHamilton, as a community partner, is excited to be included in the events, hosting the Breakfast of Champions on Tuesday November 14. Many other local organizations have also been included in the festivities.

Click here to learn more about the Grey Cup Festival <https://www.greycupfestival.ca/schedule/>

MentorAction

Mentoring a New Generation to
End Gender-Based Violence

MentorAction is excited to launch new programs for youth in sport that focus on building more inclusive spaces, healthy relationships, consent, and holistic approaches to health and wellness. Coaching Boys Into Men (CBIM) is an evidence-based program that facilitates weekly conversations between male youth athletes and their coaches about a range of topics, including challenging locker room talk, supporting peers on and off the field, and embracing leadership roles in changing the culture around youth dating violence. CBIM is the only evidence-based curriculum program designed to leverage sports to teach young student-athletes healthy relationship skills and that violence never equals strength. Athletes As Leaders (AAL) is a gender-inclusive, evidence-based program designed to facilitate weekly conversations between youth athletes on girls' sports teams and/or gender non-conforming sports spaces and their coaches, including unpacking beauty standards, challenging rumour-spreading, and supportive girls' leadership. The program aims to empower student athletes to take an active role in promoting healthy relationships and ending youth dating violence. AAL and CBIM work in tandem within schools and sports organizations to centre gender equity, holistic health promotion, and supporting athletes in embracing leadership roles.

Interested in getting your team involved? Visit mentoraction.org to sign your team up for CBIM or AAL. Both programs involve one 90-minute training session with coaches, ongoing check-ins, and tangible resources (including a cards series!) to aid them in facilitating the 12-week programs.



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KIDSSPORT HAMILTON

KidSport So **ALL** Kids Can Play!
1 in 3 Canadian children cannot afford the cost of organized sport. Let's change that!



APPLY FOR A GRANT, DONATE, OR VOLUNTEER TODAY
WWW.KIDSPORTCANADA.CA/ONTARIO/HAMILTON

SportHamilton, the official sport council for the city of Hamilton, endeavours to assist local sport organizations in a variety of ways such as coaching education, volunteer training, recognition events such as the Annual Sport Volunteer Appreciation Awards and the Annual Breakfast of Champions. Our volunteer board of directors' mission is to enrich sport and physical activity experience in the City of Hamilton by activating a values-based system that promotes, supports and enhances opportunities for all.

SportHamilton is an affiliated member of the Community Sports Council of Ontario.

Follow SportHamilton on Twitter, Instagram, Facebook, and YouTube. To learn more about us and access many links and resources, and be updated on various sports events visit our website.

www.sporthamilton.com

Contact us at info@sporthamilton.com

Be sure to have your sport, club or organization represented on our Sport Club pages:

www.sporthamilton.com/sport-clubs