## Want to Try Hockey?





No skating or hockey experience is necessary! FIRST SEASON FREE!!

WHAT: The Eastview Hockey Mites! This program is designed for Pre-K-3rd grade boys and girls!

WHEN: The mite hockey season is weekends from end of October to the beginning of March.PreK-1st grade: There is NO weekday time commitment. 2nd-3rd grade: Players may have one additional practice during the school week. No early weekend mornings (always after 8:00am) and we're always done by 7:30pm.

WHERE: Hayes Arena / Apple Valley Sports Arena (attached to Apple Valley High School)

WHY: The thrill of playing this exciting sport! Ice hockey is a fantastic sport for physical exercise, and most importantly, hockey will bring out a whole new confidence in your young student athlete that you may not have seen or imagined before. Plus...this is the STATE OF HOCKEY!

The emphasis of the mite program is on the development of skating and hockey skills and less on playing structured hockey games. A typical practice might have 5-10 minutes of warm up, 30 minutes of skills training, and 20 minutes of in-house scrimmage against other mites of a similar skill level.

**WHAT DOES IT** Mite hockey costs are kept low so young players can try hockey for a season to see if they like it. **COST?** Plus, new families don't have a volunteer requirement!

**NEED** First year Mites receive a free equipment package when you sign up! Includes almost everything **EQUIPMENT?** needed to play hockey! 100-\$150 value! (skates, stick, athletic-support, and mouthguard are NOT included)

Ready to play?

Learn more and register at www.eastviewhockey.net/newplayer