



11 Silver Info Sheet

Team Cost: \$3,500

*Team cost does not include: travel fees for parents or athletes, USAV/AAU membership costs, scoring certification costs, or post-season.

Coaching:

Head Coach: TBD

Assistant Coach: TBD

Practices: 2x per week starting in November (1.5 Hours Each)

(Schedule to be finalized by October)

Locations include Cottonwood Creek and Frisco ISD Middle Schools

Tournaments: 9 total

4 Two-Day local (DFW)

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Lone Star National Qualifier (Dallas)

(Schedule to be finalized by September)

Adidas Uniform Package: (included in cost)

2 jerseys, 2 spandex, 1 leggings, warm up top, arm sleeves, knee pads, socks, backpack, 2 practices tees, & shoes

Video Resource & Statistics Profile: (included in cost)

Performance Training: (included in cost)

Group training 1x per week