



2025-2026 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
6U	Born 2020-2021	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	30 lbs, 35 lbs, 40 lbs, 45 lbs, 50 lbs, 55 lbs, 65 lbs, 75 lbs, 85 lbs (10 lb Max Difference)
8U	Born 2018-2019	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40, 43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs (15 lb. Max Difference)
10U	Born 2016-2017	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs (20 lb. Max Difference)
12U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs (25 lb. Max Difference)
14U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	75 lbs, 80 lbs, 84 lbs, 88 lbs, 92 lbs, 96 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 126 lbs, 132 lbs, 140 lbs, 155 lbs, 175 lbs, 225 lbs
16U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs
USA Junior	*Born 9/1/2006 @& after, plus enrolled in 9-12th grade	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs
UNIVERSITY	* Born 2002-2008	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	57 kg, 61 kg, 65 kg, 70 kg, 74 kg, 79 kg, 86 kg, 92 kg, 97 kg, 125 kg
SENIOR	* Born 1991-2001	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
VETERAN	* Born 1961-1990	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg

USA Junior: Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the Spring semester just prior to the summer event. In addition, the athlete has only four consecutive years to compete in the Junior Division once his/her class begins the ninth grade. Only wrestlers born September 1, 2003 and later who were enrolled in grades 9-12 during the 2023 spring semester are eligible. No wrestler who was enrolled in 8th grade during the 2022 spring semester will be allowed to enter. Any such wrestler who enters or competes will be penalized by forfeiting his/her eligibility in the next year's event in both styles.



2025-2026 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
6U	Born 2020-2021	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	30 lbs, 35 lbs, 40 lbs, 45 lbs, 50 lbs, 55 lbs, 65 lbs, 75 lbs, 85 lbs (10 lb Max Difference)
8U	Born 2018-2019	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40 lbs, 43 lbs, 46 lbs, 50 lbs, 55 lbs, 62 lbs 68 lbs, 74 lbs, 85 lbs (15 lb Max Difference)
10U	Born 2016-2017	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 49 lbs, 53 lbs, 57 lbs, 62 lbs, 67 lbs, 73 lbs, 80 lbs, 90 lbs, 100 lbs, 113 lbs (15 lb Max Difference)
12U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	55 lbs, 59 lbs, 64 lbs, 69 lbs, 75 lbs, 81 lbs, 87 lbs, 94 lbs, 102 lbs, 112 lbs, 126 lbs, 140 lbs
14U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	75 lbs, 80 lbs, 85 lbs, 90 lbs, 95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 150 lbs, 165 lbs, 180 lbs
16U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs
USA Junior	** Born 9/1/2006 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs

2025-2026 ISWA ELEMENTARY DUAL TEAM STATE CHAMPIONSHIP WEIGHT CLASSES: 43, 49, 54, 59, 63, 68, 73, 78, 84, 90, 98, 105, 115, 130, HWT (up to 175)

Wrestlers may move up one weight class.

2025-2026 ISWA MIDDLE SCHOOL DUAL TEAM STATE CHAMPIONSHIP WEIGHT CLASSES: 75, 80, 85, 90, 95, 102, 110, 117, 125, 132, 140, 150, 160, 175, 195, 220, 275

Wrestlers may move up one weight class.

CLASSIFICATION POINTS

FOLKSTYLE BOUTS					FREESTYLE & GRECO-ROMAN BOUTS				
RESULTS BY MATCH	POINTS		RECORDING CODES		RESULTS BY MATCH	POINTS		RECORDING CODES	
	WINNER	LOSER	WINNER	LOSER		WINNER	LOSER	WINNER	LOSER
Victory by Fall	6	0	Time	LF	Victory by Fall	5	0	Time	LF
Technical Superiority - 15 pts	5	0	Score	Reverse Score	Technical Superiority 10+ pts	4	0	Score	Reverse Score
Major Decision - 8-14 pts	4	0	Score	Reverse Score	Technical Superiority Loser scores	4	1	Score	Reverse Score
Decision - 1-7 pts	3	0	Score	Reverse Score	Decision 1-9 pts - Loser no score	3	0	Score	Reverse Score
Disqualification	6	0	WBD	DQ	Decision 1-9 pts - Loser scores	3	1	Score	Reverse Score
Double Disqualification	0	0	DDQ	DDQ	Forfeit	5	0	WBF	FORF
Forfeit	6	0	WBF	FORF	Injury Default	5	0	WBI	INJ
Injury Default	6	0	WBI	INJ	Disqualification - Misconduct	5	0	WBQ	DQM
					Double Disqualification	0	0	DDQ	DDQ