



Dear Coaches/Staff,

Youngs Physical Therapy and Sports Performance will be providing athletic training coverage for the 2023 Directors Cup Soccer Tournament.

- A total of (1-2) Certified Athletic Trainers will be present throughout the event. Their contact information is listed below.
- The tent (black w/ Youngs Physical Therapy & Sports Performance logo) will be located beside the athletic building at the fields.
 - We will be set up by 4:30pm Friday, 9:30am Saturday and 9:30am Sunday and will be up throughout the entirety of the tournament. The following items will be provided in the Athletic Training Service Tent:
 - Injury ice
 - First aid supplies
 - Emergency equipment.
 - Please bring your own taping supplies. We will only be able to supply tape for emergency situations.
- Vidant Medical Center is the nearest hospital located approximately 8 miles from Boyd Lee Park.

2100 Stantonsburg Rd

Greenville, NC 27834

(252) 847-4100

- Physicians East is the nearest urgent care located approximately 5 miles from ECU North Recreational Complex.

1711 East Arlington Blvd

Greenville, NC 27858

(252) 355-4357

Contact Information by day:

Friday: 1. Andrew Vande Berg, LAT, ATC: Athletic Trainer

Cell Phone: (919) 406 - 4676

2. Dasia Mitchell, LAT, ATC: Athletic Trainer

Cell Phone: (919) 904-1589

Saturday: 1. Alexis Morrison, MAT, LAT, ATC, CES: Head Athletic Trainer

Cell Phone: (814) 564-0765

2. Julia Digiaco, LAT, ATC: Athletic Trainer

Cell Phone: (908) 499-2682

Sunday: 1. Julia Digiaco, LAT, ATC: Athletic Trainer

Cell Phone: (908) 499-2682

Best of luck to your athletes in the tournament! Please do not hesitate to contact us with any questions. We are looking forward to a safe and successful tournament!