

# Saskatchewan High Schools Athletic Association

E-NEWSLETTER  
October 2025



**CONGRATULATIONS** to the 2025 Provincial Golf Champions and all participants. We would like to thank Wawota Parkland School, Redvers High School, and Golf Kenosee for putting on a great championship. [Click here](#) to view complete results from this championship:

BOYS GOLF			
	Gold	Silver	Bronze
Boys	Ethan Hunter Holy Cross Saskatoon	Austin Nesbitt Martin Regina	Tryce Wallin Humboldt Horizon Central
Boys District Team	Horizon Central	Saskatoon	South Central

GIRLS GOLF			
	Gold	Silver	Bronze
Girls	Grace Odnokon Estey Saskatoon	Tayla Perry Campbell Regina	Yuna Lee O'Neill Regina
Girls District Team	Saskatoon	Regina	Central Valley

## TEAM FEES:

All 2025-2026 team fees will be invoiced as of October 1, 2025. The invoice will be emailed to the school. If you have any questions, please call our office.

Saskmilk

BHP

#1-575 Park Street  
Regina, S. S4N 5B2  
306-721-2151  
shsaa@shsaa.ca  
www.shsaa.ca

  
SASK LOTTERIES

SaskTel

## SCHOOL SPORT WEEK:

The Province of Saskatchewan has proclaimed October 6-11, 2025 as [School Sport Week in Saskatchewan](#). This week provides a great opportunity for your school to recognize the valuable contributions made by individuals to this worthy component of education. Join us in celebrating High School Sport in Saskatchewan.

---

## COACHES CARD:

The 2025-2027 Coaches Card is available. The cost of this card is \$12. You can send your order form and payment to the SHSAA office where we will send out your card(s) to use immediately. The card is for free admission to SHSAA playoffs & championships. [Please click here to see the order form](#).

---

## PUBLICATIONS AVAILABLE (Scoresheet Booklets, Coaches Pads, Wall Charts):

If you would like to order any SHSAA publications (score sheets, coaches pads, or wall charts), the link to order is [here](#).

---

## DUE DATES:

- Volleyball and Soccer withdrawal from playoffs date is **Wednesday, October 8th**. To avoid a fine, please let the office know before this day if your team will NOT be taking part in SHSAA playoffs (conference, regional, and/or provincials).
  - Soccer seeding form is due **Thursday, October 9th**. Volleyball seeding form is due **Wednesday, October 22nd**. You can access these forms [by clicking here](#) or visiting Forms and Due Dates from Quick Links on our website.
- 

## CIAAA:

Please visit the [CIAAA](#) website. Caleigh Wojcicki is the Executive Director of the CIAAA. Caleigh can be reached at [caleigh@ciaaa.ca](mailto:caleigh@ciaaa.ca).

A reminder that each school is provided with [one FREE membership in CIAAA](#) that is intended for the school athletic director. One of the many benefits of membership includes access to an on-line resource bank loaded with materials that will assist you in your role as an athletic director.

The [National Conference](#) for the 2025-26 school year will be held in Kelowna, BC from April 16-18, 2026. More information about the conference will be made available as the year progresses.

---



#1-575 Park Street  
Regina, S. S4N 5B2  
306-721-2151  
[shsaa@shsaa.ca](mailto:shsaa@shsaa.ca)  
[www.shsaa.ca](http://www.shsaa.ca)



## UPCOMING EVENTS:

SHSAA Fall Activity Playoffs. Further information go to [www.shsaa.ca](http://www.shsaa.ca)

Regional and Provincial Championships			
Provincial Cross Country	October 11th	Deer Park Golf Course (Yorkton)	Ryan Cox 306-786-5560
Regional Soccer	October 17th and 18th	TBD	SHSAA Office 306-721-2151
Provincial 3A Girls Soccer	October 24th and 25th	North Battleford (hosted by Chief Moosomin)	Cam Foulds 306-386-2110
Provincial 4A Girls Soccer	October 24th and 25th	Yorkton Sacred Heart	Samantha Jonassen 306-783-3128
Provincial 5A Girls Soccer	October 24th and 25th	Saskatoon	Scott Aaro 306-683-8249
Provincial 3A Boys Soccer	October 24th and 25th	Wynyard	Trevor Otsig 306-554-2539
Provincial 4A Boys Soccer	October 24th and 25th	Regina (hosted by Huda)	Kyle Caron
Provincial 5A Boys Soccer	October 24th and 25th	PA St. Mary	Brenner Holash 306-953-7544

## BIDS-TO-HOST:

The following Provincial Championships are OPEN for bid in the 2026-2027 school year:

- 3A Boys Soccer
- 5A Boys Soccer
- 4A Girls Soccer
- Badminton
- 1A Boys Volleyball
- 3A Boys Volleyball
- 4A Boys Volleyball

[Bid to Host forms](#) are due December 2nd and can be emailed to [jeff@shsaa.ca](mailto:jeff@shsaa.ca)

## SHSAA MESSAGE BOARD:

Schools and coaches have access to the [SHSAA Message Board](#) to find tournaments, post tournament invites, and keep up-to-date with tournament results.

If you are interested in creating an account contact [shsaa@shsaa.ca](mailto:shsaa@shsaa.ca)

## JOB POSTING — CORPORATE PARTNERSHIPS:

Please see the following [link](#) for a career opportunity with Playfly Sports and the SHSAA, and feel free to share it with anyone who may be interested.



#1-575 Park Street  
Regina, S. S4N 5B2  
306-721-2151  
[shsaa@shsaa.ca](mailto:shsaa@shsaa.ca)  
[www.shsaa.ca](http://www.shsaa.ca)



## COACHING EFFECT CANADA

At the center  
of every  
student-athlete  
experience is a  
coach.

COACHING  
MATTERS.

SCAN HERE



### WHAT IS THE COACHING EFFECT?

Student-athletes share countless stories about the impact highly effective coaches had on their lives; **The Coaching Effect Canada** takes it one step further. By measuring the coaching behaviors that lead to the best experience possible for student-athletes.

It provides a framework and relevant data that helps all coaches understand how they can **enhance the student-athlete's experience** and impact academic performance, **including grades, graduation, and attendance.**

### FINDING THE DATA THAT MATTERS

Imagine a team where every student-athlete feels supported, heard, and empowered to learn. At The Coaching Effect Canada, we believe that a great relationship between student-athletes and coaches is key to unlocking their full potential.

We support programs with data to show the impact of coaching and participation. Because participating in education-based athletics is important, but playing for an effective coach is life-changing.

### WHAT YOU DO MATTERS.

80%

Of student-athletes feel that their coach cares about them as a person.

77%

Of student-athletes have fun playing the sport because of their coach.

84%

Of student-athletes agree their coach helps them learn from mistakes.

*"I WOULD NOT HAVE BECOME THE PERSON AND PLAYER I AM WITHOUT COACH BELIEVING IN ALL THE THINGS I DIDN'T YET SEE IN MYSELF"*

QUESTIONS? REACH OUT TO US AT [LKELBA@ECSELLINSTITUTE.COM](mailto:LKELBA@ECSELLINSTITUTE.COM)



#1-575 Park Street  
Regina, S. S4N 5B2  
306-721-2151  
[shsaa@shsaa.ca](mailto:shsaa@shsaa.ca)  
[www.shsaa.ca](http://www.shsaa.ca)

