

## KTB Return to Practice/Play Reminders

As we continue to navigate through the pandemic and prepare for the upcoming travel baseball season, we want to update you on some of the steps that we are taking as a program to ensure the safety of our players, coaches, and families. Although we might not all agree, this is what is expected for ALL of our families and participants.

**Upon entering any indoor practices, all players, coaches, and family members will need to wear a mask for the duration of practice until you leave the facility. This includes all KTB sponsored practices at Go For It Sports, The DeKalb Indoor Sports Center, and any other team events that our coaches have arranged practice. Please limit the number of family members at practices. Go For It Sports is requiring us to have one parent to come into the facility with their player. At the Dekalb facility, there is an upstairs balcony for parents to view practice, so please utilize this area if you are sticking around to watch practice. Please follow the facilities protocols so we do not lose the use of that facility.**

There will be times where your child will need to pull down their mask to get a drink or to catch their breath. This is acceptable if players can socially distance themselves when they need to briefly pull their mask down.

✓ Grab your water bottle, move away from everyone, pull your mask down to get a drink and then put it back on.

✗ Pull your mask down after running out a hit and standing on 1B next to the first baseman to catch your breath.

We are cognizant of certain health conditions players may have, and wearing a mask would be tough for them at times. Please contact the board if these circumstances pertain to you in order to work together to find a solution.

Additionally, we ask that you follow the same protocols as you would for sending your child to practice, as you would for sending your child to school. Answering “**NO**” to the following questions will help us mitigate any problems from arising within our program, if you answer “**YES**” to any of these, please keep your child home:

~Does your child have a <b>Temperature over 100 degrees Fahrenheit or higher?</b>
~Does your child have <b>Congestion / a Runny Nose / or a Sore Throat?</b>
~Does your child have a <b>New Uncontrolled Cough</b> that causes difficulty breathing?
~Does your child have <b>Diarrhea, Vomiting, or Abdominal Pain?</b>
~Does your child have a <b>Headache, especially one with a Fever?</b>
~Has your child had <b>Close Contact with a person with confirmed or suspected COVID-19?</b> <i>(within 6 feet of an infected person for at least 15 minutes, including with a mask)</i>
~Any <b>Siblings/Household Members positive, suspected of, or displaying COVID-19 symptoms?</b>

We ask that you err on the side of caution and keep your child home if they or anyone in your household are experiencing **ANY** of the symptoms listed above or they just don't feel well. We truly appreciate your understanding and cooperation with us as we continue to try to keep everyone safe. All of these steps are in an effort to keep people healthy, but also do our part to ensure our practice facilities stay open so all of the teams can have productive practices. We wish you a healthy and successful New Year and we all look forward to getting back to normal and baseball soon! *\*If you should have any questions or concerns, please reach out to Coach Aversa or Paul Konrad and they would be happy to discuss those concerns with you.*

**I've been exposed to someone who tested positive for COVID, when can we return to team activities?**

**[~You can return to practice after 14 days from your last known contact, if you are symptom free.](#)**

**My child or someone in our household has tested positive, when can we return to team activities?**

**[~You can return to practice after 10 days from your positive test, if you are symptom free.](#)**