



MEMBER NEWSLETTER



Welcome to our Spring Edition!

We are excited to share with you everything that we have been doing over the last six months. Life has been pretty busy at West Vancouver Field Hockey Club!

Read on for info about what we have been doing - and what we have coming up next. A new turf, new programs, and big events mean that the future looks exciting. We are looking forward to sharing it with you!

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What's been happening lately?

Fearless Females - February 2019

We brought 20 teenage girls together for a 4-week program focused on leadership and empowerment through sport. Each week, female athletes, including Jennifer Heil, Hannah Haughn, Elladee Brown and Louise Green, spoke on the themes of adversity and resilience, finding your passion, teamwork, and pathways in sport. The girls combined this with a mix of personal reflection and group discussion. Feedback from the participants was highly positive and we were able to build new partnerships with viaSport BC and BC Bike Race, both of whom contributed to the program. We are proud to be diversifying our programs beyond on-field activities and see programs like these as essential to our members' emotional and social wellbeing.



We are excited to announce that we have just received further funding from Vancouver Coastal Health to run the program again this coming year. Watch out for more information!

School Programs - Nov 2018-Feb 2019

We ran our popular Schools Program for a third year. Every elementary school across the North Shore was offered a free indoor hockey session for their K-4 classes. The program was a great success and we reached an unprecedented number of 3800 students. Feedback from teachers was overwhelmingly positive and a couple of schools elected to have us back for further sessions. We are looking forward to starting our Schools Program again this November – don't forget to remind your elementary school! For more info, contact info@wvfhc.com





West Vancouver Bridge Festival - June 2019

Working with other sport organisations, we joined in the new Bridge Festival that replaced Community Day. Kids of all ages came by to try out our sport and learn more about the club. It was a beautiful day and a lot of fun was had by all!



WVFHC in the community

We have been out and about across the north shore, bringing our sport to the community this year!

In March we collaborated with West Vancouver Football Club, West Vancouver Minor Hockey, Floorball BC and West Vancouver Track & Field to host a "try-it" session at the Community Centre. Over 150 kids came by to master our obstacle course featuring all the sports!



2nd Annual Boys Showcase - June 2019

In partnership with the Vancouver Hawks we ran a very successful second celebration of boys and men's field hockey at UBC. There was a U6-U10 jamboree, Spring League games, skills sessions, BBQ, fun games, skills sessions with the Men's National Team and the inaugural Bridge Cup game that saw our Prem team take on the Hawks Prem team. A big thank you to the Canadian Men Olympic Endowment Fund for providing us with financial assistance to make this happen.

WVFHC at Cal Cup - May 2018

We sent a U18 boys team down to the prestigious Cal Cup Tournament in Moorpark, California - and they came back with a silver medal! The extremely talented group had already shown a lot of promise through their development in our club system. They took on a number of USA high performance teams and held their own to make us proud.

The team was coached by two current Canadian MNT players, Taylor Curran and Brad Logan who brought an insight into the current trends in international men's field hockey. Congrats boys!



Men's National Team Partnership

As Home of the Men's National Team we have a special relationship with these boys! This Spring League, our junior members have benefitted from this with guest appearances, special training clinics and seminars featuring the staff and players.

In May and June, the MNT players worked tirelessly to bring their expertise, techniques and inspiration to the next generation of players. Thank you!



Tearing up the turf!

Goodbye old turf, hello new! This summer we are closing Rutledge to replace the surface. We said goodbye with a fun celebration on Friday 14 June. Our U7 and U8 players wrapped up their season with fun stations, dressing up, and water play. The Men's National Team were there to help us and to celebrate their recent win in Malaysia. We closed off the evening with a giant slip and slide, music and a specially designed golf course around the turf. This turf has seen some good times over the last years - we are excited to see what the next one brings!



We are working with the removal company to salvage as much turf as we can to give to members who want to use it for warm ups at home. We are hoping to cut the pieces into 15' x 15' pieces that can be rolled up and put on car roofs. If you want a piece of turf and

can help get a few pieces to cars, let us know. We will be reaching out with time and date of removal as soon as we have it.

Allocations will be completed on a first come first serve basis.

Contact: info@wvfhc.com for more info



Coaching Corner

Coaching Profile

Meet **Brad Logan**, age 27, who was born in South Africa and moved to Canada when he was 25. He has been on the Men's National team for almost 2 years. He has been coaching field hockey on a regular basis for our club for 5 years.

What does Brad love about coaching?

The thing I love most about coaching is the effect you can have on the personal development of the players, both in a field hockey sense as well as other aspects of their lives



Provincial Coach Education

In partnership with FHBC, we launched the inaugural Provincial Coaching Education (PCE) courses in February. These courses are specifically designed for our club coaches and follow the updated skills matrix, new techniques and teaching tools. Led by experienced learning facilitators, the PCE courses improve technical knowledge through classroom sessions and on-field practices. We ran courses for Fundamentals (6-8 year olds) and Learn to Train (9-12 year olds) coaches & a total of 46 coaches attended them.

We will be running more courses in Fall 2019. Contact: geoff@wvfhc.com



Junior Coach Profile

*My name is **Samantha Waugh** and I have been the junior coach for the team Shooting Stars. This is my first season being a junior coach and so far I have been loving it. I coach because of my passion and love for field hockey. My favourite thing about junior coaching is meeting young kids who share the same passion as myself. I love seeing the girls on my team grow and become better players over the course of the season. At the start of the season I was looking for an opportunity to pass on my love and knowledge of field hockey. Overall, I have really enjoyed giving back to my community by being a junior coach.*

News from Around the Club

Women's Committee

It feels as though Women's League just ended but here we are opening registration and holding tryouts for the 2019-2020 season! We will be entering 9 teams again for this upcoming season and we hope to improve in the standings even more. A big congratulations to Premier for winning the regular season and Championship for winning the playoffs! The Vancouver Women's League has voted to change the division names back to Premier and Divisions 1-6 (the "Championship" division name has been eliminated) for this upcoming season. The end of season awards night was a big success again this year, highlights included trivia, fun team awards and surprise candy! We are always happy to receive feedback, questions or volunteers. Contact: amy@wvfhc.com or kaela@wvfhc.com.

Men's Committee

This past season, we fielded five (5) teams in the Vancouver Men's League, with over 85 players! All three of our top teams finished 2nd in the standings of their respective divisions, but were unsuccessful in earning playoff titles - something to target next season!

It was another banner year for development and emergence of our talented junior players who were prominent in all divisions, from Rec up to Premier. The future is bright. We will be entering teams again this coming 2019-20 season into all divisions, so hope to see you there! Contact: chris@wvfhc.com



Junior Committee

We are just wrapping up another great Spring League with 1600 players age 5-18 years ! From our littlest to our graduating players, there are lots of North Shore kids enjoying the sport. This year we are fortunate to have a satellite team for Kindie to Grade 2 on Bowen Island - many thanks to Andrea, Tanis and Courtnei for helping to get these kids interested in field hockey. At the other end of the age spectrum, our U16/U18 Girls HP team won a silver medal in the U18 Club Championships - well played, Ladies! Other highlights include U7/U8 jamborees and a great "Clash of the Coaches" evening in April, followed by a social at the Hollyburn Sailing Club overlooking a very windy Ambleside Beach. Contact: isla@wvfhc.com or margi@wvfhc.com

Club Opportunities

Sponsor Profile: Neptune Terminals

Did you know that Neptune Terminals has sponsored our U6-U10 Spring League program for the past 3 years?

Neptune Terminals believe in the importance of investing in the local community, making it a better place for all of us to live, work and play. Since 2017, the contribution from Neptune Terminals has allowed us to provide every player with a t-shirt and to keep registration fees low and affordable. We are proud to partner with Neptune Terminals.



We are excited to announce that we are launching a new sponsorship program. With over 2000 members across the North Shore, we are seeking partnerships with businesses who share our values. Over the next month we will be launching sponsorship packages at various levels of commitment. For more information email sponsorship@wvfhc.com



Join us at the Golden Oldies this September!

We are proudly hosting the Golden Oldies World Hockey Festival Vancouver 2019 where around 500 players from around the world will converge for a week-long mix of on-field hockey action and social activities. The festival runs from the 16-20 September 2019, with games being held on Rutledge and Ambleside. We have exclusive ticket options available for our members and alumni. We will also be looking for volunteers to help us host. For more information, visit "**Adults**" on wvfhc.com or email info@wvfhc.com

A new road map for WVFHC

WVFHC Club has a rich history on the north shore - and now it's time for us to look to the future! Over the past 2 months, we have been working with Capitas Consulting to define where we should be going over the next 5 years. From townhall meetings to member surveys to stakeholder interviews, we have compiled information that will help us to develop a new strategic plan for the club. Over the next few months, we will be working on this plan to define who we are, set priorities, and map out what we want to achieve. We look forward to sharing with this you in Fall 2019! Contact: emma@wvfhc.com

Upcoming Programs

Fall Hockey 5s - Grade K-9 - Our popular skills & games combination played with boards.

Fall High Performance - Grade 5-12 Focus on skills development & technical improvement.

Fall Wolves - Boys grade 6-12 - Development program for boys.

Summer Camps - all grades.

Women's League - for females in Grade 9 and above.

Women's Fall Recreational or Fall Hockey Fit

Men's League - for males in Grade 9 and above.

FULL INFO AT WVFHC.COM



Staff Contacts

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