

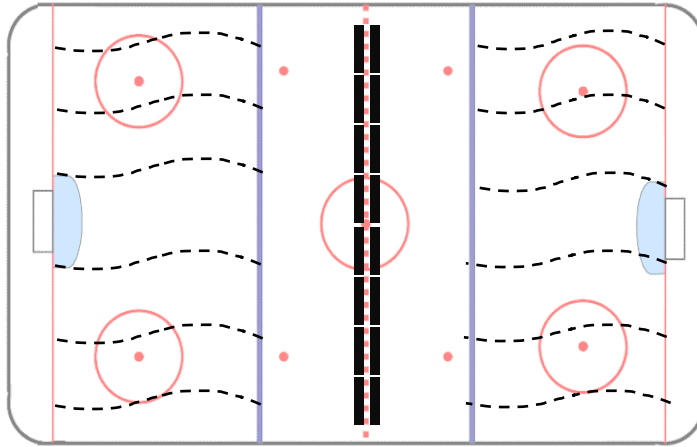
Termite Game Day

Format:

15/45– 10 minutes of skating skills and 45 minutes of game

Teams split the ice, assistant coaches put together foam dividers on the red line.

Head coaches have their team do line drills from goal line to blue line. (Objective is skating repetition and learning line discipline)



Play 3 cross-ice games of 3v3 or 4v4 with mini nets, depending on numbers.

Players should go every other shift so try to move players around to make the numbers right.

Split your team into 3 skill groups that should match up against the other team's. Top (Green), Middle (Gold) and Beginner (White).

No goalies, encourage all players to skate for the puck. Have a parent or coach buzz the horn every 2 minutes. Have players line up in each section instead of all together to save some time.

