

Friday Jan 10

Doors open at 10:30

Level 3 - ALL Ages

11:00 Open Stretch

11:20 March In

11:30 Compete

Level 4 - ALL Ages

1:30 Open Stretch

1:50 March In

2:00 Compete

Level 5 and Level 7

5:00 Open Stretch

5:20 March In

5:30 Compete

All American Gymnastics Invitational

Jan 10-12, 2020

Augustana University Elmen Center

2505 S Grange

Sioux Falls, SD

use this address for GPS

Please use age as of

March 22, 2020

Saturday Jan 11

Doors open at 7:30

Xcel GOLD - ALL Ages

8:00 Open Stretch

8:20 March In

8:30 Compete

Level 6 and Platinum/Diamond

11:45 Open Stretch

12:05 March In

12:15 Compete

Level 8

3:50 Open Stretch

4:10 March In

4:20 Compete

Level 9 and 10

6:10 Open Stretch

6:30 March In

6:40 Compete

Sunday Jan 12

Doors open at 7:30

XCEL Silver ages 7 - 10 yo (on March 22)

8:00 Open Stretch

8:15 March In

8:25 Compete

XCEL Silver ages 11-15 (on March 22)

10:50 Open Stretch

11:05 March In

11:15 Compete

XCEL Bronze ages 9-13 (on March 22)

1:30 Open Stretch

1:45 March In

1:55 Compete

XCEL Bronze ages 6-8 (on March 22)

3:30 Open Stretch

3:45 March In

3:55 Compete

**Cash Only at
the door and proshop**

**Door FEES:
Adults : \$10 a day
and \$25 for the Weekend
Age 5-18 yo : \$5.00 a day
under 5 yo : FREE**

HOST HOTEL INFORMATION
blocks for Friday and Saturday Night
Country Inn and Suites-\$109

(605)373-0153
200 E 8th St

SpringHill Suites by Marriott

(605)444-4200
4304 W. Empire Place

**JUST added:Courtyard by
Marriott - \$109**

next door to SpringHill Suites
4300 W Empire Pl
Phone: (605) 444-4300

Elmen Center -- 2 Parking lots available

