

ERIN PLIZGA

Erin Plizga joins the NCR High Performance Program as the NCR NIKE Boys All-Star U17 Assistant Coach. Erin brings significant coaching experience, coaching both boys and girls over the past seven seasons.



Erin currently manages and coaches STORM, through Stewie JOVB - the only boys club team in SE Minnesota. Erin is also a coach in the Stewartville girls' program, having coached at both the junior high and high school level. Prior to her roles at Stewartville, Erin served as a JV and Varsity Assistant coach for Kasson-Mantorville Boys and as a Varsity Assistant for Rochester Area Boys.

Erin was recently nominated for USA Volleyball's Regional Coach Development Program, an honor bestowed on only five coaches in each of the 40 regions.

In high school, Erin was a setter, playing on her high school Varsity team for four years and earning All-Conference honors multiple times. She continued to play volleyball in Co-Ed leagues in college and beyond.

Erin believes a great coach takes an active interest in their team, not just to develop athletes as players but also to become better people who love the sport for a lifetime. Players often find Erin supporting them outside of their season at events important to them, as well as attending local matches and open gyms. She believes in celebrating all the wins, not just the number on the scoreboard and that training smart is more beneficial than just training a lot.

When she is not with her teams, Erin can be found spending time with her husband and two kids, who are 10 and 7-years-old. The family enjoys long weekend getaways, fishing, and being creative.