

RESPECT IN SPORT PARENT PROGRAM

The <u>Respect in Sport Parent program</u> is a 60-minute online certificate designed to provide a foundational understanding of maltreatment and prevention to support a positive safe sport culture and improve the sport experience for youth.



- · Challenges kids face in sport and why they quit
- · 5 parent behaviours that negatively affect kids
- · Tips for Stepping up and Stepping in

KEEPING GIRLS IN SPORT PROGRAM

<u>Keeping Girls in Sport</u> is a 90-minute online training program that offer s 2 PD points toward NCCP Maintenance of Certification. The program is designed to help coaches, mentors, leaders and parents understand what girls need to be successful in sport and stay active.



- How our values and beliefs impact the girls we lead
- The Challenges for equality and acceptance that female athletes continue to face
- The unique differences between coaching boys and girls