



Rich Fronheiser, Commissioner

550 Vista Cir

Columbus, WI 53925

rich@capitol-athletics.org

(608) 469-5722

2021 Capitol Conference All-Conference Football Team

Attention Capitol Conference Media Contacts: The Capitol Conference is proud to announce its **2021** Football All Conference and Player and Coach of the Year Selections. Please announce/print the names of these athletes and coaches at your earliest convenience. Thank You.

Capitol Conference - Football				
2021				
1st Team All-Conference				
Name	School	Ht.	Wt.	Year
Quarterback:				
Caden Belling	Lake Mills	5'10	162	Junior
Running Backs:				
Colton Brunell	Columbus	6'1"	200	Sophomore
Jax Hertel	Big Foot	6'1"	207	Junior
Wide Receivers:				
Matthew Stenbroten	Lake Mills	6'3"	193	Sophomore
Alex Schmitz	Big Foot	6'3"	180	Senior
Tight End/Fullback:				
Tyler Marty	Lakeside Lutheran	5'11"	180	Senior
Offensive Linemen:				
Colin Selk	Columbus	6'4"	260	Junior
Brady Engel	Columbus	6'3"	220	Junior
Wyatt Ripp	Lodi	6'5"	250	Senior
Ben Buxa	Lakeside Lutheran	6'3"	275	Junior
Tim Manning	Luther Prep	6'3"	245	Senior
Flex Offense:				
Conner Hughes	Turner	6'2"	180	Junior
2021 Offensive Lineman of the Year (tie)				
Colin Selk - Columbus				
Ben Buxa - Lakeside Lutheran				
2021 Offensive Player of the Year				
Colton Brunell - Columbus				

Defensive Backs:				
Aren E Kern	Columbus	6'0"	155	Junior
J.P. Rguig	Lake Mills	5'6"	162	Junior
Camden Combs	Turner	5'11"	160	Senior
Inside Linebackers:				
Colton Brunell	Columbus	6'1"	200	Sophomore
Alex Rashid	Lodi	5'10"	175	Senior
Outside Linebacker:				
Andrew Pfeffer	Columbus	6'0"	190	Senior
Michael Stenbrotten	Lake Mills	6'2"	199	Senior
Defensive Linemen:				
Colin Selk	Columbus	6'4"	260	Junior
Derek Bruce	Lake Mills	5'10"	231	Junior
Defensive Ends:				
Ben Buxa	Lakeside Lutheran	6'3"	275	Junior
Brent Hoppe	Turner	6'4"	215	Junior
Punter:				
Preston Nichols	Lodi	6'0"	180	Senior
Nathan Spoerl	Horicon/Hustisford	6'0"	160	Senior
Kicker:				
Nathan Spoerl	Horicon/Hustisford	6'0"	160	Senior
Special Teams Player:				
Brady Link	Columbus	5'9"	180	Sophomore
2021 Defensive Lineman of the Year				
Brent Hoppe - Turner				
2021 Defensive Player of the Year				
Brent Hoppe - Turner				
Capitol Conference - Football				
2nd Team All-Conference				
Name	School	Ht.	Wt.	Year
Quarterback:				
Basil Demco	Big Foot	5'11"	175	Senior
Running Backs:				
Jaylen Montgomery	Lodi	5'8"	170	Senior
Josiah Moore	Luther Prep	5'8"	175	Senior
Wide Receiver:				
Preston Nichols	Lodi	6'0"	180	Senior
Gavin Frey	Turner	6'0"	165	Senior
Offensive Linemen:				
Jamison Sullivan	Columbus	6'4"	220	Junior
Derek Bruce	Lake Mills	5'10"	231	Junior
Mitchell Lane	Lodi	6'2"	272	Senior
Reid Weittenhiller	Lakeside Lutheran	6'0"	262	Sophomore
Shawn Robinson	Big Foot	6'1"	220	Junior

Defensive Backs:				
Brady Link	Columbus	5'9"	180	Sophomore
Carson Lund	Lake Mills	5'9"	162	Senior
Cody Doyle	Lodi	6'0"	165	Senior
Inside Linebackers:				
Malani Aragon	Columbus	5'10"	190	Junior
Cal Ries	Turner	6'0"	195	Senior
Jax Hertel	Big Foot	6'1"	207	Junior
Outside Linebacker:				
Matthew Stenbrotten	Lake Mills	6'2"	199	Senior
Basil Demco	Big Foot	5'11"	175	Senior
Defensive Line:				
Eddie Roelke	Columbus	5'8"	220	Senior
Mitchell Lane	Lodi	6'2"	272	Senior
Wyatt Ripp	Lodi	6'5"	250	Senior
Defensive End:				
Chuy Medina	Luther Prep	5'10"	200	Junior
Blake Peplinski	Horicon/Hustisford	6'3"	180	Senior
Punter:				
Braxton Nachreiner	Columbus	6'0"	175	Junior
Kicker:				
Chandler Curtis	Lodi	5'8"	155	Senior
Special Teams Player:				
Marcus Winkel	Luther Prep	6'0"	175	Senior
Capitol Conference - Football				
Honorable Mention				
Name	School	Ht.	Wt.	Year
Quarterback:				
Keegan Fleischman	Lodi	5'11"	155	Junior
Kooper Mlsna	Lakeside Lutheran	6'4"	155	Sophomore
Sean Fogel	Turner	6'0"	155	Junior
Running Backs:				
Spencer Sturgill	Lakeside Lutheran	5'7"	160	Senior
Wide Receiver:				
J.P. Rguig	Lake Mills	5'6"	162	Junior
Thomas Koelpin	Luther Prep	6'3"	190	Senior
Offensive Line:				
Ty Treptow	Luther Prep	5'10"	225	Junior
Defensive Backs:				
Cole Flood	Lake Mills	5'10"	168	Senior
Jameson Schmidt	Lakeside Lutheran	5'10"	155	Senior
Inside Linebacker:				
Ben Bucholtz	Lake Mills	5'8"	185	Junior
Nate Yaroch	Lakeside Lutheran	5'11"	180	Junior
Outside Linebacker:				
Zander Kleist	Lodi	5'10"	180	Senior
Jeremiah Stanton	Luther Prep	6'1"	185	Senior
Tyler Kramer	Turner	6'0"	170	Junior

Defensive Line:				
Caleb Koester	Lakeside Lutheran	5'11"	235	Senior
<i>2021 Coach of the Year</i>				
<i>Andrew Selgrad - Columbus</i>				
<i>2021 Assistant Coach of the Year</i>				
<i>Ot Selgrad - Columbus</i>				