

## 8U- Mite and Mitey Mite FAQ

1) **What is Mitey Mite? What is Mite?-** Mitey Mites are players (8 and under) that have completed Hockey 1 and 2 or have been recommended by the Beginner Hockey Director to matriculate early. Mitey Mites (2hrs a week) practice once a week and play an in-house game once a week for the duration of the season. Mites are players (8 and under) that have completed Mitey Mite or have been recommended by the Beginner Hockey Director to matriculate early. Mites (3hrs a week) practice twice a week and play a modified travel game schedule (never outside the greater Seattle area).

2) **My player is 7-8 y/o, but they have never played hockey before. Where should we place them?-** For all players 8 and under, we recommend completing Hockey 1 and Hockey 2 before heading into Mite and Mitey Mite. This way, we can assure players have fundamental hockey skills before taking on game situations.

3) **What does it all cost? Why are they different? Why should I continue to move my player up each session?**

Hockey 1- \$175.00 w/o equipment, \$215.00 with equipment rental

Hockey 2- \$240.00 w/o equipment, \$280.00 with equipment rental

Mitey Mite- \$950

Mite- \$1,250

Considering that Hockey 1 & 2 are session based (fall, winter, spring, summer) and Mite and Mitey Mite are season based, it is actually less expensive to enroll your player in Mite or Mitey Mite after completing Hockey 1 & 2 than keeping them at the beginner level. The cost of Mitey Mite and Mite rises due to more ice exposure but ends up being lower than repeat beginner sessions throughout the year.

With any more questions, please contact Seattle Junior Hockey Association or [marty.rubin@sjha.com](mailto:marty.rubin@sjha.com).