

Lakeville ARENAS Learn to Skate

LEARN TO SKATE LESSONS

SPRING 2024

Registration
Opens
March 8th @
7 AM



ALL AGES

ICE EXPLORERS (2-3 YEARS OLD)

This program is for 2-3 year old's as an introduction prior to Snowplow Sam 1 classes. 20 Minute Class. Weeks 1-3 will be conducted OFF ice, focused on balance, coordination & activities; Weeks 4-7 will be ON ice focused continued balance, skills & constructive play. Cost is \$43.75 per skater.

PALS: PARENTS AND LITTLE SKATERS (3-5 YEARS OLD)

Follows Snowplow Sam curriculum for little skaters, parents will learn how to help teach little skaters skating skills. Cost covers skater & parent.

SNOWPLOW SAM 1-4 (3-5 YEARS OLD)

Designed to develop preliminary coordination and strength necessary to move on skates. Snowplow Sam 1 is for new skaters, not skating independently. Snowplow Sam 2-4 skaters MUST be able to stand, march and glide independently.

PRIVATE & SEMI- PRIVATE LESSONS (6 YEARS OLD & UP)

Hockey, figure skating, or recreational skating. For skaters of all levels, including adults. **Option 1:** 15 minute private lesson, with 15 minute practice (\$87.50) **Option 2:** 20 min private lesson, no practice (\$58.25) **Option 3:** Semi-Private, will need to indicate what other skater is sharing the lesson (\$87.50 for 2 skaters)

HOCKEY

Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck.

HOCKEY 1-2 (6 YEARS OLD & UP)

Work on control, backwards skating and stopping.

HOCKEY 3-4 (6 YEARS OLD & UP)

Designed for skaters who have passed Hockey 2. Work on control, edges, crossovers and stopping.

HOCKEY & FIGURE POWER SKATING

POWER EDGE

Basic 3 & up. Hockey 3 & up. Full Ice, 30 min group lesson focused on power and conditioning. No additional practice. Cost is \$87.50.

BASIC SKILLS

(6 years and older) These six levels of the program introduce the fundamental skating moves, forward skating, backwards skating, stops, crossovers, and turns

BASIC 1 (6 YEARS OLD & UP)

Designed for skaters with little or no skating experience. Will work on forward/backwards skating and stopping.

BASIC 2

Designed for those skaters that have passed Basic 1 or Snowplow Sam 4. Will work on backwards skating, turning and introductions to spins.

FIGURE SKATING

BASIC 3

Designed for those skaters that have passed Basic 2. Will work on backwards, turns, pumps.

BASIC 4, 5, 6

Designed for those skaters that have passed Basic 3. Will work on edges, crossovers and stroking.

PRE-FREESKATE & FREESKATE

Designed for figure skaters that have passed Basic 6. Will work on footwork, spins and jumps.

COST & REGISTRATION

Sundays - 6 weeks \$75; Tuesdays - 7 weeks \$87.50. Ice Explorers, PALS, Private Lessons, Power Edge - see class table for pricing

Registration opens Friday, March 8, 7:00 AM: lakevillearenas.sportngin.com/learntoskate Learn to Skate USA Membership required. Details available through the registration process.

All skaters will receive 3 public skating passes (\$30 value)

Requirements: All participants must wear gloves or mittens. No double blades. Helmets are highly recommended for new skaters and all Snowplow Sam/PALS/Ice Explorer participants.

REGISTRATION: LAKEVILLEARENAS.SPORTNGIN.COM/LEARNTO SKATE

LEARN TO SKATE SCHEDULE

SPRING 2024

Lakeville Learn to Skate is a member of Learn to Skate USA, and shares the mission to provide a fun and positive experience that will instill a lifelong love of skating.

If your skater has taken lessons previously and you are unsure what class to register for, email the director at LTSLakevilleMN.gov.



Register:
Lakevillearenas.
sportngin.com/
LearnToSkate

Level	Sundays April 14 - May 19, 2024 (6 weeks) 11:30 AM - 2:45 PM Hasse Arena, 8525 215th St	Tuesdays April 9 - May 21, 2024 (7 weeks) 5:30 PM - 8:50 PM Hasse Arena, 8525 215th St
Snowplow Sam 1	11:30 AM-12:00 PM Lesson; 12:00-12:30 PM Practice (\$75) 12:45-1:15 PM Lesson; 1:15-1:45 PM Practice (\$75) 1:45-2:15 PM Lesson; 2:15-2:45 PM Practice (\$75)	6:00-6:30 PM Lesson; 6:30-7:00 PM Practice (\$87.50) 6:30-7:00 PM Lesson; 6:00-6:30 PM Practice (\$87.50)
Snowplow Sam 2-4	11:30 AM-12:00 PM Lesson; 12:00-12:30 PM Practice (\$75) 12:45-1:15 PM Lesson; 1:15-1:45 PM Practice (\$75) 1:45-2:15 PM Lesson; 2:15-2:45 PM Practice (\$75)	6:00-6:30 PM Lesson; 6:30-7:00 PM Practice (\$87.50) 6:30-7:00 PM Lesson; 6:00-6:30 PM Practice (\$87.50)
PALS	12:00-12:30 PM Lesson; 11:30 AM-12:00 PM Practice (\$99)	6:30-7:00 PM Lesson; 6:00-6:30 PM Practice (\$115.50)
Basic 1	12:00-12:30 PM Lesson; 11:30 AM-12:00 PM Practice (\$75)	7:00-7:30 PM Lesson; 7:30-8:00 PM Practice (\$87.50)
Basic 2	12:00-12:30 PM Lesson; 11:30 AM-12:00 PM Practice (\$75) 2:15-2:45 PM Lesson; 1:45-2:15 PM Practice (\$75)	7:00-7:30 PM Lesson; 7:30-8:00 PM Practice (\$87.50)
Basic 3	2:15-2:45 PM Lesson; 1:45-2:15 PM Practice (\$75)	7:30-8:00 PM Lesson; 7:00-7:30 PM Practice (\$87.50)
Basic 4-5-6	2:15-2:45 PM Lesson; 1:45-2:15 PM Practice (\$75)	7:30-8:00 PM Lesson; 7:00-7:30 PM Practice (\$87.50)
Pre-Freeskate/Freeskate	2:15-2:45 PM Lesson; 1:45-2:15 PM Practice (\$75)	7:30-8:00 PM Lesson; 7:00-7:30 PM Practice (\$87.50)
Hockey 1	1:15-1:45 PM Lesson; 12:45-1:15 PM Practice (\$75)	7:00-7:30 PM Lesson; 7:30-8:00 PM Practice (\$87.50)
Hockey 2	1:15-1:45 PM Lesson; 12:45-1:15 PM Practice (\$75)	7:00-7:30 PM Lesson; 7:30-8:00 PM Practice (\$87.50)
Hockey 3-4	1:15-1:45 PM Lesson; 12:45-1:15 PM Practice (\$75)	7:30-8:00 PM Lesson; 7:00-7:30 PM Practice (\$87.50)
Power Edge	N/A	8:00-8:30 PM Lesson (No practice) (\$87.50)
Private Lessons	N/A	5:30-6:00 PM - 15 min lesson, 15 min practice (\$87.50) 8:30-8:50 PM - 20 min lesson, no practice (\$58.25)
Semi-Private Lessons	N/A	5:30-6:00 PM - 15 min lesson, 15 min practice (\$87.50 for 2 skaters; will need to indicate who is sharing the lesson)
Ice Explorers	N/A	5:30-5:50 PM Lesson (No practice) (\$43.75)



SKATE TO A BRIGHTER FUTURE.

THE LESSONS LEARNED IN ICE SKATING ARE ALSO LESSONS IN LIFE. THE CONFIDENCE AND JOY YOU SEE YOUR KIDS GAIN TODAY WILL BECOME THE GREATNESS YOUR KIDS ACHIEVE IN THE WORLD TOMORROW.

