



3v2 + 1

Category: Tactical: Combination play
Difficulty: Moderate

Derek McMullen, CFJ South, United States of America
Individual-Adult Member

3v2 + 1 (15 mins)

This game will work on having a numbers up situation and will force the attackers to attack quickly and defenders must try and slow the play down so their teammate can recover.

Attackers must have good passing and receiving technique and good movement to receive the ball.

Coach will start with all the soccer balls. He can pass to any blue player and then the blue player can pass to any of the red players.

In this example:

Coach passes to player A.

Player A passes to player B.

Player B passes to player C and then must run around that players cone.

Once the Red player passes the ball all 3 Blue players attack the goal.

The two Reds must quickly defend to deny the Blues to score.

The Red player that passes the ball must quickly run around cone and recover to help defensively.

Have resting defenders on the side to rotate with other defenders.

Modification:

- Just do a 3v2 game to goal.

Coaching Points:

- A) Passing and Receiving
- B) Off the Ball Movement (Diagonal Runs and Overlaps)
- C) Communication
- D) Awareness

