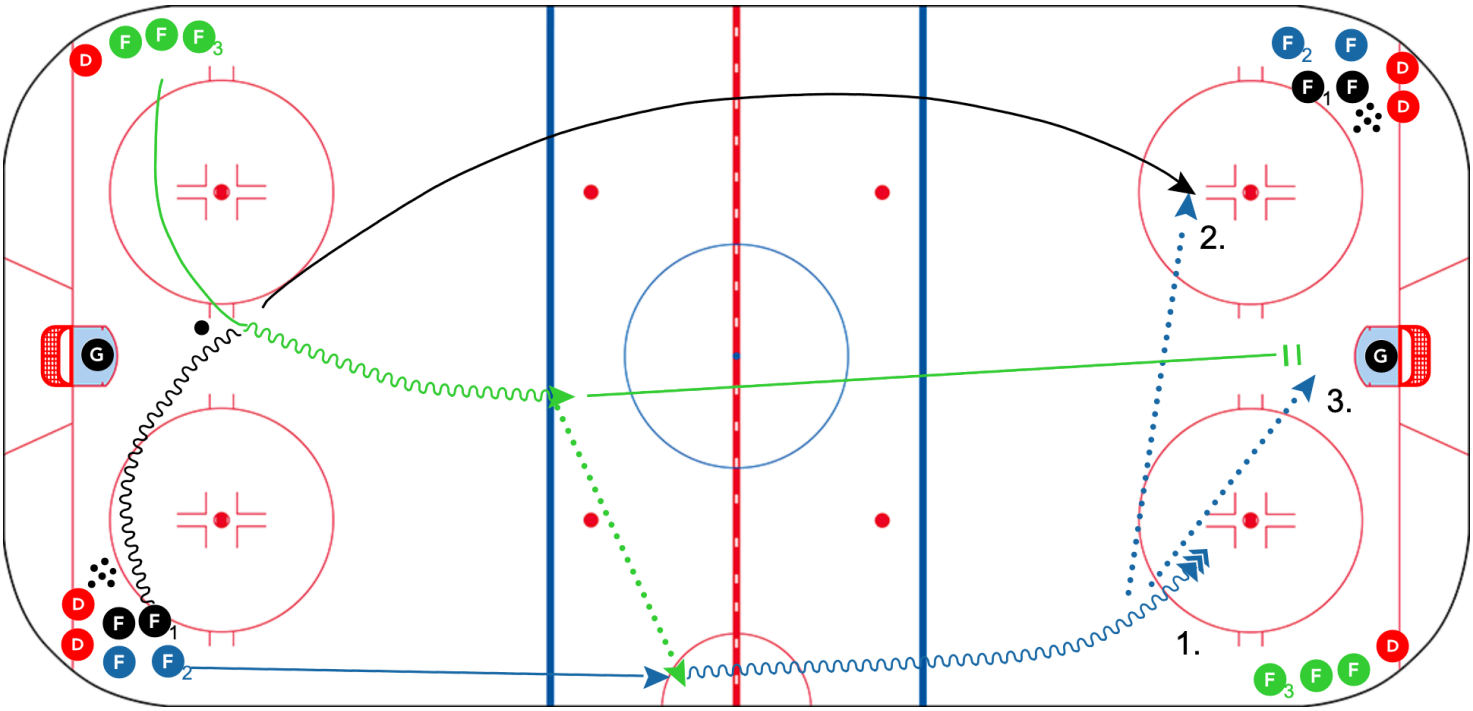
E.P.O (3v0)



Description

Part 1

- F 1 skates across and drops puck to F 3 cutting up middle
- F 2 skates wide straight down receiving pass in the Nzone from F 3
- F 2 shoots on goal with a middle lane drive and a wide lane drive looking for rebounds

Part 2

- Start the same
- F 2 make a high pass to F 1 for a quick shot on goal (middle lane drive and a wide lane drive looking for rebounds)

Part 3

- Start the same
- F 2 makes a shot pass to F 3 in middle lane drive to the net

Part 4

- F 2 has any option