

## 2024 Elite Sports Ohio Volleyball Quick Fact Sheet

VOLLEYBALL	Impact	Regional	Select	Premier	MS Prime	HS Prime	MS Elite	HS Elite
Team Age	13-14's	12-17's	13's-17's	13's-17's	13-14's	15's-17's	13-14's	15's-17's
Cost	\$1000	\$1,300	\$1,600	\$1,800	\$1,800	\$2,100	\$2,300	\$2,600
Tryouts	None Required	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Weekly Practices	2	2+	2+	2+	2+	2+	2+	2+
Practice Length Average	1 Hour	1.5 Hours	1.5-2.0 Hours	1.5-2.0 Hours	1.5-2.0 Hours	1.5-2.0 Hours	1.5-2.0 Hours	1.5-2.0 Hours
Tier Training	Additional Cost	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site
Speed and Strength	Additional Cost	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site
Positional Training	Additional Cost	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site	Included On-Site
Practice Locations	Elite Sports	Elite Sports	Elite Sports	Elite Sports	Elite Sports	Elite Sports	Elite Sports	Elite Sports
	<u>8 Play Dates</u>	8 Play Dates	11 Play Dates	13 Play Dates	13 Play Dates	16 Play Dates	18 Play Dates	22 Play Dates
Tournaments	4 League Nights	USAV/AAU/JVA	USAV/AAU/JVA	USAV/AAU/JVA	USAV/AAU/JVA	USAV/AAU/JVA	USAV/AAU/JVA	USAV/AAU/JVA
	4 Club Tournments						AAU Nationals	AAU Nationals
Travel:	Light	Light	Limited	Moderate	Heavy	Heavy	Extensive	Extensive
Uniforming Provided	Impact Uniform Package	Regional Uniform Package	Select Uniform Package	Premier Uniform Package	Prime Uniform Package	Prime Uniform Package	Elite Uniform Package	Elite Uniform Package
College Recruiting	N/A	N/A	Service Available	Service Available	Service Available	Included	Included	Included
Summer Camps	1 Free	2 Free	2 Free	Summer Training	Summer Training	Summer Training	Summer Training	Summer Training