



# 2017 TRI-COUNTY SOCCER RULES 3-4 GRADE





### 3<sup>RD</sup> & 4<sup>TH</sup> GRADE

#### I. RULES OF PLAY

**A. Number of players**: The maximum number of players on the field at any one time is nine (9). A team may start with or play down to 5 players.

FYI-Minimum 9 players per team Maximum 10 players per team Addition of the 11<sup>th</sup> player to a team would mean forming a new team.

- **B. Duration of the game:** The game will consist of four (12) twelve minute quarters. There will be a two-minute break at the quarters and a five-minute half-time break.
- **C. Field size:** The field will be rectangular, its length 80 yards by a width of 50 yards.
- **D. Goal size:** Goals shall be regulation size, 24 ft. (8yds) wide by 8 ft. high.
- E. Ball size: No. 4 sized ball shall be used.
- **F. Off sides:** Off sides will be enforced at the officials discretion (minor infractions 1-5yds will be ignored).
- **G. Throw-ins:** Conform to FIFA rule except that a second throw-in will be allowed if the player makes an improper throw-in (i.e. lifts one foot, etc). If the second attempt is improper, the opposing team will receive the ball for the throw-in play.
- **H. Corner kicks:** Conform to FIFA rule except that opponents must be ten (10) yards off the ball.
- I. Goal kicks: Conform to FIFA.
- **J. Free kicks:** Conform to FIFA except the Penalty line shall be marked at 10 yards in front of each goal.
- **K. Penalty kicks:** Conform to FIFA except the Penalty line shall be marked at 10 yards in front of each goal.

#### **II. SUBSTITUTION RULES**

**A. Player substitution:** Any players sitting out at the conclusion of one period must enter the game at the beginning of the next period. An exception would occur if a player is being disciplined.

- **B. Player rotation**: Coaches will assign a rotation number for each player for the entire game. Players 1-7 will start the game. The remaining players (i.e.8,9,10) will sit out the first period. At the break players 8,9,10,1,2,3 & 4 will be on a field and players 5, 6 & 7 would sit out. This rotation system will continue in the same manner for each of the remaining periods of the game. The  $4^{th}$  quarter will be free substitution.
- . **D. Penalty:** The first and primary remedy for any violation of substitution rules shall be to correct the violation. This should include putting the player who belongs in the game into the game at that point.

#### III. PLAYERS' EQUIPMENT

- **A. Footwear:** Shall conform to FIFA with the following exceptions: Footwear shall include tennis shoes or soft cleated soccer shoes. No toe cleat.
- **B. Shin Guards**: All players must play with shin-guards and they must be covered by at least one layer of a sock.
- **C. Jewelry:** There shall be NO jewelry worn by any participants. *Children should refrain from having their ears pierced during the season.*

#### IV. REFEREES

- **A. Referees**: Games will be refereed by a trained Official. (if available) Our officials need your support and cooperation. Please don't confront the official.
- **B. Lines person:** Each team will provide one lines person to assist the center official in calling the ball out of bounds.

### **Line-up Sheet**

Name	Quart	er 1	Quart	er 2	Quart	er 3	Quart	er 4
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			-				-	-
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Name	Quart	er 1	Quart	er 2	Quart	er 3	Quart	er 4
Name	Quart	er 1	Quart	er 2	Quart	er 3	Quart	er 4
Name	Quart	er 1	Quart	er 2	Quart	er 3	Quart	er 4
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Name	Quart	er 1	Quart	er 2	Quart	er 3	Quart	er 4
Name	Quart	er 1	Quart	er 2	Quart	er 3	Quart	er 4

# **RULES OF THE GAME**

# REFEREE INFORMATION

# **Common Elements of the 8 Methods of Restarting Play**

Restart	Kick-off	Throw-in	Goal-Kick	Corner-Kick	Indirect Free-Kick	Direct Free-Kick	Penalty- Kick	Drop ball
Reason for ball being out of play	*Start game *Start 2 <sup>nd</sup> half *Goal scored *Start of overtime period	Ball passed completely over Touch line	Ball passed completely over goal line last played by attacking team	Ball passed completely over goal line last played by defending team	Non-penal foul, misconduct, off-side and certain technical infractions	Penal foul, other than by defending team in own penalty-area	Penal foul by defending team inside own penalty- area	Any other temporary stoppage of game by referee
Where is restart Taken?	Center of the field	Point where ball crossed touch-line	Corresponding half of goal-area	Quarter circle at nearest corner flag	Where foul occurred	Where foul occurred	Penalty-kick mark (12 yards from goal line)	Where ball was when play stopped
Distance Opponent must be from the ball	10 yards	See "How do you start or restart play?"	Outside penalty area until ball leaves penalty area	10 Yards	10 Yards (See "How do you start or restart play?")	10 Yards (See "How do you start or restart play?")	10 yards and outside penalty area	Referee's decision
When is the ball in play	Travels circumference forward	Enters field	Leaves penalty area	Travels circumference	Travels circumference	Travels circumference	Travels circumference	When touches the ground
Can player who Receives ball directly be penalized for off-side?	Does not apply (players must be in own half of the field)	No	No	No	Yes	Yes	Yes	No (refers to first player to play ball after it is dropped)
Can a goal be scored directly?	No	No	No	Yes	No	Yes, against opponent	Yes	See "How do you start or restart play?"
When is the restart considered over?	*	*	*	*	*	*	*	Drop-ball ends when played by first player

<sup>\*</sup>For any of the first seven restarts, the restart ends when the ball is played by a second player or when the ball leaves the field of play. If the kicker (or thrower) Plays the ball a second time after it is in play, but before it is played by another player, an Indirect Free-Kick is awarded to opponents.

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#### **How Do You Start or Restart Play?**

#### The Kick-Off

At The start of the game, the team winning the coin toss has the option of kicking off or the choice of ends. The kick-off is taken from the center of the field. The ball must be kicked into the opponent's half. After half time, ends are changed and the kick-off is taken by the team which did not take the opening kick-off. (Note that both of these kick-offs are in the same direction.) After a goal is scored, the kick-off is taken by the team scored against.

#### The Throw-In

The ball is thrown in from the point (within a yard) where it completely crossed the touch-line, by a player from the team not touching it last. The ball must be thrown in with both hands, equally, from behind and over the head, facing the field with some part of both feet, at the moment of release, either on the touch-line or on the ground outside the touch-line. The ball is in play as soon as the slightest bit of it passes over the outside of the touch-line, or, if the thrower releases the ball inside the field of play, the ball is in play as soon as it is released, If the ball is thrown in improperly (this includes throwing the ball in from the wrong place), a throw-in is awarded to the opposing team: if the throw-in fails to enter the field, it is retaken by the same team. Opponents may not intentionally distract or impede the thrower. If an opponent stands in front of the thrower and the thrower moves to either side, opponent may not follow.

#### The Goal-Kick

Taken from anywhere within the half of the goal-area nearer to where the ball crossed the goal-line. If the ball is played again (by either team) before it leaves the penalty-area; the goal-kick must be retaken.

#### **The Corner-Kick**

The whole ball must be completely within the one yard radius quarter circle at the nearest corner-flag post, which may not be moved.

#### **Direct & Indirect Free Kicks**

Direct Free-Kick: A goal can be scored directly against the offending side.

Indirect Free-Kick: A goal cannot be scored until the ball has been played or touched by a second player (from either team). The Referee indicates a Indirect Free-Kick by holding his arm above his head until the kick has been taken, and retains the signal until the ball is touched or played by another player or goes out of play.

The kick is taken from where the foul occurred; exceptions: 1) a free-kick awarded to the defending team within its goal-area in which the free-kick was awarded; 2) an indirect free-kick by the attacking team within the defending team's goal area is taken on the 6 yard line at the point nearest to where the offense was committed. If The game was stopped to caution a player for illegal entry, the free-kick is taken from where the ball was when play was stopped. Opposing players must be at least 10 yards from the ball until it is in play, unless they are standing on their own goal-line between the posts (the kicker may kick the ball when opponents are closer if he wishes, unless the Referee has indicated otherwise). On free-kicks by the defending team inside their own penalty-area, opponents also must be outside the area, and the ball is played a second time (by either team) before it leaves the penaltyarea, the free-kick by encroaching must be handled as serious misconduct (Caution/Yell Card).

#### The Penalty Kick

Taken from the penalty mark, 12 yds from the goal-line. With the exception of the kicker and the opposing goalkeeper, all players must be outside the penalty-area and the penalty-arc, and in the field of play. The goalkeeper must stand with both feet on the goal-line between the goal-line and the goal-posts until the ball is kicked. The Referee should not signal for the kick to be taken until all players are in proper position. The ball must be kicked forward. Time shall be extended at half or full time to allow a penalty-kick to be taken.

#### The Drop-Ball

Dropped by the Referee at the point where the ball was when play was stopped; exception: if the ball was within the goal-area, the ball is dropped on the 6 yd line at the point nearest to where it was when play was stopped. The Drop-ball differs from all other restarts in that it is the Referee who puts the ball into play, rather than a player. The player who first plays the ball after it hits the ground may not be declared off-side. He may continue to play the ball himself, dribbling, passing or shooting. If the ball should bounce directly into the goal without being touched by a player, the drop-ball must be retaken.

#### NOTE

It must be remembered that a free-kick or penalty-kick cannot be awarded for an offense that occurs while the ball is out of play. Play must be restarted in the same manner as though no infraction had occurred. Example: ball has passed over the touch-line but before it is thrown in, a player deliberately kicks an opponent. Referee should send him off the field of play (eject/red card) and restart the game by a throw-in.

#### **Mechanics Of Set Plays**

		Linesmen	<b>Position</b>
	Referee Position	Lead Linesman	Trail Linesman
Kick Off	Just outside center circle in the half of team kicking off.	In line with second to last defender.	In line with second to last defender.
Goal Kick	Midfield, or near where you think ball will land.	In line with second to last defender or at halfway line.	At goal kick en, first at six yd line and when ball has been correctly placed move to 18 yd line.
Corner Kick	In corner of penalty area or behind goal line between 6 and 18 yard lines.	Outside corner flag or on goal line as instructed by referee.	In line with second to last defender or at halfway line.
Penalty Kick	On field in line with 6yd line between goal area and edge of penalty area. Positioned to (1) ensure kick is taken properly and (2) watch for encroachment and (3) ensure goalkeeper does not advance illegallylinesman should be acting as goal judge.	At intersection of goal line and penalty area.	At halfway line, ready to move quickly into position in line with second to last defender.
Free Kick Near Goal	On or near diagonal, near wall to watch for infractions. And, if necessary, to judge offside.	At goal line or in line with second to lastdefender, depending on referee's instruction	In line with second to last defender or at halfway line.
Free Kick Not Near Goal	To handle possible encroachments and to reach center of play quicklyroughly on diagonal.	In line with second to last defender.	In line with second to last defender.
Throw In	On referee side of field, move slightly off diagonal toward touchline. On linesman's side, move from digonal toward center of field.	In line with second to last defender.	In line with second to last defender.
	NOTE: All of the above will vary depending upon circumstancesage and skill level of players, etc.	NOTE: If the second to last defender moves into the opponent's half, linesmen would stop at the halfway line until that player returns to his/her own half.	

# Fouls and Misconduct The 9 Penal Fouls – Direct Free Kick

**K**eep Kicking (or attempt)

Soccer Striking (or attempt), or spitting at

Players Pushing Happy Holding

&

**H**ealthy Handball

Control Charging from behind when not legally obstructing

The Tripping

Violent or dangerous charge

**J**ocks Jumping

#### The 5 Non-Penal Fouls – Indirect Free Kick

**D**on't Dangerous Play

Forget Fair Charge away from the ball

Our Obstruction when not playing the ball

Children's Charging the goalkeeper inside the penalty area<sup>1[1]</sup>

Safety Steps by goalkeeper

# Four Reason For A "Cau tion"

U Ungentlemanly conduct

**P** Persistent infringement of the laws

**E** Exiting or entering the field without permission of referee

#### Three Reasons For "Sending Off" (Ejection)

S Serious foul play

**A** Abusive or foul language

**P** Persistent infringement after caution

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#### **What Are The Fouls**

#### Fouls For Which Direct Free-Kicks Are Awarded:

# Which Indirect Free-Kicks Awarded:

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Charging from behind,	Charging opponent in a	Dangerous play
unless opponent is	violent or dangerous	
obstructing	manner	Fair charge when ball is
		not within playing
Jumping at opponent	Tripping opponent	distance
Kicking or attempting to	Holding opponent	When not playing the
kick opponent		ball, intentionally
	Handling the ball	obstructing an opponent
Striking or attempting to	(except by goalkeeper in	
strike or spitting at	his own penalty area)	Charging a goalkeeper
opponent		unless he is holding the
	To be penalized, fouls	ball, or is obstructing an
Pushing opponent	must be intentional	opponent, or has left his
		penalty area
		When playing as a
		goalkeeper, (a) taking
		more than four steps
		while in possession of
		the ball, or (b) releasing
		the ball into play then
		handling it again before
		it is touched or played by a teammate outside the
		penalty-area or by an opponent, or (c)
		otherwise intentionally
		wasting time.
1		wasung time.

If one of the 9 fouls for which direct free kicks are normally awarded is committed by a member of the defending team within his own penalty-area, a penalty kick is awarded rather than a direct free-kick.

There are other technical infractions for which indirect free-kicks are awarded such as offside, playing the ball a second time (before it is played by another player) by the player who restarts play, and on certain encroachment by the attacking team at the taking of a penalty-kick.

### Misconduct - The Yellow And Red Cards

Misconduct Resulting In Cautions – Yellow Cards	Misconduct Resulting In Ejections – Red Cards
Dissent with Referee's decision	Serious foul play or violent conduct
Ungentlemanly conduct	Abusive or foul language
Persistent infringement of the laws	Persisting in misconduct after having
Entering, re-entering or leaving the field of	received a caution (i.e., committing a
play without receiving a signal from the	second cautionable offense)
Referee	

# The Offside Law The Three Fundamental Aspects of The Law Are:

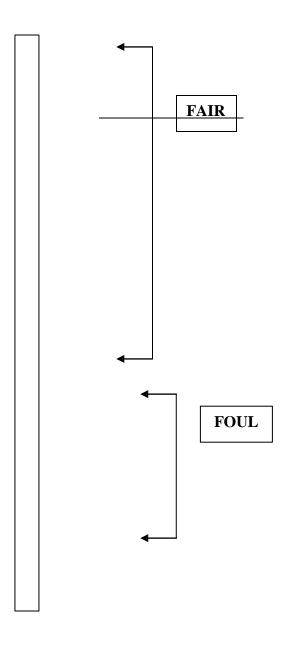
Fact - Position	Judgment - Time	Opinion – Participation
Is the Player ahead of the ball?	When do you judge whether a	Does the player participate?
	player is in an offside position?	
A player cannot possibly be		A player in an offside position
offside unless he is CLOSER TO	AT THE MOMENT THE BALL	who, in the referee's opinion,
HIS OPPONENT'S GOAL-LINE	IS PLAYED BY A	does not:
THAN THE BALL.	TEAMMATE. It is the position	
	of the player at the moment when	Participate in play-
(Note that a player who is even	the ball is played by a teammate	
with or behind the ball is not	that must be judged, not his	Interfere with an opponent-
offside.)	position at the time he receives	
	the ball.	Try to take advantage of that
		offside position-
	A Player who is on-side at the	
	moment a member of his team	SHOULD NOT BE
	passes the ball to him does not	PENALIZED
	become offside if he goes	
	forward during the flight of the	
	ball.	

#### **EXCEPTIONS**

A Player Is Not In An Offside Position:		A Player Is Not To Be Declared Offsic		
When he is not closer to his opponents goal-line than at least two of his opponents. (Note that a player with the second to last defender is not offside.)	When he is in his own half of the field of play. (Note that a player who is standing with part of both feet touching the halfway line is considered to be in his own half of the field of play.)	Merely because of his being in an offside position! (It is not a violation to the Laws for a player to be in the offside position)	If he receives the ball from a Goal Kick, Throw-in, Corner Kick, Drop Ball.  (For the goal-kick, corner-kick, and throw- in, we are talking about the second player to play the ball, the first player being the one who put the ball into play. For the drop ball, it is the first player to play the ball. Here the ball is put into play by the referee.)	

**Participation** is the key element of the Offside Law. The Laws are intended to keep the game flowing. Stopping the game to penalize a player in an offside position who is not actively participating violates both the Spirit of the Law and the Letter of the law. The 1978 wording of the Law XI emphasizes this: "A player should not be declared offside by the referee merely because of his being in an offside position".

### **THROW-IN**



## Goal-Kick

No

Yes No

Yes

Yes

**Ball in Play** 

Ball Out of Play