



## Registration now open for LaLiga Formation Methodology Level 3 course, hosted by New England Premiership

Level 3 Course in Boston, MA; August 19-21

### Registration:

- [Register here](#)

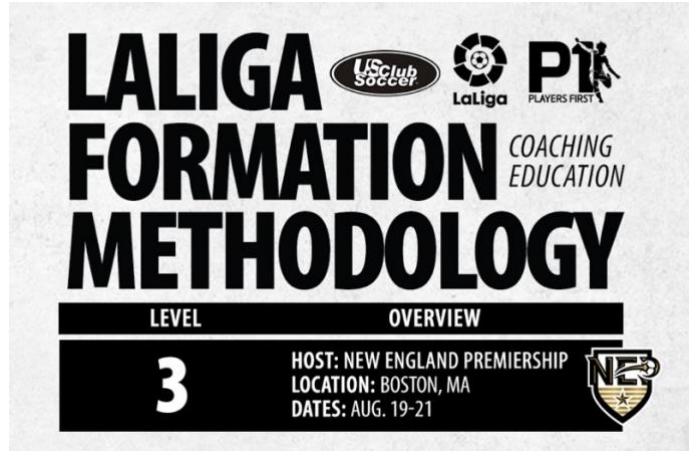
### Location:

Classroom: Springhill Suites by Marriott, 27 Andrews Parkway, Devens, MA 01434

Field: Address of FC Stars Complex is 70 McGovern Blvd. Lancaster, MA 01523

### Course fees:

- **Early bird (until April 30):** \$250
- After March 21, NEP Coach: \$300
- US Club Soccer member: \$350
- Non-US Club Soccer member: \$400



### Hotel:

US Club Soccer will provide an optional room block for individual booking at the Springhill Suites by Marriott (Devens, MA) as the course nears.

### Course Details

[LaLiga Formation Methodology courses](#) outline the philosophy and methods used across LaLiga to train, develop and form some of the world's top players. There are three levels, with Level 3 serving as an introduction to the comprehensive development strategies used by the top professional league in the world. Level 2 will serve as the intermediate stage, and Level 1 expands further on coaching education methods with time in Spain working directly with Spanish academies.

The approximately 22-hour Level 3 course is generally conducted over 2½-3 days and includes theory (classroom) and practical (field) sessions. Topics include:

- Understanding training session structure following the different principles of progressivity, cohesion and pertinence.
- Understanding a coach's role in team management and setting different kinds of leadership models.
- Understanding the collective nature of football from a holistic perspective where all the performance (physical, technical, tactical and psychological) factors take place at the same time.
- Development of different training sessions and exercises according to all objectives and context, under the supervision and feedback of LaLiga experts,
- Knowing the specificities of the initiation stages of players development.
- Knowing the proposed competition structures by LaLiga for the different development stages.
- Understanding the principles of system and strategy training from a practical session led by LaLiga experts.

For questions about the course, please contact [playersfirst@usclubsoccer.org](mailto:playersfirst@usclubsoccer.org).