

Lakeville

ARENAS

SKATING ACADEMY



Lakeville

ASPIRE

ASPIRE

Attitude - Sportsmanship - Performance
Integrity - Respect - Effort

The U.S. Figure Skating ASPIRE program is the bridge between Learn to Skate USA® group classes and U.S. Figure Skating membership. ASPIRE offers skaters an affordable, comprehensive package program in a safe and supportive group training environment. Skaters will learn proper skill development and training techniques while sampling different skating opportunities and fine-tuning their fundamental skating skills.

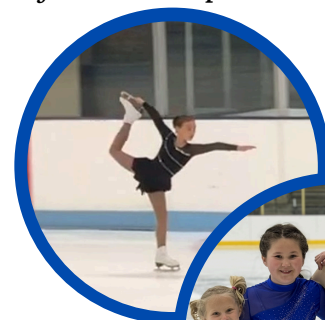
Who should enroll in ASPIRE? ASPIRE is designed for skaters Basic 3 and higher, who are interested in pursuing the sport of Figure Skating but are not ready to join a competitive skating club.

The Lakeville ASPIRE program includes:

- Annual US Figure Skating ASPIRE Membership (\$45)
- 20 min off-ice warm-up and stretching
- Parent education sessions about the sport of figure skating
- 30 min on-ice group lesson
- 15 min on-ice specialty lesson (skating skills, artistry in motion, etc.)
- 15 min on-ice practice time

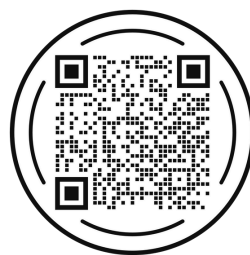
Aspire skaters will also have the opportunity to participate in:

- Lakeville Skating Academy Exhibitions & Performances
- Annual Ice Show
- Compete USA Basic Skills Competitions



Winter Session: Sundays, Jan 11 - March 8 (no class Feb 1) \$264.00

10:00 - 10:20 AM - Off-ice warm up and stretching
10:00 - 10:20 AM - Parent education
10:20 - 10:30 AM - Put on skates
10:30 - 11:00 AM - 30 min group lesson
11:00 - 11:15 AM - 15 min group specialty lesson
11:15 - 11:30 AM - 15 min practice



Register at
lakevillearenas.
sportngin.com

Lakeville ASPIRE registration is **SEPARATE** from Learn to Skate.
Contact: Tonyea Patterson at tpatterson@lakevillemn.gov